

New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------------|
| 777 | DAVID | KIRKLAND | 1 | 01:12:17 | 1 | 01:12:16 | 1 | M | 1 | MSNR | ALNWICK HARRIERS |
| 933 | JAMES | BULAN | 2 | 01:12:39 | 2 | 01:12:38 | 2 | M | 2 | MSNR | NORTH YORKS MOORS AC |
| 1828 | DANIEL | FLINT | 3 | 01:15:03 | 3 | 01:15:02 | 3 | M | 3 | MSNR | BLAYDON HARRIERS |
| 921 | MICHAEL | PLUCKROSE | 4 | 01:16:22 | 4 | 01:16:21 | 4 | M | 4 | MSNR | BORDER HARRIERS |
| 1597 | BRENDAN | MCMILLAN | 5 | 01:16:29 | 5 | 01:16:28 | 5 | M | 5 | MSNR | CLAREMONT ROAD RUNNERS |
| 1604 | GRAEME | TAYLOR | 6 | 01:16:47 | 6 | 01:16:46 | 6 | M | 6 | MSNR | UNATT |
| 511 | STEVE | HEBBLETHWAITE | 7 | 01:17:00 | 7 | 01:16:59 | 7 | M | 7 | MSNR | KESWICK AC |
| 386 | IAIN | QUINN | 8 | 01:17:57 | 8 | 01:17:55 | 8 | M | 8 | MSNR | CUMBERLAND AC |
| 1114 | PAUL | BESFORD | 9 | 01:18:12 | 9 | 01:18:10 | 9 | M | 1 | M40 | UNATT |
| 521 | PAUL | CURTIS | 10 | 01:18:18 | 10 | 01:18:17 | 10 | M | 9 | MSNR | BLENGDALE RUNNERS |
| 1715 | DARREN | ROOK | 11 | 01:18:22 | 11 | 01:18:20 | 11 | M | 10 | MSNR | BORDER HARRIERS |
| 1484 | ALEXANDER | GRANT | 12 | 01:18:31 | 12 | 01:18:29 | 12 | M | 11 | MSNR | UNATT |
| 776 | GARY | MOORE | 13 | 01:18:33 | 13 | 01:18:31 | 13 | M | 2 | M40 | NORTH SHIELDS PDY |
| 1372 | GEORGE | THOMSPON | 14 | 01:18:42 | 14 | 01:18:41 | 14 | M | 1 | M50 | BORDER HARRIERS |
| 1810 | STEVEN | SMITH | 15 | 01:18:55 | 15 | 01:18:47 | 15 | M | 12 | MSNR | DUMFRIES RC |
| 1743 | TOM | MAPASO | 16 | 01:19:21 | 16 | 01:19:15 | 16 | M | 13 | MSNR | PETERHEAD HARRIERS |
| 1519 | CHRIS | HOWIE | 17 | 01:19:56 | 17 | 01:19:54 | 17 | M | 3 | M40 | GLAXO HOAD HILL HARRIERS |
| 912 | TREVOR | MARTIN | 18 | 01:20:34 | 18 | 01:20:31 | 18 | M | 4 | M40 | CARLISLE TRI CLUB |
| 888 | STEVEN | GARNER | 19 | 01:20:38 | 19 | 01:20:34 | 19 | M | 14 | MSNR | UNATT |
| 1754 | ART MAC | MANUSA | 20 | 01:21:00 | 22 | 01:20:58 | 20 | M | 15 | MSNR | UNATT |
| 1843 | RICHARD | BARBER | 21 | 01:21:06 | 21 | 01:20:44 | 21 | M | 16 | MSNR | UNATT |
| 1690 | JOHN | FRENCH | 22 | 01:21:14 | 20 | 01:20:42 | 22 | M | 17 | MSNR | UNATT |
| 1744 | JAMES | BOWNNESS | 23 | 01:21:22 | 23 | 01:21:16 | 23 | M | 18 | MSNR | TRAFFORD AC |
| 625 | MARK | LIKEMAN | 24 | 01:21:35 | 24 | 01:21:32 | 24 | M | 19 | MSNR | HEATON HARRIERS |
| 1360 | GARETH | MELVIN | 25 | 01:21:52 | 25 | 01:21:49 | 25 | M | 20 | MSNR | BORDER HARRIERS |
| 806 | ALEX | DAVIES | 26 | 01:22:06 | 26 | 01:22:03 | 26 | M | 5 | M40 | UNATT |
| 1021 | ABDREW | HUDDLESTON | 27 | 01:22:18 | 28 | 01:22:16 | 27 | M | 21 | MSNR | UNATT |
| 1760 | HARRY | EARL | 28 | 01:22:30 | 29 | 01:22:23 | 28 | M | 22 | MSNR | UNATT |
| 145 | DAVID | DANIELS | 29 | 01:22:39 | 31 | 01:22:33 | 29 | M | 23 | MSNR | WALLSEND HARRIERS |
| 758 | ALAN | BEECH | 30 | 01:22:54 | 30 | 01:22:29 | 30 | M | 6 | M40 | UNATT |
| 603 | JOHM | ROONEY | 31 | 01:23:09 | 32 | 01:23:04 | 31 | M | 24 | MSNR | UNATT |
| 1539 | JASON | HOLMES | 32 | 01:23:14 | 33 | 01:23:07 | 32 | M | 25 | MSNR | UNATT |
| 147 | LES | SMITH | 33 | 01:23:18 | 34 | 01:23:16 | 33 | M | 26 | MSNR | HEATON HARRIERS |
| 1245 | PAUL | GRAVES | 34 | 01:23:44 | 35 | 01:23:40 | 34 | M | 27 | MSNR | UNATT |
| 339 | KEVIN | CONCHAR | 35 | 01:23:50 | 36 | 01:23:42 | 35 | M | 28 | MSNR | DUMFRIES RC |



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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------------|
| 284 | JOHN | WIDDRINGTON | 36 | 01:24:04 | 27 | 01:22:09 | 36 | M | 29 | MSNR | UNATT |
| 505 | DOUGLAS | BROWN | 37 | 01:24:20 | 37 | 01:24:11 | 37 | M | 2 | M50 | DUMFRIES RC |
| 928 | HUGH | BINGHAM | 38 | 01:24:42 | 38 | 01:24:34 | 38 | M | 7 | M40 | TYNEDALE HARRIERS |
| 1689 | MARK | BISSELL | 39 | 01:25:19 | 39 | 01:25:14 | 39 | M | 30 | MSNR | EDEN RUNNERS |
| 1794 | PAUL | WHALLEY | 40 | 01:25:25 | 40 | 01:25:17 | 40 | M | 31 | MSNR | BLYTH RUNNING CLUB |
| 1278 | GILL | LAITHWAITE | 41 | 01:25:26 | 41 | 01:25:24 | 1 | F | 1 | FSNR | BORDER HARRIERS |
| 1009 | CARL | BELL | 42 | 01:25:36 | 42 | 01:25:27 | 41 | M | 32 | MSNR | HOWGILL HARRIERS |
| 1229 | LEE | SAVAGE | 43 | 01:25:44 | 45 | 01:25:39 | 42 | M | 33 | MSNR | EDEN RUNNERS |
| 1848 | GARY | DROVER | 44 | 01:25:45 | 47 | 01:25:41 | 43 | M | 8 | M40 | GLAXO HOAD HILL HARRIERS |
| 1046 | STUART | NORMAN | 45 | 01:25:46 | 46 | 01:25:40 | 44 | M | 34 | MSNR | GOSFORTH |
| 1370 | SANDY | SHANKLAND | 46 | 01:26:00 | 48 | 01:25:53 | 45 | M | 3 | M50 | DUMFRIES RC |
| 1432 | NEIL | ROBBINS | 47 | 01:26:04 | 44 | 01:25:35 | 46 | M | 9 | M40 | HAMILTON HARRIERS |
| 161 | IAIN | MCKINNON | 48 | 01:26:16 | 49 | 01:26:13 | 47 | M | 35 | MSNR | HEATON HARRIERS |
| 1541 | ALAN | BAXTER | 49 | 01:26:23 | 50 | 01:26:14 | 48 | M | 36 | MSNR | DUMFRIES RC |
| 1782 | CHARLES | LOWTHER | 50 | 01:26:46 | 51 | 01:26:42 | 49 | M | 37 | MSNR | UNATT |
| 73 | MARK | HOPKINS | 51 | 01:26:53 | 43 | 01:25:31 | 50 | M | 10 | M40 | TRI LAKELAND |
| 1548 | RICHARD | SECULAR | 52 | 01:26:57 | 53 | 01:26:54 | 51 | M | 38 | MSNR | UNATT |
| 1286 | SAM | BECKETT | 53 | 01:27:15 | 54 | 01:27:07 | 52 | M | 39 | MSNR | CROOK & DISTRICT AC |
| 771 | IAN | ROBINSON | 54 | 01:27:25 | 57 | 01:27:23 | 53 | M | 40 | MSNR | HEATON HARRIERS |
| 1243 | JOASIA | ZAKRZEWSKI | 55 | 01:27:28 | 56 | 01:27:18 | 2 | F | 2 | FSNR | DUMFRIES RC |
| 340 | C W | AULD | 56 | 01:27:38 | 58 | 01:27:34 | 54 | M | 41 | MSNR | HEATON HARRIERS |
| 689 | IAN | BROWN | 57 | 01:27:46 | 59 | 01:27:35 | 55 | M | 4 | M50 | TYNEDALE HARRIERS |
| 643 | IAN | MCDOUGALL | 58 | 01:27:47 | 61 | 01:27:43 | 56 | M | 11 | M40 | CUMBERLAND AC |
| 1110 | STEVEN | HEWITT | 59 | 01:27:50 | 52 | 01:26:51 | 57 | M | 42 | MSNR | UNATT |
| 1288 | CHARLES | MASON | 60 | 01:27:57 | 62 | 01:27:46 | 58 | M | 12 | M40 | XFR |
| 350 | JOHN | BANKS | 61 | 01:27:58 | 60 | 01:27:35 | 59 | M | 13 | M40 | UNATT |
| 279 | KEVIN | GRAHAM | 62 | 01:28:02 | 63 | 01:27:48 | 60 | M | 43 | MSNR | UNATT |
| 1506 | DANIEL | HORNSBY | 63 | 01:28:07 | 64 | 01:28:06 | 61 | M | 44 | MSNR | UNATT |
| 1617 | STEPHEN | WESTON | 64 | 01:28:15 | 66 | 01:28:11 | 62 | M | 45 | MSNR | CARLISLE TRI CLUB |
| 1099 | CARL | PLATT | 65 | 01:28:30 | 65 | 01:28:06 | 63 | M | 46 | MSNR | UNATT |
| 466 | PAUL | JACKSON | 66 | 01:28:36 | 71 | 01:28:32 | 64 | M | 47 | MSNR | CUMBERLAND AC |
| 381 | RICHARD | BEESELEY | 67 | 01:28:38 | 55 | 01:27:13 | 65 | M | 48 | MSNR | UNATT |
| 617 | JAMES | ELLIOT | 68 | 01:28:39 | 67 | 01:28:14 | 66 | M | 14 | M40 | UNATT |
| 1172 | STEVE | COLEMAN | 69 | 01:28:43 | 72 | 01:28:32 | 67 | M | 15 | M40 | ASTLEY AND TYLDSLEY R R |
| 712 | JOE | WALTON | 70 | 01:28:59 | 68 | 01:28:23 | 68 | M | 49 | MSNR | UNATT |



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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------------|
| 1077 | ANDREW | BAXTER | 71 | 01:29:08 | 75 | 01:28:56 | 69 | M | 16 | M40 | UNATT |
| 379 | STEVE | HEIGHWAY | 72 | 01:29:10 | 77 | 01:29:05 | 70 | M | 50 | MSNR | UNATT |
| 1568 | CRIAG | HORSEMAN | 73 | 01:29:13 | 74 | 01:28:44 | 71 | M | 51 | MSNR | CARLISLE TRI CLUB |
| 59 | RICHARD | PATTISON | 74 | 01:29:13 | 76 | 01:29:04 | 72 | M | 52 | MSNR | UNATT |
| 1545 | MARK | NIXON | 75 | 01:29:19 | 79 | 01:29:14 | 73 | M | 53 | MSNR | UNATT |
| 1589 | ALUN | CARTER | 76 | 01:29:23 | 81 | 01:29:19 | 74 | M | 54 | MSNR | NORTH SHIELDS |
| 565 | CLAIRE | JACKSON | 77 | 01:29:26 | 82 | 01:29:21 | 3 | F | 1 | F40 | ALLEN VALLEY STRIDERS |
| 1067 | EDWARD | BURY | 78 | 01:29:28 | 73 | 01:28:37 | 75 | M | 17 | M40 | UNATT |
| 1174 | GREG | PENN | 79 | 01:29:36 | 83 | 01:29:33 | 76 | M | 18 | M40 | OLNEY RUNNERS |
| 1579 | CRAIG | REID | 80 | 01:29:39 | 69 | 01:28:23 | 77 | M | 19 | M40 | BELLAHOUSTON ROAD RUNNERS |
| 1495 | JAMIE | HESLOP | 81 | 01:29:45 | 80 | 01:29:15 | 78 | M | 55 | MSNR | UNATT |
| 1755 | DONNCHA | MULLIN | 82 | 01:29:51 | 85 | 01:29:44 | 79 | M | 56 | MSNR | UNATT |
| 437 | RICHARD | GRICE | 83 | 01:29:53 | 78 | 01:29:06 | 80 | M | 57 | MSNR | UNATT |
| 405 | ANDREW | HEDLEY | 84 | 01:30:12 | 84 | 01:29:35 | 81 | M | 58 | MSNR | UNATT |
| 195 | PHIL | CUETO | 85 | 01:30:26 | 70 | 01:28:25 | 82 | M | 59 | MSNR | DERWENT AC |
| 1268 | MARTIN | SCOTT | 86 | 01:30:29 | 91 | 01:30:23 | 83 | M | 5 | M50 | KESWICK AC |
| 1525 | RICHARD | PICKERING | 87 | 01:30:30 | 92 | 01:30:25 | 84 | M | 20 | M40 | WIMBLEDON WINDMILERS |
| 502 | KEVIN | SCOTT | 88 | 01:30:31 | 88 | 01:30:08 | 85 | M | 60 | MSNR | UNATT |
| 967 | ANDREW | WEAVER | 89 | 01:30:57 | 89 | 01:30:08 | 86 | M | 61 | MSNR | UNATT |
| 1103 | BALAZS | SOMOGYI | 90 | 01:31:05 | 96 | 01:30:57 | 87 | M | 62 | MSNR | TYNEDALE HARRIERS |
| 1468 | COLIN | WATSON | 91 | 01:31:10 | 90 | 01:30:21 | 88 | M | 6 | M50 | SPRINGBURN HARRIERS |
| 1485 | ALAN | CORNTHWAITE | 92 | 01:31:12 | 93 | 01:30:41 | 89 | M | 63 | MSNR | CUMBERLAND FELL RUNNERS |
| 1313 | MARCIN | OCHAL | 93 | 01:31:14 | 98 | 01:31:04 | 90 | M | 64 | MSNR | UNATT |
| 827 | DAVID | ROSS | 94 | 01:31:19 | 102 | 01:31:13 | 91 | M | 21 | M40 | CUMBERLAND FELL RUNNERS |
| 368 | PAUL | BROWN | 95 | 01:31:21 | 97 | 01:31:03 | 92 | M | 22 | M40 | WALLSEND HARRIERS |
| 1145 | THOMAS | BIRCHALL | 96 | 01:31:22 | 95 | 01:30:54 | 93 | M | 65 | MSNR | UNATT |
| 791 | WILLY | KRISTIANSEN | 97 | 01:31:24 | 100 | 01:31:09 | 94 | M | 7 | M50 | UNATT |
| 1603 | ANDREW | ALLEN | 98 | 01:31:24 | 104 | 01:31:18 | 95 | M | 66 | MSNR | UNATT |
| 767 | ALASTAIR | MCDONALD | 99 | 01:31:35 | 99 | 01:31:05 | 96 | M | 67 | MSNR | UNATT |
| 361 | ROBERT | RAY | 100 | 01:31:36 | 106 | 01:31:28 | 97 | M | 23 | M40 | NEW MARSKE HARRIERS |
| 1601 | STEVE | SNOWDON | 101 | 01:31:39 | 101 | 01:31:09 | 98 | M | 8 | M50 | JARROW & HEBBURN |
| 1069 | PETER | MORGAN | 102 | 01:31:40 | 108 | 01:31:38 | 99 | M | 9 | M50 | SOUTH SHIELDS HARRIERS |
| 1433 | GORDON | ROBBINS | 103 | 01:31:45 | 103 | 01:31:17 | 100 | M | 24 | M40 | HAMILTON HARRIERS |
| 1656 | STEPHEN | DALTON | 104 | 01:31:45 | 87 | 01:30:06 | 101 | M | 10 | M50 | UNATT |
| 1534 | CALLUM | O'NEILL | 105 | 01:31:55 | 111 | 01:31:51 | 102 | M | 68 | MSNR | UNATT |



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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 1473 | SEAN | MURPHY | 106 | 01:31:57 | 110 | 01:31:42 | 103 | M | 69 | MSNR | ILKLEY HARRIERS AC |
| 1839 | ANGUS | TIMMONS | 107 | 01:32:01 | 113 | 01:31:55 | 104 | M | 11 | M50 | UNATT |
| 1560 | JONATHAN | HERRING | 108 | 01:32:03 | 109 | 01:31:41 | 105 | M | 70 | MSNR | BORDER HARRIERS |
| 744 | MALCOLM | LYONS | 109 | 01:32:04 | 86 | 01:30:00 | 106 | M | 25 | M40 | UNATT |
| 1184 | PHILIP | WALKER | 110 | 01:32:15 | 115 | 01:32:11 | 107 | M | 26 | M40 | UNATT |
| 1363 | DARREN | LITTLE | 111 | 01:32:31 | 107 | 01:31:29 | 108 | M | 71 | MSNR | UNATT |
| 1769 | ALAN | MCGEEN | 112 | 01:32:40 | 114 | 01:32:09 | 109 | M | 27 | M40 | CUMBERLAND FELL RUNNERS |
| 1128 | PAUL | SISTERSON | 113 | 01:32:43 | 94 | 01:30:49 | 110 | M | 28 | M40 | UNATT |
| 1785 | DAMIEN | HORSLEY | 114 | 01:32:44 | 105 | 01:31:21 | 111 | M | 72 | MSNR | UNATT |
| 116 | STEVEN | BELL | 115 | 01:32:49 | 117 | 01:32:29 | 112 | M | 73 | MSNR | UNATT |
| 1454 | PAUL | INSKIP | 116 | 01:32:50 | 122 | 01:32:43 | 113 | M | 29 | M40 | HEATON HARRIERS |
| 19 | IVAN | NEWTON | 117 | 01:32:52 | 120 | 01:32:39 | 114 | M | 30 | M40 | UNATT |
| 1826 | STACEY | ROGERS | 118 | 01:32:55 | 118 | 01:32:34 | 4 | F | 3 | FSNR | BEACON HARRIERS |
| 1807 | MAXINE | JACOVELLA | 119 | 01:33:12 | 119 | 01:32:34 | 5 | F | 4 | FSNR | UNATT |
| 1314 | IAN | PIPES | 120 | 01:33:25 | 125 | 01:32:56 | 115 | M | 74 | MSNR | CARLISLE TRI CLUB |
| 769 | DAVID | LAWSON | 121 | 01:33:27 | 133 | 01:33:23 | 116 | M | 31 | M40 | UNATT |
| 559 | FIONA | TURLEY | 122 | 01:33:30 | 126 | 01:33:01 | 6 | F | 5 | FSNR | HEATON HARRIERS |
| 1660 | JOHN | WAITE | 123 | 01:33:31 | 116 | 01:32:28 | 117 | M | 75 | MSNR | KESWICK AC |
| 1510 | DAVID | PAGAN | 124 | 01:33:32 | 136 | 01:33:27 | 118 | M | 1 | M60 | UNATT |
| 779 | GEOFFREY | CHAPMAN | 125 | 01:33:33 | 112 | 01:31:53 | 119 | M | 32 | M40 | UNATT |
| 1453 | JOHN | STRYCZEK | 126 | 01:33:36 | 131 | 01:33:21 | 120 | M | 12 | M50 | UNATT |
| 1108 | JOANNE | LEE | 127 | 01:33:46 | 128 | 01:33:12 | 7 | F | 6 | FSNR | TYNEDALE HARRIERS |
| 1374 | JONATHAN | BREWER | 128 | 01:33:49 | 121 | 01:32:39 | 121 | M | 76 | MSNR | CARLISLE TRI CLUB |
| 1287 | CARL | LAWSON | 129 | 01:33:57 | 134 | 01:33:23 | 122 | M | 77 | MSNR | UNATT |
| 217 | ROBBIE | ARMSTRONG | 130 | 01:34:02 | 142 | 01:33:49 | 123 | M | 33 | M40 | UNATT |
| 1392 | JOE | BOARDMAN | 131 | 01:34:04 | 143 | 01:33:51 | 124 | M | 34 | M40 | ANNAN & DISTRICT CLUB |
| 364 | ALISTAIR | BULLOCH | 132 | 01:34:11 | 145 | 01:34:02 | 125 | M | 78 | MSNR | CUMBERLAND FELL RUNNERS |
| 665 | GORDON | BERRY | 133 | 01:34:13 | 135 | 01:33:23 | 126 | M | 79 | MSNR | WIMBLEDON WINDMILERS |
| 482 | RICHARD | TODD | 134 | 01:34:20 | 147 | 01:34:09 | 127 | M | 80 | MSNR | WIGTON ROAD RUNNERS |
| 1362 | GRAEME | LEATHARD | 135 | 01:34:21 | 150 | 01:34:18 | 128 | M | 35 | M40 | MORPETH HARRIERS |
| 692 | JONATHAN | COUPLAND | 136 | 01:34:24 | 149 | 01:34:16 | 129 | M | 81 | MSNR | REDHILL ROAD RUNNERS |
| 1628 | CLIVE | STEELE | 137 | 01:34:24 | 140 | 01:33:41 | 130 | M | 82 | MSNR | UNATT |
| 20 | SEAN | EXLEY | 138 | 01:34:33 | 144 | 01:33:56 | 131 | M | 83 | MSNR | UNATT |
| 1699 | JAMES | MCINERNEY | 139 | 01:34:34 | 151 | 01:34:18 | 132 | M | 84 | MSNR | UNATT |
| 704 | ALBERTO | ALFARO | 140 | 01:34:38 | 132 | 01:33:21 | 133 | M | 85 | MSNR | UNATT |



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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 949 | MARK | HEDLEY | 141 | 01:34:39 | 138 | 01:33:29 | 134 | M | 86 | MSNR | UNATT |
| 1813 | VIC | RICHARDS | 142 | 01:34:42 | 146 | 01:34:07 | 135 | M | 36 | M40 | AMBLESIDE AC |
| 533 | PAUL | CALLAND | 143 | 01:34:42 | 155 | 01:34:29 | 136 | M | 37 | M40 | UNATT |
| 1291 | ANDY | RODGER | 144 | 01:34:50 | 123 | 01:32:49 | 137 | M | 38 | M40 | DERWENT AC |
| 112 | S A | HACKLEY | 145 | 01:34:55 | 124 | 01:32:54 | 138 | M | 87 | MSNR | DERWENT AC |
| 1764 | JOHN | HANLEY | 146 | 01:34:56 | 157 | 01:34:35 | 139 | M | 39 | M40 | UNATT |
| 1044 | PETER | TAYLOR | 147 | 01:35:06 | 164 | 01:34:55 | 140 | M | 40 | M40 | BLACK COMBE RUNNERS |
| 1014 | STEVE | TAYLOR | 148 | 01:35:08 | 159 | 01:34:43 | 141 | M | 88 | MSNR | UNATT |
| 538 | MIKE | BELL | 149 | 01:35:09 | 129 | 01:33:13 | 142 | M | 89 | MSNR | EDEN RUNNERS |
| 539 | MARTIN | BELL | 150 | 01:35:09 | 130 | 01:33:13 | 143 | M | 90 | MSNR | UNATT |
| 1274 | C E | HOLMES | 151 | 01:35:11 | 148 | 01:34:12 | 8 | F | 7 | FSNR | UNATT |
| 1404 | THOMAS` | AITKEN | 152 | 01:35:16 | 160 | 01:34:47 | 144 | M | 91 | MSNR | DUMFRIES RC |
| 666 | PAUL | D'URSO | 153 | 01:35:17 | 162 | 01:34:48 | 145 | M | 41 | M40 | UNATT |
| 1161 | ANDREW | PIPES | 154 | 01:35:17 | 161 | 01:34:47 | 146 | M | 92 | MSNR | UNATT |
| 1587 | STUART | REED | 155 | 01:35:18 | 167 | 01:35:05 | 147 | M | 93 | MSNR | UNATT |
| 1817 | PAUL | CRICKETT | 156 | 01:35:27 | 165 | 01:34:57 | 148 | M | 42 | M40 | CUMBERLAND FELL RUNNERS |
| 1790 | RACHEL | CHINNERY | 157 | 01:35:30 | 166 | 01:34:57 | 9 | F | 2 | F40 | TYNEDALE HARRIERS |
| 555 | PETER A | DALEY | 158 | 01:35:37 | 137 | 01:33:28 | 149 | M | 13 | M50 | DERWENT AC |
| 1594 | RACHEL | LOWDON | 159 | 01:35:40 | 173 | 01:35:25 | 10 | F | 8 | FSNR | BLAYDON HARRIERS |
| 63 | STEPHEN | BURROWES | 160 | 01:35:45 | 176 | 01:35:34 | 150 | M | 43 | M40 | KENDAL AC |
| 198 | NIC | TINSON | 161 | 01:35:47 | 179 | 01:35:39 | 151 | M | 44 | M40 | UNATT |
| 854 | NIALL | CHEYNE | 162 | 01:35:55 | 153 | 01:34:22 | 152 | M | 45 | M40 | SWALEDALE ROAD RUNNERS |
| 513 | TERENCE P. | MCCABE | 163 | 01:35:59 | 180 | 01:35:51 | 153 | M | 2 | M60 | BLYTH RUNNING CLUB |
| 250 | NEIL | HARRIS | 164 | 01:36:00 | 170 | 01:35:16 | 154 | M | 46 | M40 | UNATT |
| 1458 | ANDREW | TURNER | 165 | 01:36:07 | 175 | 01:35:30 | 155 | M | 94 | MSNR | UNATT |
| 683 | MAL | DARBYSHIRE | 166 | 01:36:08 | 184 | 01:36:01 | 156 | M | 14 | M50 | BLYTH RUNNING CLUB |
| 552 | MIKE | BROWN | 167 | 01:36:10 | 158 | 01:34:35 | 157 | M | 95 | MSNR | CARLISLE TRI CLUB |
| 682 | JOE | FRAZER | 168 | 01:36:11 | 172 | 01:35:22 | 158 | M | 3 | M60 | UNATT |
| 1758 | MALACHY | LYNAS | 169 | 01:36:17 | 163 | 01:34:49 | 159 | M | 96 | MSNR | UNATT |
| 714 | WILLIAM | DUFFY | 170 | 01:36:19 | 154 | 01:34:25 | 160 | M | 47 | M40 | KILMARNOCK HARRIERS |
| 1282 | CHRIS | TARPEY | 171 | 01:36:19 | 169 | 01:35:09 | 161 | M | 48 | M40 | TEESDALE AC |
| 1521 | BEN | TICKLE | 172 | 01:36:32 | 177 | 01:35:34 | 162 | M | 97 | MSNR | UNATT |
| 337 | MICHAEL | WHALE | 173 | 01:36:34 | 188 | 01:36:05 | 163 | M | 98 | MSNR | UNATT |
| 1241 | ANDREW | FAIRGRIEE | 174 | 01:36:42 | 187 | 01:36:03 | 164 | M | 49 | M40 | ADAC |
| 596 | MARK | HAMILTON | 175 | 01:36:42 | 192 | 01:36:22 | 165 | M | 50 | M40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 327 | IAN | PHILLIPS | 176 | 01:36:47 | 195 | 01:36:32 | 166 | M | 99 | MSNR | UNATT |
| 56 | DEAN | ROME | 177 | 01:36:50 | 196 | 01:36:35 | 167 | M | 100 | MSNR | UNATT |
| 1605 | MATTHEW | EDMONDS | 178 | 01:36:52 | 186 | 01:36:02 | 168 | M | 101 | MSNR | UNATT |
| 165 | RICHARD | HORTON | 179 | 01:36:54 | 191 | 01:36:19 | 169 | M | 102 | MSNR | TRI LAKELAND |
| 1696 | ANDREW | ROBARTS | 180 | 01:36:59 | 174 | 01:35:27 | 170 | M | 103 | MSNR | UNATT |
| 426 | HOWARD | SEAL | 181 | 01:36:59 | 141 | 01:33:45 | 171 | M | 104 | MSNR | DERWENT AC |
| 814 | STEPH | SCOTT | 182 | 01:37:02 | 194 | 01:36:29 | 11 | F | 9 | FSNR | UNATT |
| 1016 | DAVID | BARNES | 183 | 01:37:04 | 183 | 01:35:59 | 172 | M | 51 | M40 | UNATT |
| 1773 | GARY | GOLDSACK | 184 | 01:37:10 | 181 | 01:35:53 | 173 | M | 52 | M40 | ELLENBOROUGH FC |
| 1610 | NICK | HIGHAM | 185 | 01:37:12 | 152 | 01:34:21 | 174 | M | 53 | M40 | LANCASTER & MORECAMBE |
| 510 | MICHAEL | DOWDING | 186 | 01:37:13 | 171 | 01:35:20 | 175 | M | 105 | MSNR | UNATT |
| 1373 | STUART | LIGHTFOOT | 187 | 01:37:14 | 127 | 01:33:11 | 176 | M | 106 | MSNR | UNATT |
| 1768 | SIAN | FINLAY | 188 | 01:37:17 | 185 | 01:36:01 | 12 | F | 3 | F40 | DUMFRIES RC |
| 314 | STEVEN | JONES | 189 | 01:37:23 | 156 | 01:34:29 | 177 | M | 107 | MSNR | UNATT |
| 378 | TOM | BROCKLEBANK | 190 | 01:37:25 | 205 | 01:37:10 | 178 | M | 108 | MSNR | UNATT |
| 1332 | GORDON | MCDUGAL | 191 | 01:37:31 | 189 | 01:36:14 | 179 | M | 109 | MSNR | UNATT |
| 1395 | PAUL | ATKINSON | 192 | 01:37:31 | 193 | 01:36:27 | 180 | M | 54 | M40 | UNATT |
| 1115 | PAMELA | PAXTON | 193 | 01:37:38 | 204 | 01:37:06 | 13 | F | 10 | FSNR | TEVIOTDALE HARRIERS |
| 541 | SAM | ATKINSON | 194 | 01:37:40 | 197 | 01:36:41 | 181 | M | 110 | MSNR | UNATT |
| 1572 | SCOTT | MASON | 195 | 01:37:40 | 206 | 01:37:12 | 182 | M | 111 | MSNR | UNATT |
| 500 | STEVEN | TAYLOR | 196 | 01:37:45 | 190 | 01:36:18 | 183 | M | 112 | MSNR | UNATT |
| 1761 | PAUL | SAUNDERS | 197 | 01:37:53 | 210 | 01:37:39 | 184 | M | 113 | MSNR | UNATT |
| 770 | LEANNE | HERRON | 198 | 01:38:07 | 216 | 01:37:59 | 14 | F | 11 | FSNR | BLYTH RUNNING CLUB |
| 1340 | RONNIE | FERGUSON | 199 | 01:38:13 | 211 | 01:37:42 | 185 | M | 55 | M40 | UNATT |
| 972 | SIMON | DERMONT | 200 | 01:38:14 | 199 | 01:36:47 | 186 | M | 56 | M40 | UNATT |
| 517 | SIMON | JAMIESON | 201 | 01:38:14 | 139 | 01:33:39 | 187 | M | 114 | MSNR | UNATT |
| 238 | MIKE | CLARKE | 202 | 01:38:22 | 219 | 01:38:08 | 188 | M | 115 | MSNR | UNATT |
| 1164 | IAN | MITCHELL | 203 | 01:38:35 | 223 | 01:38:26 | 189 | M | 57 | M40 | HELM HILL RUNNERS |
| 1700 | NEIL | PEARSON | 204 | 01:38:44 | 178 | 01:35:35 | 190 | M | 58 | M40 | UNATT |
| 1494 | SAM | VERRY | 205 | 01:38:46 | 217 | 01:38:04 | 191 | M | 116 | MSNR | UNATT |
| 581 | IAN | GRHAM | 206 | 01:38:57 | 233 | 01:38:54 | 192 | M | 15 | M50 | UNATT |
| 1477 | JAMES | GOFFE | 207 | 01:39:06 | 232 | 01:38:53 | 193 | M | 59 | M40 | BLACK COMBE RUNNERS |
| 816 | TOM | OSORIO | 208 | 01:39:13 | 235 | 01:39:05 | 194 | M | 60 | M40 | UNATT |
| 237 | MATTHEW | SPEIGHT | 209 | 01:39:20 | 236 | 01:39:05 | 195 | M | 117 | MSNR | UNATT |
| 1121 | DARREN | FREEMAN | 210 | 01:39:21 | 208 | 01:37:35 | 196 | M | 118 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------------|
| 1236 | DAVID | ELLIOTT | 211 | 01:39:26 | 212 | 01:37:42 | 197 | M | 16 | M50 | UNATT |
| 1808 | PETER | KEMP | 212 | 01:39:31 | 224 | 01:38:30 | 198 | M | 119 | MSNR | UNATT |
| 303 | ALASTAIR | MARTIN | 213 | 01:39:35 | 229 | 01:38:50 | 199 | M | 61 | M40 | KELSO CRAWLERS |
| 516 | DAVID | ROWE | 214 | 01:39:38 | 246 | 01:39:19 | 200 | M | 120 | MSNR | WALLSEND HARRIERS |
| 1382 | SEAN | WELLS | 215 | 01:39:40 | 230 | 01:38:50 | 201 | M | 62 | M40 | UNATT |
| 882 | PAUL | WILSON | 216 | 01:39:41 | 222 | 01:38:23 | 202 | M | 63 | M40 | UNATT |
| 1063 | TOBY | HARLING | 217 | 01:39:44 | 240 | 01:39:16 | 203 | M | 121 | MSNR | BORDER HARRIERS |
| 203 | MICHAEL | WHITE | 218 | 01:39:44 | 239 | 01:39:16 | 204 | M | 17 | M50 | BLACKHILL BOUNDERS |
| 663 | JAMES | DOYLE | 219 | 01:39:47 | 168 | 01:35:08 | 205 | M | 122 | MSNR | UNATT |
| 430 | ANDREW | ACKLAM | 220 | 01:39:48 | 241 | 01:39:16 | 206 | M | 64 | M40 | UNATT |
| 1508 | RICHARD | BIMSON | 221 | 01:40:01 | 213 | 01:37:43 | 207 | M | 123 | MSNR | UNATT |
| 836 | CHRIS | MARLAND | 222 | 01:40:02 | 238 | 01:39:13 | 208 | M | 65 | M40 | UNATT |
| 61 | KEITH | PERCIVAL | 223 | 01:40:02 | 256 | 01:39:44 | 209 | M | 18 | M50 | BORDER HARRIERS |
| 1472 | ARTHUR | RODEN | 224 | 01:40:03 | 245 | 01:39:18 | 210 | M | 4 | M60 | CHASE HARRIERS |
| 1347 | JOANNE | TAYLOR | 225 | 01:40:07 | 261 | 01:39:53 | 15 | F | 12 | FSNR | KENDAL AC |
| 1010 | DAVID | BULMAN | 226 | 01:40:11 | 262 | 01:39:54 | 211 | M | 66 | M40 | UNATT |
| 1814 | MIKE | BEECHEY | 227 | 01:40:17 | 247 | 01:39:22 | 212 | M | 67 | M40 | KESWICK AC |
| 458 | BILL | FISHER | 228 | 01:40:19 | 227 | 01:38:37 | 213 | M | 68 | M40 | UNATT |
| 224 | GARRIE | HOLDSWORTH | 229 | 01:40:20 | 231 | 01:38:52 | 214 | M | 124 | MSNR | UNATT |
| 820 | JOHN | DAWSON | 230 | 01:40:21 | 218 | 01:38:05 | 215 | M | 69 | M40 | KESWICK AC |
| 711 | KEVIN | BELL | 231 | 01:40:25 | 275 | 01:40:23 | 216 | M | 125 | MSNR | BORDER HARRIERS |
| 1505 | SIMON | DAVIES | 232 | 01:40:27 | 237 | 01:39:09 | 217 | M | 19 | M50 | UNATT |
| 1650 | MIKE | STUBBS | 233 | 01:40:28 | 271 | 01:40:18 | 218 | M | 126 | MSNR | UNATT |
| 160 | RICHARD W | HALL | 234 | 01:40:29 | 201 | 01:36:59 | 219 | M | 70 | M40 | UNATT |
| 1731 | DAVID | HEWITSON | 235 | 01:40:30 | 198 | 01:36:43 | 220 | M | 71 | M40 | UNATT |
| 1576 | ALLAN | FLEMING | 236 | 01:40:34 | 182 | 01:35:56 | 221 | M | 127 | MSNR | UNATT |
| 1266 | DIANE | GALLIMORE | 237 | 01:40:35 | 279 | 01:40:28 | 16 | F | 4 | F40 | BORDER HARRIERS |
| 1117 | ADRIAN | METCALF | 238 | 01:40:35 | 251 | 01:39:34 | 222 | M | 128 | MSNR | UNATT |
| 1228 | TOM | MCMILLAN | 239 | 01:40:39 | 264 | 01:39:57 | 223 | M | 20 | M50 | BELLAHOUSTON ROAD RUNNERS |
| 530 | BRIAN | STORY | 240 | 01:40:46 | 220 | 01:38:08 | 224 | M | 72 | M40 | UNATT |
| 420 | DAVID | MCEWAB | 241 | 01:40:51 | 270 | 01:40:16 | 225 | M | 129 | MSNR | UNATT |
| 392 | DAVID | BAILEY | 242 | 01:40:53 | 286 | 01:40:48 | 226 | M | 130 | MSNR | UNATT |
| 548 | ERNIE | BRYDEN | 243 | 01:40:54 | 282 | 01:40:38 | 227 | M | 73 | M40 | UNATT |
| 1821 | PAUL | AIREY | 244 | 01:40:58 | 203 | 01:37:02 | 228 | M | 131 | MSNR | UNATT |
| 115 | GORDON | NOBLET | 245 | 01:40:59 | 202 | 01:36:59 | 229 | M | 132 | MSNR | RED ROSE RUNNERS |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 1788 | JENNIFER | LAPPING | 246 | 01:41:00 | 277 | 01:40:27 | 17 | F | 13 | FSNR | TYNEDALE HARRIERS |
| 491 | ANDREW | JORDAN | 247 | 01:41:04 | 221 | 01:38:21 | 230 | M | 133 | MSNR | UNATT |
| 52 | TED | SMITH | 248 | 01:41:06 | 281 | 01:40:36 | 231 | M | 74 | M40 | UNATT |
| 1662 | GRAHAM | HARMSE | 249 | 01:41:07 | 263 | 01:39:55 | 232 | M | 75 | M40 | CARLISLE TRI CLUB |
| 973 | ANDREW | CLYDESDALE | 250 | 01:41:07 | 276 | 01:40:23 | 233 | M | 76 | M40 | UNATT |
| 700 | ERRICK | HANNAH | 251 | 01:41:08 | 234 | 01:38:56 | 234 | M | 21 | M50 | UNATT |
| 1397 | GRAHAM | ANDERSON | 252 | 01:41:10 | 228 | 01:38:41 | 235 | M | 22 | M50 | UNATT |
| 1134 | ANDREW | REID | 253 | 01:41:10 | 207 | 01:37:24 | 236 | M | 134 | MSNR | UNATT |
| 1635 | NIGEL | PRITCHARD | 254 | 01:41:13 | 280 | 01:40:28 | 237 | M | 135 | MSNR | KESWICK AC |
| 1574 | NICK | BURRUS | 255 | 01:41:19 | 298 | 01:41:09 | 238 | M | 136 | MSNR | UNATT |
| 1316 | RICHARD | DOUGLAS | 256 | 01:41:22 | 290 | 01:40:52 | 239 | M | 137 | MSNR | UNATT |
| 843 | MARTIN | JOHN | 257 | 01:41:25 | 296 | 01:41:05 | 240 | M | 77 | M40 | UNATT |
| 578 | GRAHAM | PETTIE | 258 | 01:41:28 | 299 | 01:41:14 | 241 | M | 23 | M50 | UNATT |
| 1434 | BILL | DOIDGE | 259 | 01:41:30 | 294 | 01:41:02 | 242 | M | 5 | M60 | LOW FELL RC |
| 1737 | BRIAN | LIGHTFOOT | 260 | 01:41:31 | 249 | 01:39:30 | 243 | M | 24 | M50 | UNATT |
| 952 | PHIL | TEFER | 261 | 01:41:33 | 300 | 01:41:15 | 244 | M | 138 | MSNR | UNATT |
| 1515 | GEOFFREY | CARTER | 262 | 01:41:36 | 200 | 01:36:49 | 245 | M | 78 | M40 | UNATT |
| 108 | GARRY | DAVIDSON | 263 | 01:41:37 | 292 | 01:40:53 | 246 | M | 139 | MSNR | UNATT |
| 365 | STUART | LIGHTFOOT | 264 | 01:41:39 | 306 | 01:41:21 | 247 | M | 140 | MSNR | UNATT |
| 1409 | ANDREW | KENNEDY | 265 | 01:41:40 | 225 | 01:38:30 | 248 | M | 79 | M40 | UNATT |
| 326 | GRAHAM | FRASER | 266 | 01:41:41 | 278 | 01:40:27 | 249 | M | 6 | M60 | ALLEN VALLEY STRIDERS |
| 926 | SIMON | CLARKE | 267 | 01:41:43 | 285 | 01:40:41 | 250 | M | 141 | MSNR | UNATT |
| 523 | DAVID | GRAHAM | 268 | 01:41:45 | 302 | 01:41:17 | 251 | M | 80 | M40 | UNATT |
| 639 | JOHN | POPE | 269 | 01:41:45 | 269 | 01:40:15 | 252 | M | 25 | M50 | BIRKLEY |
| 485 | JON | WEBSTER | 270 | 01:41:46 | 313 | 01:41:32 | 253 | M | 81 | M40 | KENDAL AC |
| 30 | CATHERINE | WILLIS | 271 | 01:41:46 | 312 | 01:41:29 | 18 | F | 14 | FSNR | UNATT |
| 755 | CHRISTOPHER | MASON | 272 | 01:41:48 | 209 | 01:37:37 | 254 | M | 142 | MSNR | UNATT |
| 1464 | BEDE | FEECHAN | 273 | 01:41:58 | 255 | 01:39:43 | 255 | M | 82 | M40 | NEWTON AYCLIFFE A C |
| 200 | JAMES | GRAHAM | 274 | 01:41:59 | 215 | 01:37:55 | 256 | M | 143 | MSNR | UNATT |
| 1751 | GARY | HADWIN | 275 | 01:42:02 | 316 | 01:41:34 | 257 | M | 83 | M40 | KESWICK AC |
| 1648 | CHRIS | BUNWER | 276 | 01:42:04 | 295 | 01:41:02 | 258 | M | 144 | MSNR | CARLISLE TRI CLUB |
| 1763 | DAVID | RAYSON | 277 | 01:42:04 | 242 | 01:39:16 | 259 | M | 145 | MSNR | UNATT |
| 1157 | ASHTON | BAILEY | 278 | 01:42:06 | 325 | 01:41:53 | 260 | M | 146 | MSNR | UNATT |
| 211 | NICK | SYMONDS | 279 | 01:42:11 | 301 | 01:41:16 | 261 | M | 84 | M40 | UNATT |
| 1279 | BILL | ROGERS | 280 | 01:42:13 | 309 | 01:41:26 | 262 | M | 85 | M40 | BORDER HARRIERS |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 918 | JAMES | GRIERSON | 281 | 01:42:16 | 328 | 01:42:02 | 263 | M | 26 | M50 | DUMFRIES RC |
| 1578 | STEVEN | HICKINBOTTOM | 282 | 01:42:17 | 314 | 01:41:33 | 264 | M | 86 | M40 | UNATT |
| 463 | PHILIPPE | KITCHIN | 283 | 01:42:21 | 322 | 01:41:44 | 265 | M | 147 | MSNR | UNATT |
| 89 | MARTIN | BROWNE | 284 | 01:42:25 | 315 | 01:41:33 | 266 | M | 87 | M40 | ABBAY RUNNERS |
| 1799 | DAVID | GREEN | 285 | 01:42:26 | 326 | 01:41:55 | 267 | M | 27 | M50 | DUMFRIES RC |
| 543 | MATTHEW | JOHNS | 286 | 01:42:27 | 248 | 01:39:22 | 268 | M | 148 | MSNR | UNATT |
| 610 | CATHERINE | YOUNG | 287 | 01:42:28 | 336 | 01:42:19 | 19 | F | 1 | F50 | BLYTH RUNNING CLUB |
| 900 | DAVID | BELL | 288 | 01:42:30 | 259 | 01:39:52 | 269 | M | 28 | M50 | UNATT |
| 1120 | JOHN | HALL | 289 | 01:42:31 | 243 | 01:39:16 | 270 | M | 149 | MSNR | UNATT |
| 131 | CARL | DOUGLAS | 290 | 01:42:31 | 342 | 01:42:28 | 271 | M | 150 | MSNR | UNATT |
| 1698 | STEVEN | PAGAN | 291 | 01:42:32 | 323 | 01:41:44 | 272 | M | 151 | MSNR | UNATT |
| 1337 | TOMOYO | FUJIWARA | 292 | 01:42:39 | 327 | 01:41:58 | 20 | F | 15 | FSNR | UNATT |
| 1511 | MATTHEW | JAMES | 293 | 01:42:41 | 272 | 01:40:18 | 273 | M | 152 | MSNR | UNATT |
| 1559 | CHRIS | KNOX | 294 | 01:42:47 | 226 | 01:38:35 | 274 | M | 29 | M50 | UNATT |
| 367 | GARRY | ENGLISH | 295 | 01:42:48 | 317 | 01:41:35 | 275 | M | 30 | M50 | BORDER HARRIERS |
| 1070 | SANDRA | TICE | 296 | 01:42:51 | 339 | 01:42:21 | 21 | F | 5 | F40 | UNATT |
| 169 | FRASER | GETHING | 297 | 01:42:51 | 252 | 01:39:35 | 276 | M | 88 | M40 | UNATT |
| 1747 | MIKE | ROUTLEDGE | 298 | 01:42:51 | 329 | 01:42:03 | 277 | M | 89 | M40 | UNATT |
| 1189 | SARAH | LEMON | 299 | 01:42:52 | 340 | 01:42:21 | 22 | F | 16 | FSNR | HEATON HARRIERS |
| 273 | D J | MURRAY | 300 | 01:42:53 | 254 | 01:39:39 | 278 | M | 90 | M40 | UNATT |
| 359 | DAVID | BROWN | 301 | 01:42:56 | 283 | 01:40:40 | 279 | M | 91 | M40 | UNATT |
| 1331 | STUART | BARTIE | 302 | 01:43:04 | 273 | 01:40:22 | 280 | M | 153 | MSNR | UNATT |
| 1491 | ZAC | BEARD | 303 | 01:43:04 | 293 | 01:40:57 | 281 | M | 154 | MSNR | UNATT |
| 846 | BRUCE | WALKER | 304 | 01:43:07 | 260 | 01:39:52 | 282 | M | 92 | M40 | UNATT |
| 344 | JOE | PENNINGTON | 305 | 01:43:07 | 319 | 01:41:40 | 283 | M | 155 | MSNR | UNATT |
| 499 | DAVID | PIPER | 306 | 01:43:08 | 258 | 01:39:51 | 284 | M | 156 | MSNR | UNATT |
| 797 | RACHEL | COLIN-SMITH | 307 | 01:43:09 | 320 | 01:41:40 | 23 | F | 17 | FSNR | UNATT |
| 1435 | GORDON | LONG | 308 | 01:43:09 | 214 | 01:37:54 | 285 | M | 157 | MSNR | LOW FELL RC |
| 1583 | ALEX | LANGFIELD | 309 | 01:43:11 | 244 | 01:39:17 | 286 | M | 158 | MSNR | UNATT |
| 1380 | STEVEN | FALGATE | 310 | 01:43:12 | 268 | 01:40:12 | 287 | M | 159 | MSNR | UNATT |
| 1469 | TONY | MILLS | 311 | 01:43:15 | 308 | 01:41:24 | 288 | M | 93 | M40 | UNATT |
| 1563 | IAIN | POVEY | 312 | 01:43:16 | 310 | 01:41:26 | 289 | M | 94 | M40 | CUMBERLAND FELL RUNNERS |
| 330 | JEREMY | ELLMAN | 313 | 01:43:18 | 265 | 01:39:59 | 290 | M | 31 | M50 | CLAREMONT ROAD RUNNERS |
| 989 | RUSSELL | CRONE | 314 | 01:43:21 | 257 | 01:39:46 | 291 | M | 95 | M40 | UNATT |
| 1540 | ANDREW | HOGARTH | 315 | 01:43:22 | 304 | 01:41:20 | 292 | M | 160 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 1445 | JEFF | HOWSON | 316 | 01:43:30 | 334 | 01:42:17 | 293 | M | 96 | M40 | UNATT |
| 354 | MIKE | AISTROP | 317 | 01:43:31 | 284 | 01:40:40 | 294 | M | 161 | MSNR | UNATT |
| 271 | NEIL | JEFFREY | 318 | 01:43:36 | 354 | 01:42:54 | 295 | M | 97 | M40 | UNATT |
| 1015 | JENNY | FRIEND | 319 | 01:43:38 | 360 | 01:43:08 | 24 | F | 6 | F40 | HEATON HARRIERS |
| 879 | CHRISTOPHR | BIGGIN | 320 | 01:43:39 | 289 | 01:40:51 | 296 | M | 98 | M40 | UNATT |
| 518 | CLAIRE | RUSSELL | 321 | 01:43:40 | 358 | 01:43:05 | 25 | F | 18 | FSNR | UNATT |
| 1479 | LYNSEY | SMITH | 322 | 01:43:40 | 267 | 01:40:09 | 26 | F | 19 | FSNR | UNATT |
| 649 | ANDY | BROCK | 323 | 01:43:43 | 250 | 01:39:33 | 297 | M | 32 | M50 | ST BEES TRIERS |
| 1612 | DAVID | GOODALL | 324 | 01:43:48 | 347 | 01:42:37 | 298 | M | 99 | M40 | UNATT |
| 857 | ALAN | HOWLETT | 325 | 01:43:52 | 374 | 01:43:39 | 299 | M | 162 | MSNR | UNATT |
| 1421 | JASON | HILL | 326 | 01:43:53 | 253 | 01:39:37 | 300 | M | 163 | MSNR | UNATT |
| 459 | ALLAN | KAY | 327 | 01:43:53 | 349 | 01:42:39 | 301 | M | 7 | M60 | 100 MARATHON CLUB |
| 1739 | GARY | DIXON | 328 | 01:43:55 | 369 | 01:43:26 | 302 | M | 164 | MSNR | UNATT |
| 1527 | CLARE | BURRELL | 329 | 01:43:55 | 350 | 01:42:42 | 27 | F | 20 | FSNR | CARLISLE TRI CLUB |
| 1185 | DAVID | JENNINGS | 330 | 01:43:56 | 381 | 01:43:43 | 303 | M | 100 | M40 | UNATT |
| 1054 | NEIL | MCDONALD | 331 | 01:43:56 | 291 | 01:40:52 | 304 | M | 101 | M40 | UNATT |
| 1087 | GRAHAM | HATT | 332 | 01:43:57 | 380 | 01:43:42 | 305 | M | 102 | M40 | UNATT |
| 655 | PAUL | HALEY | 333 | 01:43:58 | 266 | 01:39:59 | 306 | M | 103 | M40 | UNATT |
| 782 | RAYMOND | STEPHENSON | 334 | 01:43:58 | 324 | 01:41:44 | 307 | M | 104 | M40 | UNATT |
| 1615 | CARL | TURNER | 335 | 01:43:59 | 348 | 01:42:38 | 308 | M | 165 | MSNR | UNATT |
| 1220 | GRAEME | RUSSELL | 336 | 01:44:00 | 370 | 01:43:32 | 309 | M | 105 | M40 | UNATT |
| 310 | DANEIL | WOODS | 337 | 01:44:05 | 274 | 01:40:22 | 310 | M | 106 | M40 | SUNDERLAND STROLLERS |
| 929 | STEPHIE | BINGHAM | 338 | 01:44:07 | 386 | 01:43:48 | 28 | F | 21 | FSNR | TYNEDALE HARRIERS |
| 1718 | ANDREW | BARRON | 339 | 01:44:07 | 385 | 01:43:47 | 311 | M | 166 | MSNR | UNATT |
| 729 | PETER | WILKINSON | 340 | 01:44:11 | 372 | 01:43:33 | 312 | M | 167 | MSNR | UNATT |
| 1459 | DOUGLAS | LEE | 341 | 01:44:13 | 303 | 01:41:17 | 313 | M | 168 | MSNR | UNATT |
| 1131 | ROSS | BICKERSTAFF | 342 | 01:44:14 | 318 | 01:41:37 | 314 | M | 33 | M50 | HAMILTON HARRIERS |
| 970 | GRAEME | TELFER | 343 | 01:44:15 | 307 | 01:41:22 | 315 | M | 169 | MSNR | UNATT |
| 168 | ISABEL | MCMILLAN | 344 | 01:44:16 | 395 | 01:44:00 | 29 | F | 2 | F50 | UNATT |
| 486 | CATHERINE | BENT | 345 | 01:44:18 | 371 | 01:43:32 | 30 | F | 22 | FSNR | UNATT |
| 914 | PAUL | CHARTRAIN | 346 | 01:44:18 | 387 | 01:43:48 | 316 | M | 170 | MSNR | UNATT |
| 845 | PHILIP | MURRAY | 347 | 01:44:19 | 393 | 01:43:59 | 317 | M | 107 | M40 | UNATT |
| 1336 | OLIVER | GRAHAM | 348 | 01:44:24 | 359 | 01:43:05 | 318 | M | 171 | MSNR | UNATT |
| 215 | BRIAN | CORKHILL | 349 | 01:44:25 | 287 | 01:40:50 | 319 | M | 108 | M40 | UNATT |
| 497 | DAVID | CARRIER | 350 | 01:44:29 | 398 | 01:44:04 | 320 | M | 109 | M40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 728 | MARK | WIGHTMAN | 351 | 01:44:30 | 305 | 01:41:20 | 321 | M | 172 | MSNR | UNATT |
| 333 | JOHN | BAMFORTH | 352 | 01:44:30 | 346 | 01:42:36 | 322 | M | 110 | M40 | UNATT |
| 895 | PHILIP | JOHNSTON | 353 | 01:44:31 | 355 | 01:42:55 | 323 | M | 173 | MSNR | UNATT |
| 1042 | THOMAS | BAXTER | 354 | 01:44:32 | 401 | 01:44:20 | 324 | M | 8 | M60 | CUMBERLAND HC |
| 1451 | KEN | MCENTEE | 355 | 01:44:36 | 406 | 01:44:31 | 325 | M | 111 | M40 | HEATON HARRIERS |
| 1177 | JOCK | FERGUSON | 356 | 01:44:38 | 363 | 01:43:12 | 326 | M | 34 | M50 | UNATT |
| 1502 | MARK | FOWLER | 357 | 01:44:38 | 332 | 01:42:16 | 327 | M | 174 | MSNR | UNATT |
| 1358 | NEIL | LEWIS | 358 | 01:44:41 | 357 | 01:43:00 | 328 | M | 175 | MSNR | UNATT |
| 1147 | ANDY | HOLLINGWORTH | 359 | 01:44:41 | 321 | 01:41:41 | 329 | M | 176 | MSNR | UNATT |
| 1606 | JAMES | HARRIS | 360 | 01:44:42 | 330 | 01:42:04 | 330 | M | 177 | MSNR | UNATT |
| 243 | DAVID | HORNE | 361 | 01:44:43 | 391 | 01:43:56 | 331 | M | 112 | M40 | UNATT |
| 812 | GEORGIE | MCROBERTS | 362 | 01:44:45 | 367 | 01:43:19 | 31 | F | 23 | FSNR | UNATT |
| 1048 | BRIAN | DARROCH | 363 | 01:44:48 | 311 | 01:41:26 | 332 | M | 178 | MSNR | KILMARNOCK HARRIERS |
| 794 | BRAIG | ROME | 364 | 01:44:49 | 337 | 01:42:19 | 333 | M | 179 | MSNR | UNATT |
| 686 | TONI | CHAPLIN-ARMERY | 365 | 01:44:55 | 375 | 01:43:41 | 32 | F | 7 | F40 | UNATT |
| 1159 | JON | CARR | 366 | 01:44:55 | 407 | 01:44:32 | 334 | M | 180 | MSNR | UNATT |
| 1160 | STEVEN | CARR | 367 | 01:44:56 | 409 | 01:44:34 | 335 | M | 181 | MSNR | UNATT |
| 1651 | EMMA | REEVES | 368 | 01:44:58 | 418 | 01:44:49 | 33 | F | 24 | FSNR | UNATT |
| 1748 | PHILIP | PATTINSON | 369 | 01:45:00 | 376 | 01:43:41 | 336 | M | 182 | MSNR | UNATT |
| 1281 | SARAH | LAWLEY | 370 | 01:45:05 | 413 | 01:44:44 | 34 | F | 25 | FSNR | UNATT |
| 987 | JOHN | WOOLRIDGE | 371 | 01:45:09 | 366 | 01:43:18 | 337 | M | 9 | M60 | UNATT |
| 1819 | GARY | STOREY | 372 | 01:45:14 | 288 | 01:40:50 | 338 | M | 183 | MSNR | UNATT |
| 1831 | MARK | SMITH | 373 | 01:45:17 | 338 | 01:42:20 | 339 | M | 113 | M40 | UNATT |
| 26 | NIALL | JOHNSON | 374 | 01:45:22 | 428 | 01:45:02 | 340 | M | 114 | M40 | UNATT |
| 172 | LEIGH | THOMAS | 375 | 01:45:27 | 399 | 01:44:12 | 341 | M | 115 | M40 | UNATT |
| 1234 | SHEILA | RAE | 376 | 01:45:33 | 417 | 01:44:48 | 35 | F | 8 | F40 | UNATT |
| 601 | JAMIE | BROWN | 377 | 01:45:40 | 421 | 01:44:53 | 342 | M | 184 | MSNR | UNATT |
| 703 | RAYMOND | WILLIAMSON | 378 | 01:45:43 | 403 | 01:44:26 | 343 | M | 35 | M50 | UNATT |
| 302 | NEIL | SCOTT | 379 | 01:45:44 | 433 | 01:45:09 | 344 | M | 185 | MSNR | UNATT |
| 1535 | RYAN | BURNS | 380 | 01:45:50 | 341 | 01:42:27 | 345 | M | 186 | MSNR | UNATT |
| 1842 | GRAHAM | ATKINSON | 381 | 01:45:51 | 444 | 01:45:30 | 346 | M | 187 | MSNR | UNATT |
| 1407 | MICHAEL | KELLY | 382 | 01:45:51 | 297 | 01:41:08 | 347 | M | 188 | MSNR | UNATT |
| 1315 | ED | STODHOLME | 383 | 01:45:55 | 373 | 01:43:36 | 348 | M | 189 | MSNR | UNATT |
| 1840 | GARY | BRAGG | 384 | 01:45:55 | 344 | 01:42:32 | 349 | M | 190 | MSNR | UNATT |
| 409 | MARTIN | FOSTER | 385 | 01:45:59 | 335 | 01:42:18 | 350 | M | 191 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 1759 | JOHN | EARL | 386 | 01:46:00 | 447 | 01:45:35 | 351 | M | 116 | M40 | UNATT |
| 231 | JC | HUDSON | 387 | 01:46:01 | 343 | 01:42:29 | 352 | M | 117 | M40 | BEVERLEY AC |
| 220 | STEPHEN | MEREDITH | 388 | 01:46:03 | 457 | 01:45:50 | 353 | M | 192 | MSNR | UNATT |
| 1356 | PAUL | FROOM | 389 | 01:46:04 | 459 | 01:45:52 | 354 | M | 193 | MSNR | UNATT |
| 1721 | BARRY | BAXTER | 390 | 01:46:04 | 345 | 01:42:33 | 355 | M | 118 | M40 | UNATT |
| 604 | JAMES | SMAIL | 391 | 01:46:04 | 439 | 01:45:18 | 356 | M | 36 | M50 | KELSO CRAWLERS |
| 1007 | ALISTAIR | JACKSON | 392 | 01:46:04 | 462 | 01:45:54 | 357 | M | 119 | M40 | UNATT |
| 464 | KIEREN | EWART | 393 | 01:46:05 | 440 | 01:45:22 | 358 | M | 194 | MSNR | UNATT |
| 1385 | MIKE | MARTIN | 394 | 01:46:08 | 352 | 01:42:52 | 359 | M | 10 | M60 | UNATT |
| 917 | OHILLIP | IRVING | 395 | 01:46:09 | 410 | 01:44:38 | 360 | M | 120 | M40 | UNATT |
| 894 | IAN | MACKIE | 396 | 01:46:10 | 365 | 01:43:16 | 361 | M | 11 | M60 | UNATT |
| 1714 | RORY | EWART | 397 | 01:46:11 | 443 | 01:45:28 | 362 | M | 195 | MSNR | UNATT |
| 1778 | MIKE | MCKENZIE | 398 | 01:46:11 | 468 | 01:46:00 | 363 | M | 37 | M50 | CUMBERLAND AC |
| 1085 | ANDREW | WALKER | 399 | 01:46:14 | 473 | 01:46:10 | 364 | M | 121 | M40 | EDEN RUNNERS |
| 651 | TONY | LOWERY | 400 | 01:46:15 | 474 | 01:46:10 | 365 | M | 122 | M40 | EDEN RUNNERS |
| 249 | PAUL | GARDINER | 401 | 01:46:15 | 469 | 01:46:00 | 366 | M | 196 | MSNR | UNATT |
| 1050 | MICHAEL | THOMPSON | 402 | 01:46:18 | 368 | 01:43:24 | 367 | M | 38 | M50 | UNATT |
| 551 | IAN DAVID | WILSON | 403 | 01:46:19 | 383 | 01:43:44 | 368 | M | 197 | MSNR | UNATT |
| 715 | JOYCE | ATHERDEN | 404 | 01:46:22 | 377 | 01:43:41 | 36 | F | 3 | F50 | UNATT |
| 419 | REKHA | RAVICHANDRAN | 405 | 01:46:23 | 454 | 01:45:47 | 37 | F | 26 | FSNR | UNATT |
| 866 | TERRY | HERBERT | 406 | 01:46:24 | 456 | 01:45:49 | 369 | M | 39 | M50 | NORTH EAST VETS A C |
| 1118 | JOHN | STEVENSON | 407 | 01:46:27 | 451 | 01:45:39 | 370 | M | 123 | M40 | KESWICK AC |
| 47 | MICHAEL | RAYNOR | 408 | 01:46:31 | 422 | 01:44:53 | 371 | M | 198 | MSNR | UNATT |
| 759 | PAUL | TODD | 409 | 01:46:33 | 435 | 01:45:14 | 372 | M | 199 | MSNR | UNATT |
| 519 | PAUL | SAINTHOUSE | 410 | 01:46:34 | 333 | 01:42:16 | 373 | M | 200 | MSNR | UNATT |
| 31 | IAN | BROMLEY | 411 | 01:46:34 | 477 | 01:46:17 | 374 | M | 201 | MSNR | TYNEDALE HARRIERS |
| 427 | CLARE | BATES | 412 | 01:46:34 | 438 | 01:45:17 | 38 | F | 27 | FSNR | UNATT |
| 1105 | PAUL | ROSS | 413 | 01:46:35 | 331 | 01:42:14 | 375 | M | 202 | MSNR | UNATT |
| 1427 | DAVID | HARRISON | 414 | 01:46:38 | 442 | 01:45:24 | 376 | M | 40 | M50 | KESWICK AC |
| 853 | CLAIRE | SMITH | 415 | 01:46:41 | 382 | 01:43:43 | 39 | F | 9 | F40 | RED ROSE RUNNERS |
| 1547 | A T | GRAVES | 416 | 01:46:41 | 471 | 01:46:06 | 377 | M | 203 | MSNR | UNATT |
| 206 | EMMA | CARRICK | 417 | 01:46:42 | 481 | 01:46:25 | 40 | F | 28 | FSNR | UNATT |
| 352 | KEVIN | WALTON | 418 | 01:46:42 | 397 | 01:44:02 | 378 | M | 41 | M50 | UNATT |
| 1311 | HAZEL | DAVIES | 419 | 01:46:43 | 408 | 01:44:33 | 41 | F | 10 | F40 | UNATT |
| 852 | JAMES | STABLES | 420 | 01:46:44 | 378 | 01:43:41 | 379 | M | 204 | MSNR | MELTHAM |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 1632 | STUART | O'DOWELL | 421 | 01:46:46 | 455 | 01:45:48 | 380 | M | 205 | MSNR | UNATT |
| 1633 | CARL | HETHERINGTON | 422 | 01:46:46 | 463 | 01:45:54 | 381 | M | 124 | M40 | WIGTON ROAD RUNNERS |
| 566 | KATE | WHITMARSH | 423 | 01:46:46 | 423 | 01:44:54 | 42 | F | 29 | FSNR | UNATT |
| 1429 | GREGG | PATERSON | 424 | 01:46:47 | 449 | 01:45:38 | 382 | M | 206 | MSNR | UNATT |
| 701 | DANIEL | PROBART | 425 | 01:46:48 | 396 | 01:44:01 | 383 | M | 207 | MSNR | UNATT |
| 295 | JOHN | DRURY | 426 | 01:46:49 | 441 | 01:45:23 | 384 | M | 208 | MSNR | UNATT |
| 1326 | IAN | HORNBY | 427 | 01:46:51 | 384 | 01:43:46 | 385 | M | 209 | MSNR | UNATT |
| 1667 | NIGEL | BEATY | 428 | 01:46:52 | 356 | 01:42:55 | 386 | M | 125 | M40 | UNATT |
| 1299 | MIKE | WILLIAMS | 429 | 01:46:53 | 364 | 01:43:15 | 387 | M | 210 | MSNR | UNATT |
| 85 | GRANT | STEEL | 430 | 01:46:54 | 388 | 01:43:49 | 388 | M | 211 | MSNR | UNATT |
| 1644 | DAMIEN | STEEL | 431 | 01:46:54 | 389 | 01:43:50 | 389 | M | 212 | MSNR | UNATT |
| 1851 | PAUL | FISHER | 432 | 01:46:57 | 361 | 01:43:08 | 390 | M | 213 | MSNR | UNATT |
| 1827 | MARK | THOMLINSON | 433 | 01:47:05 | 488 | 01:46:48 | 391 | M | 126 | M40 | UNATT |
| 1835 | ALISON | HOWARTH | 434 | 01:47:06 | 491 | 01:46:56 | 43 | F | 30 | FSNR | UNATT |
| 1695 | HOLLIE | RITSON | 435 | 01:47:07 | 466 | 01:45:58 | 44 | F | 31 | FSNR | UNATT |
| 1361 | ALI | WILSON | 436 | 01:47:07 | 465 | 01:45:56 | 45 | F | 32 | FSNR | CARLISLE TRI CLUB |
| 67 | MARK | FISHWICK | 437 | 01:47:11 | 483 | 01:46:37 | 392 | M | 127 | M40 | UNATT |
| 1850 | MATT | LUNN | 438 | 01:47:13 | 419 | 01:44:51 | 393 | M | 214 | MSNR | DURHAM FELL RUNNERS |
| 1852 | KEVIN | HOPE | 439 | 01:47:14 | 446 | 01:45:34 | 394 | M | 215 | MSNR | UNATT |
| 424 | NIGEL | MILLS | 440 | 01:47:17 | 392 | 01:43:57 | 395 | M | 42 | M50 | UNATT |
| 1447 | CHRIS | LAWSON | 441 | 01:47:17 | 400 | 01:44:14 | 396 | M | 216 | MSNR | LANCASTER & MORECAMBE |
| 495 | STEPHEN | LEWIS | 442 | 01:47:19 | 450 | 01:45:38 | 397 | M | 217 | MSNR | UNATT |
| 74 | MARK | DOCTOR | 443 | 01:47:25 | 467 | 01:45:58 | 398 | M | 218 | MSNR | UNATT |
| 1800 | TIMOTHY | BLUNDELL | 444 | 01:47:26 | 464 | 01:45:54 | 399 | M | 128 | M40 | UNATT |
| 370 | MICHAEL | ROWLSON | 445 | 01:47:35 | 472 | 01:46:08 | 400 | M | 219 | MSNR | UNATT |
| 996 | MARK | ASHTON | 446 | 01:47:37 | 436 | 01:45:14 | 401 | M | 129 | M40 | UNATT |
| 1107 | NEIL | LIETCH | 447 | 01:47:39 | 404 | 01:44:26 | 402 | M | 130 | M40 | UNATT |
| 1083 | RICHARD | KERSHAW | 448 | 01:47:39 | 351 | 01:42:44 | 403 | M | 131 | M40 | DENBY DALE TRAVELLERS |
| 1073 | COLIN | MCMEIKAN | 449 | 01:47:40 | 448 | 01:45:36 | 404 | M | 132 | M40 | DFS HARRIERS |
| 1049 | GAVIN | WOODCOCK | 450 | 01:47:41 | 484 | 01:46:37 | 405 | M | 220 | MSNR | CLAREMONT ROAD RUNNERS |
| 654 | LES | GLEDHILL | 451 | 01:47:45 | 431 | 01:45:07 | 406 | M | 43 | M50 | UNATT |
| 508 | RICHARD | WILLIAMSON | 452 | 01:47:47 | 353 | 01:42:53 | 407 | M | 221 | MSNR | UNATT |
| 1342 | JOHN | PARKER | 453 | 01:47:49 | 362 | 01:43:08 | 408 | M | 133 | M40 | UNATT |
| 1442 | REBECCA | WESTON | 454 | 01:47:49 | 414 | 01:44:45 | 46 | F | 33 | FSNR | CUMBERLAND FELL RUNNERS |
| 1175 | JENNIFER | O'NEILL | 455 | 01:47:50 | 416 | 01:44:46 | 47 | F | 34 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------------|
| 335 | DAVE | ASPIN | 456 | 01:47:53 | 503 | 01:47:21 | 409 | M | 12 | M60 | RED ROSE RUNNERS |
| 465 | DAVE | HARRIS-JONES | 457 | 01:47:54 | 411 | 01:44:38 | 410 | M | 134 | M40 | UNATT |
| 672 | PAUL | HOLLIDAY | 458 | 01:47:55 | 412 | 01:44:39 | 411 | M | 222 | MSNR | UNATT |
| 252 | JIM | WATSON | 459 | 01:47:56 | 426 | 01:44:56 | 412 | M | 44 | M50 | UNATT |
| 945 | HELEN | MAIER | 460 | 01:47:57 | 517 | 01:47:47 | 48 | F | 35 | FSNR | UNATT |
| 1499 | DARREN | ELLIOTT | 461 | 01:47:57 | 424 | 01:44:55 | 413 | M | 135 | M40 | UNATT |
| 1765 | JOHN | YOUNG | 462 | 01:48:00 | 494 | 01:47:01 | 414 | M | 45 | M50 | UNATT |
| 435 | KEVIN | ALLEN | 463 | 01:48:01 | 525 | 01:47:56 | 415 | M | 223 | MSNR | UNATT |
| 1017 | PETER | SOAKELL | 464 | 01:48:03 | 519 | 01:47:50 | 416 | M | 136 | M40 | UNATT |
| 1704 | JOHN | HANNAN | 465 | 01:48:10 | 452 | 01:45:40 | 417 | M | 46 | M50 | UNATT |
| 1526 | JULIE | HUNTER | 466 | 01:48:11 | 434 | 01:45:10 | 49 | F | 36 | FSNR | GLAXO HOAD HILL HARRIERS |
| 1413 | ADAM | MACRAE | 467 | 01:48:13 | 528 | 01:48:06 | 418 | M | 224 | MSNR | UNATT |
| 937 | HELEN | TWEEDIE | 468 | 01:48:15 | 485 | 01:46:41 | 50 | F | 37 | FSNR | UNATT |
| 1152 | FRED | WOOD | 469 | 01:48:16 | 427 | 01:44:56 | 419 | M | 47 | M50 | SUNDERLAND STROLLERS |
| 450 | ANDREW | HICKSON | 470 | 01:48:17 | 537 | 01:48:17 | 420 | M | 137 | M40 | UNATT |
| 954 | MALCOLM | BURGESS | 471 | 01:48:21 | 513 | 01:47:45 | 421 | M | 48 | M50 | UNATT |
| 1270 | HELEN | YOUNG | 472 | 01:48:23 | 529 | 01:48:07 | 51 | F | 38 | FSNR | WIGTON ROAD RUNNERS |
| 1148 | ROBERT | SURGENER | 473 | 01:48:25 | 512 | 01:47:43 | 422 | M | 138 | M40 | NORTHERN VETS |
| 1634 | JONATHAN | DALTRY | 474 | 01:48:27 | 514 | 01:47:45 | 423 | M | 225 | MSNR | UNATT |
| 579 | CHRISTIAN | MOSS | 475 | 01:48:29 | 379 | 01:43:41 | 424 | M | 226 | MSNR | UNATT |
| 245 | ANGELA | RICHARDSON | 476 | 01:48:30 | 402 | 01:44:20 | 52 | F | 39 | FSNR | ELSWICK HARRIERS |
| 892 | ELSIE | HAGUE | 477 | 01:48:32 | 479 | 01:46:21 | 53 | F | 40 | FSNR | UNATT |
| 965 | EDDIE | OXLEY | 478 | 01:48:36 | 394 | 01:43:59 | 425 | M | 227 | MSNR | UNATT |
| 1599 | PHILLIP | ROUTLEDGE | 479 | 01:48:36 | 390 | 01:43:55 | 426 | M | 139 | M40 | SUNDERLAND STROLLERS |
| 1475 | ALAN | MCEWAN | 480 | 01:48:36 | 501 | 01:47:18 | 427 | M | 140 | M40 | UNATT |
| 616 | RALPH | DICKINSON | 481 | 01:48:38 | 544 | 01:48:29 | 428 | M | 49 | M50 | BLYTH RUNNING CLUB |
| 329 | MARTYN | COWARD | 482 | 01:48:39 | 420 | 01:44:52 | 429 | M | 228 | MSNR | UNATT |
| 1059 | GREG | KELLY | 483 | 01:48:44 | 497 | 01:47:09 | 430 | M | 141 | M40 | UNATT |
| 1712 | JULIAN | COULTHARD | 484 | 01:48:52 | 499 | 01:47:16 | 431 | M | 50 | M50 | BORDER HARRIERS |
| 1804 | STEPHEN | CAMPBELL | 485 | 01:48:54 | 522 | 01:47:53 | 432 | M | 229 | MSNR | UNATT |
| 756 | CHRIS | ROBINSON | 486 | 01:48:56 | 534 | 01:48:10 | 433 | M | 142 | M40 | UNATT |
| 48 | REBECCA | BEATTIE | 487 | 01:48:57 | 502 | 01:47:19 | 54 | F | 41 | FSNR | UNATT |
| 501 | MICHAEL | PEEL | 488 | 01:48:58 | 429 | 01:45:03 | 434 | M | 143 | M40 | UNATT |
| 1425 | STEVE | CHRISTIE | 489 | 01:48:59 | 475 | 01:46:13 | 435 | M | 144 | M40 | UNATT |
| 657 | ELLIOTT | RAE | 490 | 01:49:01 | 458 | 01:45:51 | 436 | M | 230 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 825 | PAUL | BAXTER | 491 | 01:49:02 | 487 | 01:46:46 | 437 | M | 145 | M40 | UNATT |
| 723 | BARRY | SLOAN | 492 | 01:49:04 | 518 | 01:47:47 | 438 | M | 231 | MSNR | UNATT |
| 1353 | NEIL | KNIGHT | 493 | 01:49:07 | 515 | 01:47:45 | 439 | M | 232 | MSNR | UNATT |
| 905 | IAN A | ECKERSLEY | 494 | 01:49:12 | 492 | 01:46:56 | 440 | M | 13 | M60 | UNATT |
| 180 | ANDREW | PETCHER | 495 | 01:49:13 | 530 | 01:48:07 | 441 | M | 146 | M40 | UNATT |
| 1255 | SARAH | GARDNER | 496 | 01:49:16 | 545 | 01:48:29 | 55 | F | 42 | FSNR | UNATT |
| 1089 | EMMA | BACKHOUSE | 497 | 01:49:17 | 555 | 01:48:49 | 56 | F | 43 | FSNR | UNATT |
| 1805 | DAVID | HUNTER | 498 | 01:49:19 | 425 | 01:44:55 | 442 | M | 233 | MSNR | UNATT |
| 736 | HELEN | LAWRENCE | 499 | 01:49:20 | 562 | 01:49:03 | 57 | F | 44 | FSNR | EDEN RUNNERS |
| 1192 | MIKE | SHERIDAN | 500 | 01:49:22 | 510 | 01:47:37 | 443 | M | 234 | MSNR | UNATT |
| 1233 | CHRISTOPHER | HILL | 501 | 01:49:22 | 516 | 01:47:46 | 444 | M | 51 | M50 | UNATT |
| 1570 | MARK | CAMPBELL | 502 | 01:49:23 | 538 | 01:48:18 | 445 | M | 147 | M40 | UNATT |
| 935 | RICHARD | EASTOE | 503 | 01:49:24 | 405 | 01:44:27 | 446 | M | 52 | M50 | BLENGDALE RUNNERS |
| 748 | CHRIS | WINTER | 504 | 01:49:27 | 493 | 01:46:58 | 447 | M | 235 | MSNR | UNATT |
| 913 | NADIA | STOCK | 505 | 01:49:28 | 486 | 01:46:42 | 58 | F | 45 | FSNR | UNATT |
| 1302 | JOHATHAN | DAVIDSON | 506 | 01:49:30 | 563 | 01:49:04 | 448 | M | 236 | MSNR | UNATT |
| 644 | GRAEME | MASTERTON | 507 | 01:49:30 | 470 | 01:46:05 | 449 | M | 148 | M40 | UNATT |
| 1029 | ROB | MARTIN | 508 | 01:49:32 | 415 | 01:44:45 | 450 | M | 237 | MSNR | UNATT |
| 762 | RORY | MCNEILL | 509 | 01:49:32 | 543 | 01:48:28 | 451 | M | 238 | MSNR | UNATT |
| 1253 | GARRY | DODD | 510 | 01:49:37 | 541 | 01:48:23 | 452 | M | 149 | M40 | UNATT |
| 1367 | HANNAH | LOVE | 511 | 01:49:39 | 430 | 01:45:04 | 59 | F | 46 | FSNR | UNATT |
| 1206 | DAVE | FINLAYSON | 512 | 01:49:40 | 489 | 01:46:48 | 453 | M | 53 | M50 | UNATT |
| 590 | NEIL | JAMIESON | 513 | 01:49:43 | 578 | 01:49:23 | 454 | M | 54 | M50 | UNATT |
| 258 | PETER F | LEECH | 514 | 01:49:48 | 526 | 01:48:02 | 455 | M | 14 | M60 | BORDER HARRIERS |
| 1390 | AGNIESZKA | HODUR | 515 | 01:49:48 | 480 | 01:46:22 | 60 | F | 47 | FSNR | UNATT |
| 1809 | ANDREW | GLOVER | 516 | 01:49:48 | 551 | 01:48:44 | 456 | M | 239 | MSNR | UNATT |
| 276 | DOROTHY | CAPSTICK | 517 | 01:49:51 | 504 | 01:47:21 | 61 | F | 48 | FSNR | PRESTON HARRIERS |
| 764 | PETER | HALEY | 518 | 01:49:52 | 531 | 01:48:07 | 457 | M | 240 | MSNR | UNATT |
| 733 | DIANE | SHAW | 519 | 01:49:54 | 561 | 01:48:59 | 62 | F | 11 | F40 | KESWICK AC |
| 1514 | ANDREW | CARTER | 520 | 01:49:55 | 432 | 01:45:08 | 458 | M | 150 | M40 | UNATT |
| 1729 | RICHARD | HINSON | 521 | 01:49:55 | 539 | 01:48:22 | 459 | M | 241 | MSNR | UNATT |
| 773 | BARRIE JOHN | EVANS | 522 | 01:49:56 | 511 | 01:47:37 | 460 | M | 15 | M60 | ELVERT STRIDERS |
| 1304 | WARREN | MATTHEWS | 523 | 01:49:56 | 565 | 01:49:06 | 461 | M | 242 | MSNR | UNATT |
| 592 | GARY | TURNBULL | 524 | 01:49:57 | 437 | 01:45:16 | 462 | M | 55 | M50 | UNATT |
| 1849 | ROSLYN | KELSEY | 525 | 01:49:58 | 509 | 01:47:36 | 63 | F | 49 | FSNR | DURHAM FELL RUNNERS |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 1478 | LAWRIE | MCKEAN | 526 | 01:49:58 | 445 | 01:45:32 | 463 | M | 151 | M40 | UNATT |
| 1732 | ANTHONY | NOLAN | 527 | 01:49:59 | 496 | 01:47:07 | 464 | M | 243 | MSNR | UNATT |
| 397 | CHRIS | TEMPLE | 528 | 01:50:01 | 495 | 01:47:03 | 465 | M | 244 | MSNR | UNATT |
| 553 | ELIOT | BEATTIE | 529 | 01:50:05 | 490 | 01:46:51 | 466 | M | 245 | MSNR | UNATT |
| 1777 | DAVID | WOOD | 530 | 01:50:06 | 550 | 01:48:40 | 467 | M | 246 | MSNR | UNATT |
| 1474 | PAUL | SMITH | 531 | 01:50:08 | 557 | 01:48:50 | 468 | M | 247 | MSNR | UNATT |
| 1593 | ANDREW | MYERS | 532 | 01:50:09 | 506 | 01:47:31 | 469 | M | 248 | MSNR | UNATT |
| 1294 | MARK | BLAYLOCK | 533 | 01:50:09 | 507 | 01:47:33 | 470 | M | 249 | MSNR | UNATT |
| 1150 | KEN | KYLE | 534 | 01:50:13 | 460 | 01:45:53 | 471 | M | 152 | M40 | UNATT |
| 1642 | JACKIE | RUTHERFORD | 535 | 01:50:15 | 566 | 01:49:06 | 64 | F | 50 | FSNR | UNATT |
| 1740 | PAUL | HAMMOND | 536 | 01:50:19 | 594 | 01:49:59 | 472 | M | 250 | MSNR | UNATT |
| 1687 | DARREN | JOHNSTONE | 537 | 01:50:19 | 584 | 01:49:33 | 473 | M | 153 | M40 | UNATT |
| 477 | ALI | STAFFORD | 538 | 01:50:19 | 542 | 01:48:26 | 65 | F | 12 | F40 | BLENGDALE RUNNERS |
| 1619 | RICHARD | MONTFORD | 539 | 01:50:21 | 482 | 01:46:29 | 474 | M | 251 | MSNR | UNATT |
| 869 | FRANCIS | MOGER | 540 | 01:50:21 | 461 | 01:45:53 | 475 | M | 252 | MSNR | CUMBERLAND AC |
| 1137 | GRAHAM | TYE | 541 | 01:50:25 | 476 | 01:46:13 | 476 | M | 154 | M40 | UNATT |
| 969 | DAVID | LIDDLE | 542 | 01:50:26 | 523 | 01:47:54 | 477 | M | 155 | M40 | UNATT |
| 1772 | LEE | ROTHERY | 543 | 01:50:29 | 591 | 01:49:50 | 478 | M | 253 | MSNR | UNATT |
| 1646 | EMMA | MCKNESPIEY | 544 | 01:50:29 | 601 | 01:50:17 | 66 | F | 51 | FSNR | UNATT |
| 36 | JO | BUCKLEY | 545 | 01:50:30 | 602 | 01:50:25 | 67 | F | 52 | FSNR | SUNDERLAND HARRIERS |
| 1162 | PAULINE | BARTLIFF | 546 | 01:50:31 | 556 | 01:48:49 | 68 | F | 53 | FSNR | UNATT |
| 1463 | LINDA | SMITH | 547 | 01:50:31 | 508 | 01:47:34 | 69 | F | 54 | FSNR | TYNEDALE HARRIERS |
| 1649 | DAVID | ROSE | 548 | 01:50:32 | 575 | 01:49:16 | 479 | M | 254 | MSNR | UNATT |
| 811 | RICHARD | JONES | 549 | 01:50:34 | 453 | 01:45:42 | 480 | M | 255 | MSNR | UNATT |
| 360 | ANDY | BUNTEN | 550 | 01:50:34 | 569 | 01:49:08 | 481 | M | 56 | M50 | RSPB SARC |
| 1460 | NICOLA | LEDINGHAM | 551 | 01:50:35 | 600 | 01:50:15 | 70 | F | 55 | FSNR | UNATT |
| 1024 | RUSSELL | TOD | 552 | 01:50:36 | 546 | 01:48:29 | 482 | M | 256 | MSNR | UNATT |
| 1023 | JANETTE | STEWART | 553 | 01:50:36 | 548 | 01:48:30 | 71 | F | 56 | FSNR | UNATT |
| 1802 | LUKE | EXELBY | 554 | 01:50:39 | 570 | 01:49:08 | 483 | M | 257 | MSNR | UNATT |
| 1801 | TOBY | ALLEN | 555 | 01:50:39 | 573 | 01:49:10 | 484 | M | 258 | MSNR | UNATT |
| 1639 | CHRIS | NIXON | 556 | 01:50:42 | 536 | 01:48:13 | 485 | M | 259 | MSNR | UNATT |
| 1387 | LIAM | COLLERTON | 557 | 01:50:44 | 520 | 01:47:50 | 486 | M | 156 | M40 | UNATT |
| 132 | ANTHONY | WINTLE | 558 | 01:50:44 | 552 | 01:48:45 | 487 | M | 260 | MSNR | UNATT |
| 1512 | JENNY | ROYSTON | 559 | 01:50:48 | 592 | 01:49:53 | 72 | F | 57 | FSNR | UNATT |
| 1727 | JOHN | DAVIES | 560 | 01:50:48 | 527 | 01:48:05 | 488 | M | 261 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 942 | PAULINE | TYSON | 561 | 01:50:53 | 598 | 01:50:08 | 73 | F | 58 | FSNR | HOWGILL HARRIERS |
| 1232 | MARK | MXALEAVEY | 562 | 01:50:55 | 590 | 01:49:43 | 489 | M | 157 | M40 | UNATT |
| 612 | GILLIAN | KIDD | 563 | 01:50:55 | 553 | 01:48:46 | 74 | F | 13 | F40 | CUMBRIA ATHLETICS |
| 950 | DAVID | MOSSOP | 564 | 01:50:56 | 577 | 01:49:22 | 490 | M | 158 | M40 | UNATT |
| 362 | DAVID | MILBOURN | 565 | 01:50:56 | 574 | 01:49:12 | 491 | M | 159 | M40 | UNATT |
| 120 | CARL | PEARSON | 566 | 01:51:00 | 521 | 01:47:51 | 492 | M | 262 | MSNR | UNATT |
| 212 | STEPHEN | HEAD | 567 | 01:51:04 | 579 | 01:49:26 | 493 | M | 57 | M50 | DUMFRIES RC |
| 1190 | STUART | LOGAN | 568 | 01:51:04 | 540 | 01:48:22 | 494 | M | 160 | M40 | UNATT |
| 1426 | CARL | EDMONDSON | 569 | 01:51:06 | 560 | 01:48:53 | 495 | M | 161 | M40 | UNATT |
| 1543 | ELIZABETH | MYATT | 570 | 01:51:07 | 524 | 01:47:54 | 75 | F | 4 | F50 | ANNAN & DISTRICT CLUB |
| 446 | ERIC NEIL | FERGUSON | 571 | 01:51:09 | 478 | 01:46:20 | 496 | M | 263 | MSNR | UNATT |
| 999 | PHIL | HARRISON | 572 | 01:51:11 | 554 | 01:48:48 | 497 | M | 162 | M40 | UNATT |
| 186 | PETER | WILSON | 573 | 01:51:11 | 500 | 01:47:17 | 498 | M | 264 | MSNR | UNATT |
| 1271 | DOUG | MICHAEL | 574 | 01:51:12 | 581 | 01:49:28 | 499 | M | 163 | M40 | HEATON HARRIERS |
| 993 | MARK | LAITHWAITE | 575 | 01:51:19 | 567 | 01:49:06 | 500 | M | 164 | M40 | UNATT |
| 1408 | MIKE | BETHWAITE | 576 | 01:51:20 | 535 | 01:48:12 | 501 | M | 265 | MSNR | UNATT |
| 1532 | DAVID | WILLIAMS | 577 | 01:51:24 | 612 | 01:50:51 | 502 | M | 266 | MSNR | UNATT |
| 1618 | JONNY | BOYKO | 578 | 01:51:24 | 599 | 01:50:08 | 503 | M | 267 | MSNR | UNATT |
| 1096 | DAVID | RICE | 579 | 01:51:25 | 607 | 01:50:40 | 504 | M | 268 | MSNR | UNATT |
| 567 | BRUCE | HELME | 580 | 01:51:32 | 585 | 01:49:33 | 505 | M | 269 | MSNR | UNATT |
| 1378 | STEPHEN | BRAZIER | 581 | 01:51:51 | 576 | 01:49:16 | 506 | M | 165 | M40 | UNATT |
| 321 | KATHY | WINROW | 582 | 01:51:53 | 605 | 01:50:34 | 76 | F | 14 | F40 | LANCASTER & MORECAMBE |
| 1853 | JONATHAN | STABLES | 583 | 01:51:54 | 558 | 01:48:52 | 507 | M | 270 | MSNR | UNATT |
| 1248 | JULIE | SISSON | 584 | 01:51:55 | 633 | 01:51:32 | 77 | F | 59 | FSNR | UNATT |
| 1249 | GEORGE | GRAHAM | 585 | 01:51:55 | 632 | 01:51:32 | 508 | M | 166 | M40 | UNATT |
| 1052 | PAUL | MCCONNELL | 586 | 01:51:56 | 498 | 01:47:13 | 509 | M | 271 | MSNR | UNATT |
| 939 | ALAN | BATEY | 587 | 01:51:59 | 617 | 01:51:11 | 510 | M | 167 | M40 | UNATT |
| 1376 | MIKE | SCHOFIELD | 588 | 01:52:03 | 505 | 01:47:23 | 511 | M | 272 | MSNR | UNATT |
| 1047 | PAUL | THORBURN | 589 | 01:52:10 | 637 | 01:51:34 | 512 | M | 273 | MSNR | UNATT |
| 1724 | NIGEL | JOHNSON | 590 | 01:52:11 | 568 | 01:49:06 | 513 | M | 274 | MSNR | UNATT |
| 584 | MARTIN | SOWERBY | 591 | 01:52:11 | 618 | 01:51:11 | 514 | M | 275 | MSNR | UNATT |
| 593 | DANIEL | HINKLEY | 592 | 01:52:11 | 619 | 01:51:11 | 515 | M | 276 | MSNR | UNATT |
| 1733 | DAVID | APPLEBY | 593 | 01:52:13 | 653 | 01:52:01 | 516 | M | 168 | M40 | UNATT |
| 1845 | JOHN | PATTISON | 594 | 01:52:16 | 532 | 01:48:07 | 517 | M | 277 | MSNR | UNATT |
| 1490 | LEE | HOLIDAY | 595 | 01:52:21 | 586 | 01:49:35 | 518 | M | 278 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|------------------------|
| 166 | STUART | ROME | 596 | 01:52:24 | 649 | 01:51:59 | 519 | M | 279 | MSNR | UNATT |
| 1143 | PAUL | SCRAFTON | 597 | 01:52:26 | 564 | 01:49:05 | 520 | M | 58 | M50 | CLAREMONT ROAD RUNNERS |
| 545 | KERYCK | HUTCHINSON | 598 | 01:52:31 | 647 | 01:51:55 | 521 | M | 59 | M50 | KESWICK AC |
| 1194 | RODERICK | CRAWFORD | 599 | 01:52:33 | 650 | 01:51:59 | 522 | M | 169 | M40 | UNATT |
| 1816 | KAREN | SAWARD | 600 | 01:52:33 | 587 | 01:49:37 | 78 | F | 60 | FSNR | SWALEDALE ROAD RUNNERS |
| 824 | GLEN | HARKNESS | 601 | 01:52:34 | 533 | 01:48:08 | 523 | M | 280 | MSNR | UNATT |
| 920 | LEE | GIBSON | 602 | 01:52:34 | 630 | 01:51:28 | 524 | M | 281 | MSNR | UNATT |
| 356 | DAVID | WARDLE | 603 | 01:52:35 | 658 | 01:52:11 | 525 | M | 170 | M40 | UNATT |
| 1571 | PHILIP | NORMAN | 604 | 01:52:38 | 659 | 01:52:11 | 526 | M | 171 | M40 | UNATT |
| 366 | BRIN | BLANCHARD | 605 | 01:52:39 | 603 | 01:50:30 | 527 | M | 282 | MSNR | UNATT |
| 219 | SARAH | WATSON | 606 | 01:52:41 | 608 | 01:50:42 | 79 | F | 61 | FSNR | UNATT |
| 994 | STEPHIE | MARSHALL | 607 | 01:52:41 | 615 | 01:51:03 | 80 | F | 62 | FSNR | HELM HILL RUNNERS |
| 659 | KIRSTY | CORBRIDGE | 608 | 01:52:42 | 604 | 01:50:30 | 81 | F | 63 | FSNR | SOUTH RIBBLE RUNNERS |
| 1557 | JON | CORNHILL | 609 | 01:52:45 | 571 | 01:49:08 | 528 | M | 172 | M40 | UNATT |
| 531 | ALBERT | LIVESEY | 610 | 01:52:48 | 676 | 01:52:36 | 529 | M | 173 | M40 | UNATT |
| 280 | M D | LAWLEY | 611 | 01:52:51 | 583 | 01:49:32 | 530 | M | 174 | M40 | UNATT |
| 818 | SHENNA | MURRAY | 612 | 01:52:54 | 661 | 01:52:14 | 82 | F | 15 | F40 | UNATT |
| 871 | DAVID | HETHERINGTON | 613 | 01:52:55 | 638 | 01:51:41 | 531 | M | 175 | M40 | UNATT |
| 449 | SARAH | CHAUDRI | 614 | 01:52:56 | 610 | 01:50:46 | 83 | F | 16 | F40 | CUMBERLAND AC |
| 983 | DARREN | PRITCHARD | 615 | 01:52:58 | 589 | 01:49:39 | 532 | M | 283 | MSNR | UNATT |
| 587 | GAVIN | POWER | 616 | 01:52:58 | 629 | 01:51:27 | 533 | M | 284 | MSNR | UNATT |
| 804 | COLIN | FARNDON | 617 | 01:53:02 | 620 | 01:51:12 | 534 | M | 176 | M40 | UNATT |
| 792 | SIMON | HUMPHRIES | 618 | 01:53:03 | 597 | 01:50:01 | 535 | M | 177 | M40 | UNATT |
| 786 | PAUL | COULSON | 619 | 01:53:03 | 652 | 01:52:00 | 536 | M | 178 | M40 | UNATT |
| 634 | KEV | KENDAL | 620 | 01:53:04 | 549 | 01:48:39 | 537 | M | 285 | MSNR | HOWGILL HARRIERS |
| 1554 | STEPHEN | HILL | 621 | 01:53:06 | 595 | 01:49:59 | 538 | M | 286 | MSNR | UNATT |
| 1555 | TRVOR | WARE | 622 | 01:53:07 | 596 | 01:50:00 | 539 | M | 287 | MSNR | UNATT |
| 194 | GAY | EASTOE | 623 | 01:53:09 | 559 | 01:48:52 | 84 | F | 5 | F50 | BLENGDALE RUNNERS |
| 1497 | R | BURCHETT | 624 | 01:53:11 | 668 | 01:52:22 | 540 | M | 1 | M70 | KESWICK AC |
| 191 | ANGELA | THOMPSON | 625 | 01:53:12 | 593 | 01:49:55 | 85 | F | 17 | F40 | UNATT |
| 1834 | MARIA | CHARLESTON | 626 | 01:53:17 | 691 | 01:53:07 | 86 | F | 18 | F40 | UNATT |
| 1246 | BELINDA | LLOYD | 627 | 01:53:18 | 669 | 01:52:22 | 87 | F | 64 | FSNR | UNATT |
| 1825 | DAVID | JACK | 628 | 01:53:18 | 639 | 01:51:41 | 541 | M | 288 | MSNR | UNATT |
| 788 | TONY | BRISCO | 629 | 01:53:18 | 547 | 01:48:29 | 542 | M | 179 | M40 | UNATT |
| 1823 | CARL | BROWN | 630 | 01:53:19 | 640 | 01:51:41 | 543 | M | 289 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|-------------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------|
| 1339 | CHRISTIAN | THOMPSON | 631 | 01:53:19 | 654 | 01:52:01 | 544 | M | 290 | MSNR | UNATT |
| 1685 | DUANE | HEWITT | 632 | 01:53:20 | 611 | 01:50:48 | 545 | M | 291 | MSNR | UNATT |
| 1058 | M | GREEN | 633 | 01:53:23 | 634 | 01:51:32 | 546 | M | 292 | MSNR | UNATT |
| 953 | NICK | BADCOCK | 634 | 01:53:25 | 588 | 01:49:37 | 547 | M | 293 | MSNR | UNATT |
| 53 | DAVID M | WARD | 635 | 01:53:27 | 706 | 01:53:21 | 548 | M | 294 | MSNR | UNATT |
| 614 | PJILIP | CLEMENT | 636 | 01:53:28 | 664 | 01:52:18 | 549 | M | 295 | MSNR | UNATT |
| 387 | KIRSTY | THOMPSON | 637 | 01:53:29 | 572 | 01:49:09 | 88 | F | 65 | FSNR | UNATT |
| 1163 | ANDREW | BARTLIFF | 638 | 01:53:29 | 644 | 01:51:47 | 550 | M | 180 | M40 | UNATT |
| 1581 | CATH | BURRUS | 639 | 01:53:29 | 705 | 01:53:18 | 89 | F | 19 | F40 | UNATT |
| 842 | COLIN | WEST | 640 | 01:53:37 | 695 | 01:53:09 | 551 | M | 60 | M50 | UNATT |
| 841 | DEREK | WALSH | 641 | 01:53:37 | 696 | 01:53:09 | 552 | M | 181 | M40 | UNATT |
| 1470 | BARBARA | CARRICK | 642 | 01:53:37 | 580 | 01:49:27 | 90 | F | 66 | FSNR | UNATT |
| 576 | PETER | BARSLEY | 643 | 01:53:38 | 646 | 01:51:52 | 553 | M | 182 | M40 | UNATT |
| 1289 | GEMMA | DAVIES | 644 | 01:53:41 | 582 | 01:49:30 | 91 | F | 67 | FSNR | UNATT |
| 304 | KIRSTIN | HOPE | 645 | 01:53:42 | 697 | 01:53:11 | 92 | F | 68 | FSNR | UNATT |
| 1607 | HELEN | ARMSTRONG | 646 | 01:53:44 | 693 | 01:53:08 | 93 | F | 20 | F40 | CUMBERLAND AC |
| 251 | MARK | WILSON | 647 | 01:53:48 | 698 | 01:53:11 | 554 | M | 296 | MSNR | UNATT |
| 1705 | COLLETTE | THWAITES | 648 | 01:53:49 | 686 | 01:52:52 | 94 | F | 69 | FSNR | UNATT |
| 1684 | MICHAEL | HUTT | 649 | 01:53:50 | 621 | 01:51:13 | 555 | M | 183 | M40 | UNATT |
| 1423 | KAREN | OLIPHANT | 650 | 01:53:56 | 694 | 01:53:08 | 95 | F | 21 | F40 | UNATT |
| 1829 | MARK | LIDDINGTON | 651 | 01:54:03 | 690 | 01:53:05 | 556 | M | 184 | M40 | UNATT |
| 384 | MARTIN | DODD | 652 | 01:54:04 | 622 | 01:51:15 | 557 | M | 185 | M40 | UNATT |
| 1109 | AMY | BASTOW | 653 | 01:54:13 | 718 | 01:53:52 | 96 | F | 70 | FSNR | UNATT |
| 242 | SEB | MILNE | 654 | 01:54:17 | 613 | 01:50:58 | 558 | M | 297 | MSNR | UNATT |
| 1483 | NIGEL | HALL | 655 | 01:54:19 | 616 | 01:51:07 | 559 | M | 186 | M40 | UNATT |
| 877 | CAT | DASCEND | 656 | 01:54:27 | 679 | 01:52:44 | 97 | F | 71 | FSNR | UNATT |
| 1267 | LACQUELINE | FRITCHLEY-SIMPSON | 657 | 01:54:28 | 730 | 01:54:20 | 98 | F | 22 | F40 | UNATT |
| 1655 | SARAH | JONES | 658 | 01:54:33 | 655 | 01:52:03 | 99 | F | 72 | FSNR | AMBLESIDE AC |
| 1032 | FRAKIE SCOTT | CUMMINGS | 659 | 01:54:40 | 609 | 01:50:44 | 560 | M | 61 | M50 | UNATT |
| 951 | JOHN | OAKLEY | 660 | 01:54:40 | 727 | 01:54:18 | 561 | M | 298 | MSNR | UNATT |
| 1080 | WENDY | HOWARTH | 661 | 01:54:43 | 731 | 01:54:20 | 562 | M | 299 | MSNR | UNATT |
| 1752 | JAN TORE | SKJORSHAMMER | 662 | 01:54:48 | 711 | 01:53:33 | 563 | M | 187 | M40 | JAEREN SPASERKLUB |
| 608 | NICOLA | DAVISON | 663 | 01:54:52 | 678 | 01:52:40 | 100 | F | 73 | FSNR | KESWICK AC |
| 1277 | PRADEEP | BHAGAWAN | 664 | 01:54:57 | 624 | 01:51:19 | 101 | F | 6 | F50 | UNATT |
| 311 | LAUREN | BALDWIN | 665 | 01:54:58 | 714 | 01:53:38 | 102 | F | 74 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------------|
| 1354 | CHRISTIAN | TAYLOR | 666 | 01:55:01 | 715 | 01:53:39 | 564 | M | 300 | MSNR | UNATT |
| 800 | T | SMITH | 667 | 01:55:02 | 725 | 01:54:14 | 103 | F | 23 | F40 | UNATT |
| 1722 | TONI | BAXTER | 668 | 01:55:05 | 635 | 01:51:33 | 104 | F | 75 | FSNR | UNATT |
| 38 | JOHN | SPENCER | 669 | 01:55:07 | 756 | 01:54:56 | 565 | M | 16 | M60 | UNATT |
| 325 | TRACEY | HODGSON | 670 | 01:55:09 | 753 | 01:54:53 | 105 | F | 24 | F40 | UNATT |
| 383 | TONY | GRAYSON | 671 | 01:55:11 | 631 | 01:51:29 | 566 | M | 301 | MSNR | UNATT |
| 1420 | EWAN | JOHNSTON | 672 | 01:55:12 | 741 | 01:54:37 | 567 | M | 302 | MSNR | UNATT |
| 1504 | KEVIN | MCQUEEN | 673 | 01:55:13 | 643 | 01:51:45 | 568 | M | 303 | MSNR | UNATT |
| 417 | JULIE | TURNBULL | 674 | 01:55:15 | 672 | 01:52:30 | 106 | F | 25 | F40 | UNATT |
| 514 | ANDY | SWEETMAN | 675 | 01:55:17 | 713 | 01:53:37 | 569 | M | 188 | M40 | UNATT |
| 1496 | LISA | WAISTELL | 676 | 01:55:17 | 761 | 01:55:00 | 107 | F | 76 | FSNR | EDEN RUNNERS |
| 1203 | JOE | DAUNT | 677 | 01:55:19 | 625 | 01:51:19 | 570 | M | 304 | MSNR | UNATT |
| 1257 | PETER | ARMSTRONG | 678 | 01:55:20 | 733 | 01:54:21 | 571 | M | 305 | MSNR | UNATT |
| 936 | JEFF | BLAIR | 679 | 01:55:20 | 662 | 01:52:16 | 572 | M | 62 | M50 | UNATT |
| 396 | ANTOINE | KASS-ILIYYA | 680 | 01:55:23 | 645 | 01:51:51 | 573 | M | 306 | MSNR | UNATT |
| 1793 | M | FRANCIS | 681 | 01:55:24 | 708 | 01:53:24 | 108 | F | 26 | F40 | UNATT |
| 830 | PETER | GRANT | 682 | 01:55:25 | 760 | 01:54:59 | 574 | M | 307 | MSNR | UNATT |
| 886 | CHRIS | ROBSON | 683 | 01:55:25 | 707 | 01:53:23 | 575 | M | 308 | MSNR | UNATT |
| 263 | DAVID | BRADLEY | 684 | 01:55:26 | 623 | 01:51:16 | 576 | M | 189 | M40 | UNATT |
| 1388 | IAN | GRANT | 685 | 01:55:26 | 614 | 01:51:00 | 577 | M | 63 | M50 | SHETTLESTON |
| 717 | DARREN | TODD | 686 | 01:55:26 | 682 | 01:52:48 | 578 | M | 309 | MSNR | UNATT |
| 1533 | JENNIFER | REES | 687 | 01:55:28 | 754 | 01:54:54 | 109 | F | 77 | FSNR | UNATT |
| 765 | NICK | HALL | 688 | 01:55:28 | 737 | 01:54:28 | 579 | M | 310 | MSNR | UNATT |
| 1112 | ROBERT | CRAIG | 689 | 01:55:30 | 606 | 01:50:38 | 580 | M | 190 | M40 | UNATT |
| 796 | PAUL J | ROBINSON | 690 | 01:55:30 | 626 | 01:51:19 | 581 | M | 311 | MSNR | UNATT |
| 727 | NICOLA | FINN-CAILE | 691 | 01:55:30 | 665 | 01:52:21 | 110 | F | 78 | FSNR | UNATT |
| 1489 | ZAC | BEARD | 692 | 01:55:31 | 683 | 01:52:48 | 582 | M | 312 | MSNR | UNATT |
| 394 | DARREN | COUPE | 693 | 01:55:31 | 675 | 01:52:33 | 583 | M | 313 | MSNR | UNATT |
| 838 | IAN | POSTLETHWAITE | 694 | 01:55:34 | 780 | 01:55:31 | 584 | M | 314 | MSNR | UNATT |
| 837 | CAROL | WHITTLE | 695 | 01:55:34 | 673 | 01:52:31 | 111 | F | 27 | F40 | GLAXO HOAD HILL HARRIERS |
| 25 | JANE | MOTTRAM | 696 | 01:55:34 | 657 | 01:52:06 | 112 | F | 7 | F50 | CUMBERLAND FELL RUNNERS |
| 1239 | CHRIS | DIXON | 697 | 01:55:42 | 636 | 01:51:33 | 585 | M | 315 | MSNR | UNATT |
| 1384 | PHILLIPPA | BAXTER | 698 | 01:55:42 | 689 | 01:53:03 | 113 | F | 79 | FSNR | BLYTH RUNNING CLUB |
| 671 | DAVID | TIERNEY | 699 | 01:55:46 | 642 | 01:51:43 | 586 | M | 191 | M40 | UNATT |
| 1476 | MAURICE | TIERNEY | 700 | 01:55:46 | 641 | 01:51:43 | 587 | M | 192 | M40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------|
| 582 | ANDREA | FOX | 701 | 01:55:47 | 687 | 01:52:57 | 114 | F | 80 | FSNR | UNATT |
| 1716 | TERENCE | HARMSE | 702 | 01:55:51 | 750 | 01:54:48 | 588 | M | 316 | MSNR | UNATT |
| 1072 | STEVEN | BERRY | 703 | 01:55:51 | 628 | 01:51:23 | 589 | M | 317 | MSNR | UNATT |
| 1792 | THOMAS | MCDONAGH | 704 | 01:55:52 | 674 | 01:52:32 | 590 | M | 193 | M40 | UNATT |
| 1812 | PAUL | DAVIDSON | 705 | 01:55:54 | 767 | 01:55:13 | 591 | M | 318 | MSNR | UNATT |
| 1056 | MARK | CHRISTER | 706 | 01:55:55 | 670 | 01:52:23 | 592 | M | 319 | MSNR | UNATT |
| 1055 | PAUL | CHRISTER | 707 | 01:55:56 | 671 | 01:52:23 | 593 | M | 320 | MSNR | UNATT |
| 281 | DEREK | ROSE | 708 | 01:55:58 | 651 | 01:51:59 | 594 | M | 321 | MSNR | UNATT |
| 1176 | FAITH | COBAINE | 709 | 01:55:58 | 660 | 01:52:11 | 115 | F | 81 | FSNR | UNATT |
| 646 | ALAN | BROWN | 710 | 01:55:58 | 763 | 01:55:05 | 595 | M | 64 | M50 | UNATT |
| 1436 | FLOYD | EVANS | 711 | 01:55:59 | 677 | 01:52:39 | 596 | M | 322 | MSNR | UNATT |
| 328 | CHRISTIAN | CHOW | 712 | 01:56:00 | 748 | 01:54:46 | 597 | M | 323 | MSNR | UNATT |
| 230 | AILISH | O'CALLAGHAN | 713 | 01:56:01 | 700 | 01:53:13 | 116 | F | 82 | FSNR | UNATT |
| 1343 | KARL | DOUGLAS | 714 | 01:56:02 | 775 | 01:55:22 | 598 | M | 194 | M40 | UNATT |
| 413 | ANDREW | JOHNSTONE | 715 | 01:56:02 | 784 | 01:55:37 | 599 | M | 324 | MSNR | UNATT |
| 1455 | JOHN | FLAVELL | 716 | 01:56:08 | 716 | 01:53:50 | 600 | M | 195 | M40 | UNATT |
| 287 | SIMON | FLATMAN | 717 | 01:56:12 | 782 | 01:55:34 | 601 | M | 325 | MSNR | UNATT |
| 13 | TANYA | COATES | 718 | 01:56:14 | 710 | 01:53:32 | 117 | F | 83 | FSNR | UNATT |
| 453 | NICOLA | CARRUTHERS | 719 | 01:56:14 | 787 | 01:55:45 | 118 | F | 84 | FSNR | UNATT |
| 1026 | MALCOLM | HUNTER | 720 | 01:56:14 | 627 | 01:51:19 | 602 | M | 196 | M40 | UNATT |
| 1621 | TOBY | LOBATT | 721 | 01:56:15 | 666 | 01:52:21 | 603 | M | 326 | MSNR | UNATT |
| 1734 | MENNA | LEWIS | 722 | 01:56:16 | 709 | 01:53:29 | 119 | F | 8 | F50 | HOWGILL HARRIERS |
| 1501 | ANNE | COWAN | 723 | 01:56:18 | 770 | 01:55:18 | 120 | F | 85 | FSNR | UNATT |
| 652 | PAUL | HIGH | 724 | 01:56:21 | 801 | 01:56:05 | 604 | M | 327 | MSNR | UNATT |
| 1735 | JANICE | ROYLE | 725 | 01:56:22 | 758 | 01:54:57 | 121 | F | 9 | F50 | UNATT |
| 1736 | PETER | WEAVING | 726 | 01:56:23 | 759 | 01:54:57 | 605 | M | 65 | M50 | UNATT |
| 1723 | RICHARD | KIRKHAM | 727 | 01:56:27 | 680 | 01:52:44 | 606 | M | 197 | M40 | BLENGDALE RUNNERS |
| 739 | RICHARD | PAISLEY | 728 | 01:56:33 | 656 | 01:52:05 | 607 | M | 328 | MSNR | UNATT |
| 439 | CHRISTOPHER | WINSPEAR | 729 | 01:56:36 | 745 | 01:54:42 | 608 | M | 198 | M40 | UNATT |
| 1797 | DIANNA | CAMPBELL | 730 | 01:56:40 | 766 | 01:55:10 | 122 | F | 86 | FSNR | BALLOON |
| 355 | ROY | WHITE | 731 | 01:56:45 | 792 | 01:55:56 | 609 | M | 66 | M50 | BALLYMENA RUNNERS |
| 874 | RICHARD | APPLETON | 732 | 01:56:46 | 777 | 01:55:28 | 610 | M | 329 | MSNR | UNATT |
| 1065 | GARY | TODD | 733 | 01:56:47 | 702 | 01:53:15 | 611 | M | 330 | MSNR | UNATT |
| 1113 | KIM | MCCULLOCH | 734 | 01:56:48 | 648 | 01:51:55 | 123 | F | 28 | F40 | UNATT |
| 234 | DAVID | WALKER | 735 | 01:56:50 | 703 | 01:53:17 | 612 | M | 331 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 235 | COLIN | NOBLE | 736 | 01:56:51 | 704 | 01:53:17 | 613 | M | 332 | MSNR | UNATT |
| 705 | JIM | WELSH | 737 | 01:56:51 | 746 | 01:54:42 | 614 | M | 199 | M40 | UNATT |
| 1462 | JUSTIN | CREAN | 738 | 01:56:51 | 726 | 01:54:15 | 124 | F | 87 | FSNR | UNATT |
| 149 | ALISON | EVANS | 739 | 01:56:53 | 744 | 01:54:41 | 125 | F | 29 | F40 | SOUTH RIBBLE RUNNERS |
| 1661 | JAMES | POTTS | 740 | 01:56:54 | 804 | 01:56:07 | 615 | M | 17 | M60 | BORDER HARRIERS |
| 143 | NEIL | MERCER | 741 | 01:56:54 | 783 | 01:55:36 | 616 | M | 333 | MSNR | UNATT |
| 1575 | PAULA | JAMIESON | 742 | 01:56:54 | 717 | 01:53:50 | 126 | F | 88 | FSNR | UNATT |
| 795 | CHRIS | BARDINI | 743 | 01:56:55 | 739 | 01:54:30 | 617 | M | 334 | MSNR | UNATT |
| 402 | AUSTEN | RAINE | 744 | 01:56:55 | 813 | 01:56:30 | 618 | M | 18 | M60 | UNATT |
| 261 | JULIE | RICHARDSON | 745 | 01:57:00 | 796 | 01:56:00 | 127 | F | 89 | FSNR | UNATT |
| 674 | JOHN | BELL | 746 | 01:57:00 | 728 | 01:54:18 | 619 | M | 200 | M40 | ROYAL NAVY |
| 306 | DARREN | STEPHENSON | 747 | 01:57:00 | 720 | 01:53:55 | 620 | M | 335 | MSNR | UNATT |
| 1779 | WILLIAM | CARTER | 748 | 01:57:02 | 663 | 01:52:17 | 621 | M | 336 | MSNR | UNATT |
| 724 | TONY | MILROY | 749 | 01:57:02 | 667 | 01:52:21 | 622 | M | 201 | M40 | UNATT |
| 557 | SUSAN | WILSON | 750 | 01:57:03 | 681 | 01:52:45 | 128 | F | 30 | F40 | ELSWICK HARRIERS |
| 428 | SARAH | PECK | 751 | 01:57:08 | 688 | 01:53:00 | 129 | F | 90 | FSNR | UNATT |
| 1450 | STEVEN | BEARD | 752 | 01:57:09 | 757 | 01:54:56 | 623 | M | 337 | MSNR | UNATT |
| 1130 | JOHN | YOUNGHUSBAND | 753 | 01:57:14 | 788 | 01:55:48 | 624 | M | 19 | M60 | UNATT |
| 294 | TREVOR | STEWART | 754 | 01:57:15 | 795 | 01:55:59 | 625 | M | 20 | M60 | UNATT |
| 1542 | PHILIPPA | BELL | 755 | 01:57:15 | 810 | 01:56:19 | 130 | F | 91 | FSNR | UNATT |
| 1465 | CLAIRE | IRVING | 756 | 01:57:19 | 786 | 01:55:41 | 131 | F | 31 | F40 | UNATT |
| 1094 | RUTH | FOSTER | 757 | 01:57:19 | 773 | 01:55:20 | 132 | F | 32 | F40 | UNATT |
| 312 | NEIL | BALDWIN | 758 | 01:57:25 | 800 | 01:56:04 | 626 | M | 67 | M50 | UNATT |
| 580 | CHLOE LEANNE | BALDWIN | 759 | 01:57:25 | 802 | 01:56:05 | 133 | F | 92 | FSNR | UNATT |
| 315 | PAUL | OWEN | 760 | 01:57:31 | 749 | 01:54:46 | 627 | M | 202 | M40 | UNATT |
| 1320 | CATHERINE | BALLARD | 761 | 01:57:34 | 764 | 01:55:08 | 134 | F | 93 | FSNR | UNATT |
| 1033 | STEVEN | DARLINGTON | 762 | 01:57:35 | 692 | 01:53:07 | 628 | M | 338 | MSNR | UNATT |
| 348 | MARK | CARTER | 763 | 01:57:35 | 685 | 01:52:51 | 629 | M | 339 | MSNR | UNATT |
| 332 | DAVID | COULTHARD | 764 | 01:57:35 | 684 | 01:52:51 | 630 | M | 340 | MSNR | UNATT |
| 1019 | PATRIC | GILCHRIST | 765 | 01:57:37 | 712 | 01:53:33 | 631 | M | 21 | M60 | KESWICK AC |
| 735 | DAVID POSSE | POSTILL | 766 | 01:57:39 | 699 | 01:53:11 | 632 | M | 341 | MSNR | UNATT |
| 564 | TOM | HOLMAN | 767 | 01:57:39 | 723 | 01:54:13 | 633 | M | 342 | MSNR | UNATT |
| 741 | MALCOLM | HAND | 768 | 01:57:39 | 791 | 01:55:53 | 634 | M | 343 | MSNR | UNATT |
| 416 | DARREN | FOOTE | 769 | 01:57:42 | 840 | 01:57:27 | 635 | M | 344 | MSNR | BLACK COMBE RUNNERS |
| 716 | PHIL | GILPIN | 770 | 01:57:43 | 772 | 01:55:19 | 636 | M | 345 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------|
| 86 | MIKE | CRONE | 771 | 01:57:44 | 751 | 01:54:50 | 637 | M | 203 | M40 | UNATT |
| 1357 | MIKE | GRAHAM | 772 | 01:57:44 | 779 | 01:55:30 | 638 | M | 22 | M60 | DERWENT AC |
| 1844 | CHRIS | MELLOR | 773 | 01:57:45 | 799 | 01:56:03 | 639 | M | 346 | MSNR | UNATT |
| 1767 | CHRIS | MARRITT | 774 | 01:57:46 | 781 | 01:55:32 | 640 | M | 347 | MSNR | UNATT |
| 1030 | ROBERT | CAMERON | 775 | 01:57:47 | 774 | 01:55:20 | 641 | M | 68 | M50 | UNATT |
| 1710 | ANNA | BEATY | 776 | 01:57:49 | 752 | 01:54:50 | 135 | F | 94 | FSNR | UNATT |
| 1665 | CLAIRE | ALLEN | 777 | 01:57:52 | 821 | 01:56:44 | 136 | F | 95 | FSNR | CARLISLE TRI CLUB |
| 1122 | DEBORAH | HALL | 778 | 01:57:52 | 701 | 01:53:14 | 137 | F | 33 | F40 | UNATT |
| 591 | CAROLYN | MILLICAN | 779 | 01:57:52 | 820 | 01:56:43 | 138 | F | 96 | FSNR | BORDER HARRIERS |
| 1806 | DARREN | CALAGHAN | 780 | 01:57:53 | 722 | 01:53:57 | 642 | M | 348 | MSNR | UNATT |
| 995 | KEITH | LOCKWOOD | 781 | 01:57:54 | 803 | 01:56:06 | 643 | M | 204 | M40 | UNATT |
| 558 | NIGEL | THOMPSON | 782 | 01:57:57 | 793 | 01:55:57 | 644 | M | 205 | M40 | UNATT |
| 1528 | STEPHEN | REYNOLDS | 783 | 01:58:01 | 732 | 01:54:20 | 645 | M | 206 | M40 | UNATT |
| 1456 | NEIL | GIBBONS | 784 | 01:58:01 | 724 | 01:54:13 | 646 | M | 207 | M40 | UNATT |
| 990 | NEIL | MCCARTNEY | 785 | 01:58:01 | 735 | 01:54:24 | 647 | M | 349 | MSNR | UNATT |
| 982 | GARY | MCKEE | 786 | 01:58:02 | 734 | 01:54:23 | 648 | M | 208 | M40 | UNATT |
| 1481 | GEORGE | ROSS | 787 | 01:58:02 | 736 | 01:54:24 | 649 | M | 350 | MSNR | UNATT |
| 536 | IAN | BUCHANAN | 788 | 01:58:03 | 729 | 01:54:19 | 650 | M | 69 | M50 | UNATT |
| 1298 | CHRIS | THOMPSON | 789 | 01:58:03 | 797 | 01:56:00 | 651 | M | 351 | MSNR | UNATT |
| 1803 | LEE | DAVIES | 790 | 01:58:06 | 816 | 01:56:36 | 652 | M | 352 | MSNR | UNATT |
| 1841 | GARY | WOOD | 791 | 01:58:10 | 747 | 01:54:42 | 653 | M | 353 | MSNR | UNATT |
| 998 | DES | MAGUIRE | 792 | 01:58:17 | 851 | 01:58:11 | 654 | M | 354 | MSNR | UNATT |
| 859 | DAVID | COPELAND | 793 | 01:58:24 | 789 | 01:55:48 | 655 | M | 355 | MSNR | UNATT |
| 904 | MIKE | PEZET | 794 | 01:58:24 | 776 | 01:55:22 | 656 | M | 209 | M40 | UNATT |
| 64 | CRAIG | PARKINSON | 795 | 01:58:25 | 824 | 01:56:51 | 657 | M | 210 | M40 | UNATT |
| 902 | KIRSTY | ANDERSON | 796 | 01:58:29 | 765 | 01:55:08 | 139 | F | 97 | FSNR | UNATT |
| 1381 | GEORGIE | LOWRY | 797 | 01:58:34 | 743 | 01:54:40 | 140 | F | 98 | FSNR | UNATT |
| 829 | CRAIG | NICHOLSON | 798 | 01:58:35 | 790 | 01:55:48 | 658 | M | 211 | M40 | UNATT |
| 1529 | CAMILLA | JAMES | 799 | 01:58:35 | 806 | 01:56:12 | 141 | F | 99 | FSNR | UNATT |
| 385 | PAMELA | ALDREN | 800 | 01:58:36 | 719 | 01:53:52 | 142 | F | 100 | FSNR | UNATT |
| 81 | CLAIRE | ARMSTRONG | 801 | 01:58:44 | 721 | 01:53:56 | 143 | F | 101 | FSNR | UNATT |
| 1832 | PAUL | PALMER | 802 | 01:58:47 | 762 | 01:55:03 | 659 | M | 212 | M40 | UNATT |
| 670 | SIOBHAN | BREWER | 803 | 01:58:50 | 738 | 01:54:28 | 144 | F | 102 | FSNR | UNATT |
| 111 | HUGH | STIRLING | 804 | 01:58:51 | 857 | 01:58:32 | 660 | M | 70 | M50 | UNATT |
| 1325 | MARK | BUCHANAN | 805 | 01:58:56 | 740 | 01:54:36 | 661 | M | 356 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|------------------------|
| 1822 | ANDREW | PAPE | 806 | 01:58:59 | 811 | 01:56:23 | 662 | M | 357 | MSNR | UNATT |
| 1753 | SVEND | AAVITSLAND | 807 | 01:59:00 | 845 | 01:57:44 | 663 | M | 213 | M40 | UNATT |
| 890 | MELISSA | BROWN | 808 | 01:59:01 | 830 | 01:57:08 | 145 | F | 103 | FSNR | UNATT |
| 1588 | TRIDH | KAY | 809 | 01:59:02 | 822 | 01:56:46 | 146 | F | 34 | F40 | NEWTON AYCLIFFE A C |
| 1402 | GARRY | VERNON | 810 | 01:59:02 | 742 | 01:54:38 | 664 | M | 214 | M40 | REAL BUZZ RUN |
| 1551 | LAURA | DONOGHUE | 811 | 01:59:02 | 850 | 01:58:01 | 147 | F | 104 | FSNR | UNATT |
| 1824 | JOANNE | MAY | 812 | 01:59:03 | 839 | 01:57:26 | 148 | F | 105 | FSNR | UNATT |
| 1466 | CHRIS | IRVING | 813 | 01:59:04 | 841 | 01:57:27 | 665 | M | 215 | M40 | UNATT |
| 27 | KIM | GEORGE | 814 | 01:59:04 | 768 | 01:55:15 | 149 | F | 35 | F40 | UNATT |
| 607 | LINDSAY | MILNE | 815 | 01:59:05 | 853 | 01:58:19 | 150 | F | 106 | FSNR | KESWICK AC |
| 537 | BEN | PAXON | 816 | 01:59:06 | 825 | 01:56:54 | 666 | M | 358 | MSNR | UNATT |
| 123 | CLAIRE | APPLETON | 817 | 01:59:11 | 814 | 01:56:30 | 151 | F | 107 | FSNR | UNATT |
| 1262 | LALAGE | BROWN | 818 | 01:59:12 | 755 | 01:54:54 | 152 | F | 36 | F40 | ELSWICK HARRIERS |
| 1295 | STURAT | DIXON | 819 | 01:59:13 | 817 | 01:56:37 | 667 | M | 359 | MSNR | UNATT |
| 1011 | STEVEN | CAMBELL | 820 | 01:59:16 | 846 | 01:57:44 | 668 | M | 360 | MSNR | UNATT |
| 138 | SOPHIE | YATES | 821 | 01:59:18 | 818 | 01:56:37 | 153 | F | 108 | FSNR | UNATT |
| 586 | WAYNE | HORSLEY | 822 | 01:59:18 | 798 | 01:56:02 | 669 | M | 361 | MSNR | UNATT |
| 1156 | BOB | RICHARDS | 823 | 01:59:20 | 794 | 01:55:58 | 670 | M | 23 | M60 | CLAREMONT ROAD RUNNERS |
| 1006 | PATRICK | NEESON | 824 | 01:59:23 | 812 | 01:56:27 | 671 | M | 216 | M40 | SWALEDALE ROAD RUNNERS |
| 730 | ANDREW | WILSON | 825 | 01:59:29 | 861 | 01:58:43 | 672 | M | 362 | MSNR | UNATT |
| 833 | STEVEN | BARDINI | 826 | 01:59:37 | 837 | 01:57:14 | 673 | M | 363 | MSNR | UNATT |
| 1725 | JOANNE | HAZELL | 827 | 01:59:38 | 833 | 01:57:12 | 154 | F | 109 | FSNR | UNATT |
| 1726 | RACHEL | BUCHANAN | 828 | 01:59:38 | 836 | 01:57:13 | 155 | F | 110 | FSNR | UNATT |
| 60 | STEWART | GRANT | 829 | 01:59:42 | 826 | 01:56:57 | 674 | M | 71 | M50 | WIGTON ROAD RUNNERS |
| 749 | PETER | JENKINSON | 830 | 01:59:45 | 832 | 01:57:09 | 675 | M | 217 | M40 | UNATT |
| 875 | NICOLA | THOMPSON | 831 | 01:59:46 | 868 | 01:58:58 | 156 | F | 111 | FSNR | UNATT |
| 568 | ROBIN | BARTLETT | 832 | 01:59:50 | 842 | 01:57:30 | 676 | M | 218 | M40 | LANCASTER & MORECAMBE |
| 693 | IAN | GIBSON | 833 | 01:59:51 | 778 | 01:55:28 | 677 | M | 72 | M50 | TYNEDALE HARRIERS |
| 1500 | MARTIN | BATEY | 834 | 01:59:54 | 865 | 01:58:51 | 678 | M | 364 | MSNR | UNATT |
| 503 | ALLAN | BUCKLEY | 835 | 01:59:57 | 885 | 01:59:36 | 679 | M | 24 | M60 | KESWICK AC |
| 1596 | NEIL | STEWART | 836 | 01:59:59 | 808 | 01:56:14 | 680 | M | 365 | MSNR | UNATT |
| 216 | VIV | WINTER | 837 | 02:00:00 | 873 | 01:59:17 | 157 | F | 37 | F40 | UNATT |
| 1625 | LOUISE | THORP | 838 | 02:00:01 | 769 | 01:55:17 | 158 | F | 112 | FSNR | UNATT |
| 275 | ANDREA KAY | BOOTH | 839 | 02:00:01 | 852 | 01:58:12 | 159 | F | 10 | F50 | UNATT |
| 1084 | MARK | BARTRIP | 840 | 02:00:01 | 805 | 01:56:07 | 681 | M | 366 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| BIB | FORENAME | SURNAME | RANK | GUN TIME | CHIP RANK | CHIP TIME | GEN POS | GENDER | CAT POS | CATEGORY | CLUB |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------------|
| 1406 | BALINDER | SANGHA | 841 | 02:00:02 | 771 | 01:55:18 | 682 | M | 367 | MSNR | UNATT |
| 726 | ANDREW | CHARLTON | 842 | 02:00:05 | 785 | 01:55:37 | 683 | M | 368 | MSNR | UNATT |
| 1439 | ANNE | SEATON | 843 | 02:00:06 | 847 | 01:57:44 | 160 | F | 38 | F40 | UNATT |
| 1538 | MIKE | JEFFERSON | 844 | 02:00:08 | 876 | 01:59:20 | 684 | M | 219 | M40 | UNATT |
| 1498 | NEIL | SAVAGE | 845 | 02:00:10 | 863 | 01:58:50 | 685 | M | 220 | M40 | UNATT |
| 1341 | TONY | MCGUIRK | 846 | 02:00:11 | 864 | 01:58:50 | 686 | M | 221 | M40 | UNATT |
| 1616 | JOANNE | TURNER | 847 | 02:00:12 | 862 | 01:58:46 | 161 | F | 113 | FSNR | UNATT |
| 706 | TISH | JOYCE | 848 | 02:00:16 | 893 | 01:59:57 | 162 | F | 39 | F40 | UNATT |
| 338 | ELIZABETH | DUGGAN | 849 | 02:00:18 | 844 | 01:57:41 | 163 | F | 1 | F60 | UNATT |
| 1394 | HUW | JENKINS | 850 | 02:00:25 | 831 | 01:57:08 | 687 | M | 222 | M40 | UNATT |
| 745 | TOM | MCCAULAY | 851 | 02:00:28 | 884 | 01:59:35 | 688 | M | 369 | MSNR | DUMFRIES RC |
| 313 | WILLIAM | CUNNINGHAM | 852 | 02:00:32 | 879 | 01:59:28 | 689 | M | 223 | M40 | UNATT |
| 410 | TINA | KELLY | 853 | 02:00:33 | 834 | 01:57:12 | 164 | F | 114 | FSNR | UNATT |
| 411 | CHRIS | HAKES | 854 | 02:00:34 | 835 | 01:57:12 | 690 | M | 370 | MSNR | UNATT |
| 1242 | HALEY | MILLICAN | 855 | 02:00:38 | 914 | 02:00:32 | 165 | F | 115 | FSNR | UNATT |
| 611 | MARGARET | HAWLEY | 856 | 02:00:39 | 809 | 01:56:17 | 166 | F | 11 | F50 | CUMBERLAND AC |
| 122 | TOM | MOONEY | 857 | 02:00:40 | 878 | 01:59:23 | 691 | M | 371 | MSNR | UNATT |
| 734 | JAMES | JOHNSTONE | 858 | 02:00:42 | 881 | 01:59:29 | 692 | M | 73 | M50 | KESWICK AC |
| 754 | KATHLEEN | FRAMPTON | 859 | 02:00:42 | 880 | 01:59:29 | 167 | F | 12 | F50 | KESWICK AC |
| 941 | MARITN | VEVERS | 860 | 02:00:43 | 856 | 01:58:31 | 693 | M | 372 | MSNR | UNATT |
| 991 | KEVIN | HOWLAND | 861 | 02:00:45 | 827 | 01:57:05 | 694 | M | 224 | M40 | UNATT |
| 1781 | STEVEN | FOX | 862 | 02:00:47 | 807 | 01:56:12 | 695 | M | 373 | MSNR | UNATT |
| 1791 | SHARON | MCDONAGH | 863 | 02:00:50 | 843 | 01:57:30 | 168 | F | 40 | F40 | UNATT |
| 585 | JAMES ANDREW | SPROAT | 864 | 02:00:55 | 855 | 01:58:26 | 696 | M | 225 | M40 | UNATT |
| 702 | HEATHER | ECCLES | 865 | 02:00:56 | 892 | 01:59:55 | 169 | F | 116 | FSNR | SKYE @LOCHALSH RUNNING CLUB |
| 997 | DARREN | GLEGG | 866 | 02:01:00 | 828 | 01:57:05 | 697 | M | 226 | M40 | UNATT |
| 1482 | JONATHAN | RUSSELL | 867 | 02:01:10 | 838 | 01:57:23 | 698 | M | 374 | MSNR | UNATT |
| 1106 | NATALIE | ROONEY | 868 | 02:01:12 | 823 | 01:56:47 | 170 | F | 117 | FSNR | UNATT |
| 1364 | JAMES | THOMAS | 869 | 02:01:13 | 815 | 01:56:34 | 699 | M | 375 | MSNR | UNATT |
| 438 | ANTHONY | NICHOLSON | 870 | 02:01:13 | 895 | 02:00:12 | 700 | M | 227 | M40 | UNATT |
| 1317 | DAVID | POSTLETHWAITE | 871 | 02:01:16 | 829 | 01:57:07 | 701 | M | 228 | M40 | ST BEES TRIERS |
| 1158 | DAVID | KELLY | 872 | 02:01:17 | 859 | 01:58:39 | 702 | M | 229 | M40 | HAMILTON HARRIERS |
| 130 | MARTIN | KEY | 873 | 02:01:18 | 906 | 02:00:22 | 703 | M | 376 | MSNR | UNATT |
| 1717 | NICOLA | LATIMER | 874 | 02:01:31 | 930 | 02:01:07 | 171 | F | 41 | F40 | WIGTON ROAD RUNNERS |
| 1098 | KEVIN | PAYNE | 875 | 02:01:34 | 819 | 01:56:39 | 172 | F | 13 | F50 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 1531 | MIKDE | MILBURN | 876 | 02:01:39 | 849 | 01:57:58 | 704 | M | 230 | M40 | UNATT |
| 1062 | CRAIG | MALENEY | 877 | 02:01:39 | 860 | 01:58:42 | 705 | M | 377 | MSNR | UNATT |
| 1430 | ANDREW | BAILEY | 878 | 02:01:47 | 889 | 01:59:44 | 706 | M | 378 | MSNR | UNATT |
| 1711 | KYLE | ALLEN | 879 | 02:01:48 | 894 | 02:00:11 | 707 | M | 379 | MSNR | UNATT |
| 901 | PAUL | FOSTER | 880 | 02:01:49 | 867 | 01:58:57 | 708 | M | 231 | M40 | UNATT |
| 637 | MIKE | KINNEAR | 881 | 02:01:49 | 858 | 01:58:33 | 709 | M | 380 | MSNR | UNATT |
| 737 | KATIE | WIGHAM | 882 | 02:01:54 | 932 | 02:01:10 | 173 | F | 118 | FSNR | UNATT |
| 851 | CLAIRE | HARRISON | 883 | 02:01:56 | 917 | 02:00:37 | 174 | F | 119 | FSNR | UNATT |
| 957 | MARIE | SHORT | 884 | 02:01:57 | 848 | 01:57:52 | 175 | F | 120 | FSNR | UNATT |
| 93 | GEOFF | RENYARD | 885 | 02:01:57 | 924 | 02:00:55 | 710 | M | 74 | M50 | UNATT |
| 1441 | MICK | MONKMAN | 886 | 02:01:59 | 904 | 02:00:20 | 711 | M | 381 | MSNR | CUMBERLAND FELL RUNNERS |
| 1440 | GEORGE | MONKMAN | 887 | 02:01:59 | 905 | 02:00:20 | 712 | M | 25 | M60 | UNATT |
| 1223 | MICHAEL | DAVIDSON | 888 | 02:02:01 | 874 | 01:59:17 | 713 | M | 382 | MSNR | UNATT |
| 1623 | SHAUN | TODHUNTER | 889 | 02:02:02 | 923 | 02:00:53 | 714 | M | 383 | MSNR | UNATT |
| 1522 | ASHLEY | LLOYD | 890 | 02:02:03 | 927 | 02:01:06 | 176 | F | 121 | FSNR | UNATT |
| 44 | GRAHAM | DENNEY | 891 | 02:02:04 | 882 | 01:59:30 | 715 | M | 232 | M40 | UNATT |
| 883 | JUDITH | WILSON | 892 | 02:02:06 | 897 | 02:00:14 | 177 | F | 42 | F40 | UNATT |
| 225 | HELEN | PATERSON | 893 | 02:02:07 | 942 | 02:01:36 | 178 | F | 43 | F40 | UNATT |
| 481 | ANNE | SARGENT | 894 | 02:02:11 | 951 | 02:01:53 | 179 | F | 44 | F40 | UNATT |
| 881 | YVONNE | JOHNSON | 895 | 02:02:13 | 952 | 02:01:53 | 180 | F | 14 | F50 | UNATT |
| 1405 | MARK | JOHNS | 896 | 02:02:13 | 928 | 02:01:06 | 716 | M | 233 | M40 | UNATT |
| 100 | SUSAN | FAWKES | 897 | 02:02:16 | 926 | 02:01:03 | 181 | F | 122 | FSNR | UNATT |
| 1235 | PAUL | NEWSTEAD | 898 | 02:02:16 | 925 | 02:01:01 | 717 | M | 234 | M40 | UNATT |
| 1180 | LAILA | CARRUTHERS | 899 | 02:02:17 | 950 | 02:01:49 | 182 | F | 123 | FSNR | UNATT |
| 467 | DAVID J | RATCLIFFE | 900 | 02:02:20 | 920 | 02:00:45 | 718 | M | 26 | M60 | HELM HILL RUNNERS |
| 819 | STEVE | BATEMAN | 901 | 02:02:20 | 919 | 02:00:45 | 719 | M | 75 | M50 | UNATT |
| 1422 | JAIME | PORTER | 902 | 02:02:23 | 946 | 02:01:42 | 720 | M | 384 | MSNR | UNATT |
| 1410 | NICOLA | KENNEDY | 903 | 02:02:23 | 872 | 01:59:13 | 183 | F | 124 | FSNR | UNATT |
| 1657 | KEITH | BELL | 904 | 02:02:26 | 960 | 02:02:16 | 721 | M | 235 | M40 | UNATT |
| 821 | ALISON | CUTTS | 905 | 02:02:28 | 896 | 02:00:12 | 184 | F | 45 | F40 | KESWICK AC |
| 803 | SHARON | COWMAN | 906 | 02:02:28 | 936 | 02:01:22 | 185 | F | 125 | FSNR | UNATT |
| 613 | STEPHEN | BROWN | 907 | 02:02:30 | 898 | 02:00:15 | 722 | M | 236 | M40 | UNATT |
| 285 | MELISSA | GRIMSHAW | 908 | 02:02:34 | 909 | 02:00:23 | 186 | F | 126 | FSNR | SOUTH RIBBLE RUNNERS |
| 1694 | SARAH | SIDDLE | 909 | 02:02:35 | 886 | 01:59:36 | 187 | F | 127 | FSNR | UNATT |
| 190 | CAROL | MEGSON | 910 | 02:02:37 | 875 | 01:59:19 | 188 | F | 46 | F40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 288 | SHAUN | HARRISON | 911 | 02:02:46 | 854 | 01:58:22 | 189 | F | 47 | F40 | UNATT |
| 1443 | GRAEME | MATTINSON | 912 | 02:02:49 | 870 | 01:59:09 | 723 | M | 385 | MSNR | UNATT |
| 876 | GRAHAM | HEATHERINGTON | 913 | 02:02:55 | 961 | 02:02:23 | 724 | M | 237 | M40 | UNATT |
| 454 | CLIVE | READ | 914 | 02:03:00 | 933 | 02:01:12 | 725 | M | 386 | MSNR | UNATT |
| 418 | STUART | MILBURN | 915 | 02:03:00 | 877 | 01:59:22 | 726 | M | 387 | MSNR | UNATT |
| 1818 | LETHA | WHITHAM | 916 | 02:03:15 | 866 | 01:58:51 | 190 | F | 128 | FSNR | UNATT |
| 1169 | MARY | LEE | 917 | 02:03:18 | 907 | 02:00:22 | 191 | F | 129 | FSNR | UNATT |
| 34 | JANET | HARTLEY | 918 | 02:03:20 | 918 | 02:00:39 | 192 | F | 48 | F40 | UNATT |
| 688 | CAROLYN | BROWN | 919 | 02:03:22 | 958 | 02:02:10 | 193 | F | 15 | F50 | UNATT |
| 981 | CHRISTOPHER | HAMPSON | 920 | 02:03:25 | 901 | 02:00:16 | 727 | M | 388 | MSNR | UNATT |
| 826 | JOHN | FRENCH | 921 | 02:03:30 | 922 | 02:00:50 | 728 | M | 238 | M40 | UNATT |
| 88 | LYNN | TAYLOR | 922 | 02:03:32 | 967 | 02:02:39 | 194 | F | 49 | F40 | ABBEY RUNNERS |
| 1666 | KATH | SMITH | 923 | 02:03:34 | 887 | 01:59:37 | 195 | F | 16 | F50 | CARLISLE TRI CLUB |
| 1664 | MARGARET | LOWIS | 924 | 02:03:34 | 888 | 01:59:37 | 196 | F | 17 | F50 | CARLISLE TRI CLUB |
| 436 | SHARRON | CLARK | 925 | 02:03:38 | 883 | 01:59:33 | 197 | F | 130 | FSNR | WIGTON ROAD RUNNERS |
| 1102 | PATRICIA | WHITE | 926 | 02:03:45 | 945 | 02:01:40 | 198 | F | 18 | F50 | UNATT |
| 725 | ELIZABETH | TURNER | 927 | 02:03:47 | 869 | 01:59:05 | 199 | F | 50 | F40 | UNATT |
| 29 | KAREN | TAMBLIN | 928 | 02:03:48 | 939 | 02:01:28 | 200 | F | 131 | FSNR | UNATT |
| 23 | HELEN | BUNN | 929 | 02:03:48 | 938 | 02:01:28 | 201 | F | 132 | FSNR | UNATT |
| 1663 | ANDREW | SMITH | 930 | 02:03:52 | 978 | 02:03:10 | 729 | M | 389 | MSNR | BORDER HARRIERS |
| 1318 | DAVID | FRANCIS | 931 | 02:03:53 | 969 | 02:02:42 | 730 | M | 76 | M50 | UNATT |
| 647 | JACKIE | AISTON | 932 | 02:03:53 | 891 | 01:59:54 | 202 | F | 51 | F40 | UNATT |
| 903 | ANGUS | ASHMAN | 933 | 02:03:58 | 929 | 02:01:06 | 731 | M | 239 | M40 | UNATT |
| 1066 | J | HEYWOOD | 934 | 02:03:59 | 908 | 02:00:22 | 732 | M | 390 | MSNR | UNATT |
| 789 | CHRISTIAN | PERCIVAL | 935 | 02:04:03 | 980 | 02:03:22 | 733 | M | 391 | MSNR | UNATT |
| 790 | PAUL | DONOHUE | 936 | 02:04:03 | 982 | 02:03:23 | 734 | M | 392 | MSNR | UNATT |
| 269 | SHARON | COLE | 937 | 02:04:04 | 931 | 02:01:07 | 203 | F | 133 | FSNR | UNATT |
| 421 | CAROLINE | HOUGHTON | 938 | 02:04:04 | 899 | 02:00:15 | 204 | F | 134 | FSNR | PENNY LANE STRIDERS |
| 1418 | VICTORIA | EGE | 939 | 02:04:05 | 968 | 02:02:41 | 205 | F | 135 | FSNR | UNATT |
| 1036 | NATALIE | MCGUFFIE | 940 | 02:04:12 | 911 | 02:00:31 | 206 | F | 136 | FSNR | UNATT |
| 1035 | ALISTER | MCGUFFIE | 941 | 02:04:13 | 912 | 02:00:31 | 735 | M | 393 | MSNR | UNATT |
| 1638 | CAMERON | KAY | 942 | 02:04:15 | 949 | 02:01:46 | 736 | M | 394 | MSNR | UNATT |
| 1693 | ANNA | LIGHTFOOT | 943 | 02:04:15 | 977 | 02:03:03 | 207 | F | 137 | FSNR | UNATT |
| 1692 | PAUL | UPEX | 944 | 02:04:15 | 976 | 02:03:03 | 737 | M | 395 | MSNR | UNATT |
| 718 | H.D. | BROWN | 945 | 02:04:17 | 970 | 02:02:42 | 208 | F | 52 | F40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 690 | STEPHEN | HARBACH | 946 | 02:04:20 | 985 | 02:03:33 | 738 | M | 240 | M40 | UNATT |
| 1784 | FAY | EASTWOOD | 947 | 02:04:23 | 987 | 02:03:42 | 209 | F | 138 | FSNR | UNATT |
| 1783 | MICHAEL | DUNSTON | 948 | 02:04:23 | 988 | 02:03:43 | 739 | M | 396 | MSNR | UNATT |
| 575 | DAVID | TROMANS | 949 | 02:04:24 | 943 | 02:01:37 | 740 | M | 241 | M40 | UNATT |
| 574 | CLARE | TROMANS | 950 | 02:04:25 | 944 | 02:01:37 | 210 | F | 139 | FSNR | UNATT |
| 946 | KELLY | CROSBIE | 951 | 02:04:25 | 921 | 02:00:46 | 211 | F | 140 | FSNR | UNATT |
| 542 | BRIDGET | HORNSBY SMITH | 952 | 02:04:26 | 935 | 02:01:18 | 212 | F | 141 | FSNR | UNATT |
| 452 | HEATHER | GLEGG | 953 | 02:04:28 | 915 | 02:00:32 | 213 | F | 53 | F40 | UNATT |
| 49 | PAUL | BANASZKIEWICZ | 954 | 02:04:31 | 871 | 01:59:11 | 741 | M | 242 | M40 | UNATT |
| 544 | ALISTAIR | HOWES | 955 | 02:04:33 | 890 | 01:59:51 | 742 | M | 243 | M40 | UNATT |
| 1745 | MARTIN | TYSON | 956 | 02:04:34 | 984 | 02:03:31 | 743 | M | 397 | MSNR | UNATT |
| 1240 | GREG | MCNEISH | 957 | 02:04:37 | 903 | 02:00:18 | 744 | M | 398 | MSNR | UNATT |
| 1513 | STEVE | MELLOWS | 958 | 02:04:37 | 947 | 02:01:42 | 745 | M | 244 | M40 | UNATT |
| 1365 | JENNY | BELL | 959 | 02:04:38 | 981 | 02:03:22 | 214 | F | 54 | F40 | UNATT |
| 136 | PETER | IVINSON | 960 | 02:04:41 | 955 | 02:02:07 | 746 | M | 399 | MSNR | UNATT |
| 522 | JAMES | LIGHTFOOT | 961 | 02:04:45 | 902 | 02:00:17 | 747 | M | 400 | MSNR | UNATT |
| 1003 | TIM | CATTON | 962 | 02:04:49 | 940 | 02:01:31 | 748 | M | 401 | MSNR | UNATT |
| 1457 | MARTIN | ELDON | 963 | 02:04:50 | 934 | 02:01:14 | 749 | M | 402 | MSNR | UNATT |
| 569 | RUTH | BURNS | 964 | 02:04:52 | 965 | 02:02:32 | 215 | F | 19 | F50 | LANCASTER & MORECAMBE |
| 840 | STEVE | LANCASTER | 965 | 02:04:53 | 974 | 02:02:58 | 750 | M | 245 | M40 | UNATT |
| 943 | STUART | MILLER | 966 | 02:05:00 | 910 | 02:00:28 | 751 | M | 403 | MSNR | UNATT |
| 627 | STEPHEN | BRAITHWAITE | 967 | 02:05:04 | 916 | 02:00:36 | 752 | M | 404 | MSNR | UNATT |
| 1518 | PAUL | BUTTON | 968 | 02:05:08 | 941 | 02:01:34 | 753 | M | 77 | M50 | UNATT |
| 640 | STEVEN | ULLYART | 969 | 02:05:11 | 971 | 02:02:45 | 754 | M | 405 | MSNR | UNATT |
| 1561 | NEIL | IRWIN | 970 | 02:05:12 | 900 | 02:00:15 | 755 | M | 246 | M40 | UNATT |
| 267 | GORDON | ADAMSON | 971 | 02:05:16 | 937 | 02:01:23 | 756 | M | 247 | M40 | UNATT |
| 1749 | GARY | WILSON | 972 | 02:05:18 | 986 | 02:03:38 | 757 | M | 248 | M40 | UNATT |
| 1205 | SHAUN | DRINKWATER | 973 | 02:05:21 | 990 | 02:03:48 | 758 | M | 249 | M40 | UNATT |
| 1348 | DAVID | BENN | 974 | 02:05:22 | 948 | 02:01:44 | 759 | M | 406 | MSNR | UNATT |
| 1517 | MATTHEW | MAVIR | 975 | 02:05:27 | 913 | 02:00:31 | 760 | M | 407 | MSNR | UNATT |
| 1061 | STEPHEN | WARWICK | 976 | 02:05:28 | 994 | 02:03:55 | 761 | M | 408 | MSNR | UNATT |
| 1260 | JACQUELINE | OTIEND | 977 | 02:05:32 | 1005 | 02:04:36 | 216 | F | 142 | FSNR | UNATT |
| 1037 | JIM | PAGE | 978 | 02:05:33 | 956 | 02:02:08 | 762 | M | 250 | M40 | UNATT |
| 1119 | MANDY | EVILL | 979 | 02:05:37 | 993 | 02:03:51 | 217 | F | 20 | F50 | UNATT |
| 1214 | THOMAS | MELVIN | 980 | 02:05:39 | 1006 | 02:04:36 | 763 | M | 409 | MSNR | UNATT |



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|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 227 | CY | DAVIES | 981 | 02:05:40 | 1024 | 02:05:19 | 764 | M | 410 | MSNR | UNATT |
| 192 | MORAG | DONOGHUE | 982 | 02:05:41 | 964 | 02:02:24 | 218 | F | 55 | F40 | UNATT |
| 1771 | RICHARD | GALLACHER | 983 | 02:05:44 | 1015 | 02:05:05 | 765 | M | 251 | M40 | UNATT |
| 256 | KENNY | WEIR | 984 | 02:05:50 | 1013 | 02:04:56 | 766 | M | 78 | M50 | UNATT |
| 1276 | JAMES | IRVING | 985 | 02:05:55 | 959 | 02:02:11 | 767 | M | 411 | MSNR | UNATT |
| 863 | COLIN | GALLOWAY | 986 | 02:05:56 | 1031 | 02:05:39 | 768 | M | 412 | MSNR | UNATT |
| 170 | COLIN | JAGGARD | 987 | 02:05:59 | 1035 | 02:05:42 | 769 | M | 413 | MSNR | UNATT |
| 1135 | CAROLE | SCHULTZ | 988 | 02:06:01 | 991 | 02:03:50 | 219 | F | 21 | F50 | SOUTH RIBBLE RUNNERS |
| 619 | DAVID | HANDYSIDE | 989 | 02:06:02 | 1008 | 02:04:39 | 770 | M | 414 | MSNR | UNATT |
| 1040 | MARCIA | FIRTH | 990 | 02:06:09 | 1033 | 02:05:41 | 220 | F | 143 | FSNR | UNATT |
| 1838 | MALLY | NICHOLSON | 991 | 02:06:18 | 1039 | 02:05:51 | 771 | M | 252 | M40 | UNATT |
| 583 | DIANNE | HALLIDAY | 992 | 02:06:18 | 953 | 02:02:04 | 221 | F | 56 | F40 | UNATT |
| 451 | JULLIE ANN | JOHNSTONE | 993 | 02:06:21 | 1003 | 02:04:30 | 222 | F | 57 | F40 | UNATT |
| 752 | CLARE | THOMPSON | 994 | 02:06:22 | 963 | 02:02:23 | 223 | F | 144 | FSNR | UNATT |
| 1244 | EMMA | SIMPSON | 995 | 02:06:22 | 962 | 02:02:23 | 224 | F | 145 | FSNR | UNATT |
| 204 | CAROLINE | HODGSON | 996 | 02:06:28 | 1029 | 02:05:37 | 225 | F | 146 | FSNR | UNATT |
| 1552 | M J | FELL | 997 | 02:06:30 | 989 | 02:03:45 | 772 | M | 415 | MSNR | UNATT |
| 1428 | ALYSON | ASPIN | 998 | 02:06:36 | 1048 | 02:06:03 | 226 | F | 147 | FSNR | UNATT |
| 265 | VICKI | WIGHTMAN | 999 | 02:06:37 | 1041 | 02:05:52 | 227 | F | 148 | FSNR | UNATT |
| 1398 | CAT | BUTLER | 1000 | 02:06:37 | 1000 | 02:04:26 | 228 | F | 149 | FSNR | UNATT |
| 549 | PHILIPPA | WOOD | 1001 | 02:06:37 | 1042 | 02:05:53 | 229 | F | 150 | FSNR | BORDER HARRIERS |
| 142 | RICHARD | CASSON | 1002 | 02:06:45 | 1054 | 02:06:19 | 773 | M | 416 | MSNR | UNATT |
| 445 | FIONA | WRIGTH | 1003 | 02:06:55 | 972 | 02:02:53 | 230 | F | 58 | F40 | UNATT |
| 1265 | CHRISTOPHER | VEVER | 1004 | 02:07:01 | 954 | 02:02:04 | 774 | M | 417 | MSNR | UNATT |
| 1303 | KEITH | THOMPSON | 1005 | 02:07:09 | 973 | 02:02:56 | 775 | M | 79 | M50 | UNATT |
| 963 | BRIAN | ALDERSON | 1006 | 02:07:11 | 1016 | 02:05:05 | 776 | M | 418 | MSNR | UNATT |
| 1627 | DAVID | DONAGHUE | 1007 | 02:07:16 | 1051 | 02:06:14 | 777 | M | 253 | M40 | UNATT |
| 648 | JAMES | BEWICK | 1008 | 02:07:17 | 975 | 02:02:58 | 778 | M | 27 | M60 | UNATT |
| 1111 | JAMES | FORSYTH | 1009 | 02:07:18 | 1022 | 02:05:15 | 779 | M | 419 | MSNR | UNATT |
| 802 | SARAH | EASTWOOD | 1010 | 02:07:18 | 995 | 02:03:57 | 231 | F | 151 | FSNR | UNATT |
| 527 | TOM S | HARRINGTON | 1011 | 02:07:23 | 966 | 02:02:37 | 780 | M | 80 | M50 | UNATT |
| 1256 | ALEX | ROBINSON | 1012 | 02:07:28 | 1061 | 02:06:39 | 232 | F | 152 | FSNR | UNATT |
| 738 | COLIN | LISLE | 1013 | 02:07:29 | 979 | 02:03:13 | 781 | M | 254 | M40 | UNATT |
| 1857 | CAROLINE | PAISLEY | 1014 | 02:07:30 | 957 | 02:02:09 | 233 | F | 153 | FSNR | UNATT |
| 546 | KIRSTY | BARKER | 1015 | 02:07:32 | 1037 | 02:05:50 | 234 | F | 59 | F40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------|
| 1275 | LESLEY | DIXON | 1016 | 02:07:32 | 1040 | 02:05:51 | 235 | F | 60 | F40 | UNATT |
| 732 | RICHARD | MORRIS | 1017 | 02:07:36 | 1062 | 02:06:42 | 782 | M | 81 | M50 | UNATT |
| 469 | KERRIE | LOW | 1018 | 02:07:37 | 1019 | 02:05:11 | 236 | F | 154 | FSNR | UNATT |
| 781 | JIM | MITCHELL | 1019 | 02:07:37 | 1044 | 02:05:54 | 783 | M | 28 | M60 | UNATT |
| 1550 | IAN | MITCHELL | 1020 | 02:07:38 | 1075 | 02:07:15 | 784 | M | 29 | M60 | UNATT |
| 1344 | T F | FORTUNE | 1021 | 02:07:38 | 1038 | 02:05:50 | 785 | M | 30 | M60 | UNATT |
| 127 | STUART | COOPER | 1022 | 02:07:41 | 1001 | 02:04:28 | 786 | M | 420 | MSNR | UNATT |
| 1626 | CLARE | TONKIN | 1023 | 02:07:41 | 1004 | 02:04:32 | 237 | F | 155 | FSNR | UNATT |
| 113 | KIM | RILEY | 1024 | 02:07:46 | 1069 | 02:07:01 | 238 | F | 156 | FSNR | UNATT |
| 1038 | DARREN | THOMPSON | 1025 | 02:07:47 | 1020 | 02:05:13 | 787 | M | 421 | MSNR | UNATT |
| 1352 | ROY | BROWN | 1026 | 02:07:47 | 1055 | 02:06:25 | 788 | M | 422 | MSNR | UNATT |
| 805 | BECKY | FARNDON | 1027 | 02:07:50 | 1047 | 02:05:59 | 239 | F | 157 | FSNR | UNATT |
| 934 | MARY | ELLIOTT | 1028 | 02:07:50 | 1066 | 02:06:53 | 240 | F | 158 | FSNR | KESWICK AC |
| 910 | ANTHONY | ORR | 1029 | 02:07:54 | 1011 | 02:04:50 | 789 | M | 255 | M40 | UNATT |
| 1798 | DAVID | LEWIS | 1030 | 02:07:55 | 1025 | 02:05:24 | 790 | M | 256 | M40 | UNATT |
| 1789 | REBECCA | MAIDMENT | 1031 | 02:07:58 | 1034 | 02:05:41 | 241 | F | 159 | FSNR | ST BEES TRIERS |
| 1280 | PHIL | OWEN | 1032 | 02:08:01 | 992 | 02:03:50 | 791 | M | 423 | MSNR | UNATT |
| 1586 | STEPHEN | BELL | 1033 | 02:08:03 | 1082 | 02:07:38 | 792 | M | 424 | MSNR | UNATT |
| 1658 | MIRANDA | HOUSBY | 1034 | 02:08:05 | 1018 | 02:05:10 | 242 | F | 160 | FSNR | UNATT |
| 1562 | LUCY | COWTON | 1035 | 02:08:07 | 1057 | 02:06:27 | 243 | F | 61 | F40 | UNATT |
| 1856 | BRIAN | STEPHENS | 1036 | 02:08:11 | 996 | 02:04:10 | 793 | M | 31 | M60 | UNATT |
| 1043 | PHIL | EDGE | 1037 | 02:08:17 | 1058 | 02:06:34 | 794 | M | 257 | M40 | UNATT |
| 887 | SCOTT | NEWBIGGIN | 1038 | 02:08:18 | 1053 | 02:06:17 | 795 | M | 425 | MSNR | UNATT |
| 1284 | CARL | FURNESS | 1039 | 02:08:19 | 1056 | 02:06:26 | 796 | M | 426 | MSNR | UNATT |
| 1259 | TONY | CORK | 1040 | 02:08:21 | 1078 | 02:07:25 | 797 | M | 258 | M40 | UNATT |
| 1252 | JONATHAN | OGILVIE | 1041 | 02:08:22 | 1068 | 02:07:00 | 798 | M | 427 | MSNR | UNATT |
| 1263 | KEVIN | GREEN | 1042 | 02:08:22 | 983 | 02:03:27 | 799 | M | 82 | M50 | UNATT |
| 865 | BRIAN | TREBILLCOCK | 1043 | 02:08:29 | 999 | 02:04:13 | 800 | M | 259 | M40 | UNATT |
| 1338 | ANDREW | HOLLIMAN | 1044 | 02:08:29 | 1002 | 02:04:29 | 801 | M | 83 | M50 | UNATT |
| 1766 | BARRY | RICHARDSON | 1045 | 02:08:29 | 998 | 02:04:13 | 802 | M | 260 | M40 | UNATT |
| 496 | YVONNE | JEANES | 1046 | 02:08:31 | 1081 | 02:07:33 | 244 | F | 161 | FSNR | UNATT |
| 1136 | PHILOMENA | LEE | 1047 | 02:08:32 | 1009 | 02:04:39 | 245 | F | 162 | FSNR | UNATT |
| 1553 | NATALIE | BROWN | 1048 | 02:08:33 | 1072 | 02:07:11 | 246 | F | 163 | FSNR | UNATT |
| 1467 | GAVIN | ROONEY | 1049 | 02:08:38 | 997 | 02:04:12 | 803 | M | 428 | MSNR | UNATT |
| 1590 | PAUL | ZANACCHI | 1050 | 02:08:38 | 1012 | 02:04:53 | 804 | M | 429 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|------------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 815 | SARAH | PURDHAM | 1051 | 02:08:38 | 1092 | 02:08:17 | 247 | F | 164 | FSNR | UNATT |
| 96 | CORINNA | SIDEBOTTOM | 1052 | 02:08:48 | 1045 | 02:05:54 | 248 | F | 165 | FSNR | UNATT |
| 1217 | ADAM | PATTISON | 1053 | 02:08:49 | 1094 | 02:08:23 | 805 | M | 430 | MSNR | UNATT |
| 171 | MICHELLE | ARMSTRONG | 1054 | 02:08:52 | 1049 | 02:06:07 | 249 | F | 62 | F40 | NORTH EAST VETS A C |
| 473 | PHILIP | HARDEN | 1055 | 02:09:06 | 1007 | 02:04:38 | 806 | M | 431 | MSNR | UNATT |
| 799 | ANGLEA | RUSSELL | 1056 | 02:09:07 | 1027 | 02:05:36 | 250 | F | 63 | F40 | LOW FELL RC |
| 633 | JANINE | CARTMELL | 1057 | 02:09:07 | 1052 | 02:06:16 | 251 | F | 64 | F40 | BARROW&FURNESS STRIDERS |
| 135 | STEVE | CRYER | 1058 | 02:09:10 | 1111 | 02:08:57 | 807 | M | 32 | M60 | UNATT |
| 1308 | JO | LEWIS | 1059 | 02:09:12 | 1059 | 02:06:34 | 252 | F | 65 | F40 | UNATT |
| 1307 | JOHN | LEWIS | 1060 | 02:09:12 | 1060 | 02:06:34 | 808 | M | 261 | M40 | UNATT |
| 1216 | JACK | ODDIE | 1061 | 02:09:17 | 1023 | 02:05:17 | 809 | M | 432 | MSNR | UNATT |
| 1565 | LORRAINE | BROOKS | 1062 | 02:09:19 | 1084 | 02:07:47 | 253 | F | 22 | F50 | UNATT |
| 880 | ROGER | JOHNSON | 1063 | 02:09:22 | 1112 | 02:09:02 | 810 | M | 84 | M50 | UNATT |
| 1149 | CRAIG | THOMSON | 1064 | 02:09:23 | 1076 | 02:07:15 | 811 | M | 262 | M40 | ALLEN VALLEY STRIDERS |
| 1366 | MARK | GORMAN | 1065 | 02:09:25 | 1010 | 02:04:46 | 812 | M | 263 | M40 | UNATT |
| 277 | BRIAN | GORMAN | 1066 | 02:09:25 | 1073 | 02:07:13 | 813 | M | 85 | M50 | UNATT |
| 911 | LINDA | GILLESPIE | 1067 | 02:09:26 | 1080 | 02:07:31 | 254 | F | 23 | F50 | UNATT |
| 731 | AMANDA | FLEMING-WILLIAMS | 1068 | 02:09:27 | 1109 | 02:08:54 | 255 | F | 166 | FSNR | UNATT |
| 1301 | TONY | CARRIGAN | 1069 | 02:09:30 | 1067 | 02:06:59 | 814 | M | 433 | MSNR | UNATT |
| 1702 | YVONNE | MCKENZIE | 1070 | 02:09:31 | 1036 | 02:05:43 | 256 | F | 66 | F40 | UNATT |
| 1414 | CHRISTINE | SWARBRICK | 1071 | 02:09:32 | 1050 | 02:06:08 | 257 | F | 167 | FSNR | UNATT |
| 331 | LUCY | ELLMAN | 1072 | 02:09:33 | 1017 | 02:05:09 | 258 | F | 67 | F40 | TYNEDALE HARRIERS |
| 487 | DEBORAH | REDMOND | 1073 | 02:09:35 | 1077 | 02:07:24 | 259 | F | 68 | F40 | CUMBERLAND AC |
| 1622 | RICHARD | LLOYD | 1074 | 02:09:36 | 1032 | 02:05:40 | 815 | M | 86 | M50 | UNATT |
| 615 | CHRISTINE | REAY | 1075 | 02:09:37 | 1021 | 02:05:14 | 260 | F | 24 | F50 | UNATT |
| 1577 | ALEX | WALKER | 1076 | 02:09:40 | 1014 | 02:05:01 | 816 | M | 264 | M40 | UNATT |
| 1334 | DAVID | KIDD | 1077 | 02:09:49 | 1070 | 02:07:03 | 817 | M | 87 | M50 | UNATT |
| 1186 | MAUREEN | NELSON | 1078 | 02:09:49 | 1090 | 02:07:59 | 261 | F | 69 | F40 | UNATT |
| 1001 | SEAN | PALMER | 1079 | 02:09:50 | 1046 | 02:05:57 | 818 | M | 434 | MSNR | UNATT |
| 22 | JOHN | CHELTNAM | 1080 | 02:09:55 | 1026 | 02:05:32 | 819 | M | 88 | M50 | UNATT |
| 753 | SHIRLEY | JONES | 1081 | 02:09:58 | 1071 | 02:07:06 | 262 | F | 168 | FSNR | UNATT |
| 1292 | JACKIE | THOMPSON | 1082 | 02:10:00 | 1101 | 02:08:48 | 263 | F | 169 | FSNR | UNATT |
| 12 | SHARRON | HULLOCK | 1083 | 02:10:00 | 1063 | 02:06:47 | 264 | F | 170 | FSNR | UNATT |
| 1293 | TERI | BLYTHE | 1084 | 02:10:00 | 1102 | 02:08:49 | 265 | F | 171 | FSNR | UNATT |
| 807 | MIKE | HUNTER | 1085 | 02:10:02 | 1030 | 02:05:37 | 820 | M | 435 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------|
| 621 | STEPHEN | HALLIDAY | 1086 | 02:10:07 | 1043 | 02:05:53 | 821 | M | 89 | M50 | UNATT |
| 1071 | WILLIAM | MUIR | 1087 | 02:10:09 | 1126 | 02:09:59 | 822 | M | 90 | M50 | UNATT |
| 137 | MARK | LIGHTFOOT | 1088 | 02:10:16 | 1028 | 02:05:36 | 823 | M | 436 | MSNR | UNATT |
| 1653 | BRIAN | KENNEDY | 1089 | 02:10:30 | 1086 | 02:07:53 | 824 | M | 265 | M40 | SETTLE HARRIERS |
| 1654 | SARAH | SENIOR | 1090 | 02:10:31 | 1087 | 02:07:54 | 266 | F | 70 | F40 | UNATT |
| 1631 | STEPHEN | BALCKWELL | 1091 | 02:10:33 | 1064 | 02:06:48 | 825 | M | 266 | M40 | UNATT |
| 955 | CORAL | BURGESS | 1092 | 02:10:43 | 1132 | 02:10:24 | 267 | F | 172 | FSNR | UNATT |
| 488 | MARK | GREAVES | 1093 | 02:10:45 | 1095 | 02:08:31 | 826 | M | 267 | M40 | CUMBERLAND AC |
| 1403 | ANDREW | GEARY | 1094 | 02:10:46 | 1130 | 02:10:20 | 827 | M | 437 | MSNR | UNATT |
| 525 | ANNE | POWER | 1095 | 02:10:47 | 1074 | 02:07:14 | 268 | F | 173 | FSNR | UNATT |
| 266 | S | RIELLY | 1096 | 02:10:50 | 1134 | 02:10:28 | 269 | F | 71 | F40 | UNATT |
| 1487 | MARIE | MCCAIG | 1097 | 02:10:57 | 1142 | 02:10:38 | 270 | F | 174 | FSNR | UNATT |
| 872 | DARREN | BARNES | 1098 | 02:11:03 | 1122 | 02:09:49 | 828 | M | 268 | M40 | UNATT |
| 1608 | ALLISON | SCOTT | 1099 | 02:11:05 | 1088 | 02:07:57 | 271 | F | 72 | F40 | UNATT |
| 1609 | JOHN | SCOTT | 1100 | 02:11:06 | 1089 | 02:07:57 | 829 | M | 269 | M40 | BRODER HARRIERS |
| 695 | STEPHEN | HOWARTH | 1101 | 02:11:08 | 1083 | 02:07:46 | 830 | M | 270 | M40 | UNATT |
| 1323 | IAN | HORNER | 1102 | 02:11:09 | 1079 | 02:07:28 | 831 | M | 438 | MSNR | UNATT |
| 624 | VICTORIA | TELFORD | 1103 | 02:11:14 | 1099 | 02:08:41 | 272 | F | 175 | FSNR | UNATT |
| 669 | DAVID | BRYAN | 1104 | 02:11:15 | 1104 | 02:08:51 | 832 | M | 439 | MSNR | UNATT |
| 668 | MELANIE | BRYAN | 1105 | 02:11:16 | 1105 | 02:08:51 | 273 | F | 176 | FSNR | BILDON RUNNERS |
| 956 | MAUREEN | MUIR | 1106 | 02:11:19 | 1150 | 02:11:00 | 274 | F | 177 | FSNR | UNATT |
| 1132 | PIERS | TUPMAN | 1107 | 02:11:24 | 1065 | 02:06:50 | 833 | M | 271 | M40 | UNATT |
| 8 | CATH | THORPE | 1108 | 02:11:33 | 1135 | 02:10:29 | 275 | F | 178 | FSNR | UNATT |
| 1544 | MELANIE | WESTGARTH | 1109 | 02:11:50 | 1157 | 02:11:17 | 276 | F | 179 | FSNR | UNATT |
| 1546 | VICTORIA | TURNBULL | 1110 | 02:11:50 | 1156 | 02:11:17 | 277 | F | 180 | FSNR | UNATT |
| 1133 | ALAN | HODGSON | 1111 | 02:11:51 | 1106 | 02:08:51 | 834 | M | 440 | MSNR | UNATT |
| 1530 | DAVID | MOORAT | 1112 | 02:11:53 | 1116 | 02:09:29 | 835 | M | 2 | M70 | UNATT |
| 1053 | ANDREW | BARTON | 1113 | 02:11:53 | 1137 | 02:10:29 | 836 | M | 441 | MSNR | UNATT |
| 1041 | KIRSTY | BARTON | 1114 | 02:11:53 | 1136 | 02:10:29 | 278 | F | 181 | FSNR | UNATT |
| 1031 | EILEEN | THOMSON | 1115 | 02:12:00 | 1093 | 02:08:19 | 279 | F | 73 | F40 | UNATT |
| 290 | KAREN | NORMAN-THORPE | 1116 | 02:12:02 | 1103 | 02:08:49 | 280 | F | 182 | FSNR | UNATT |
| 1582 | URSULA | LEONARD | 1117 | 02:12:04 | 1085 | 02:07:50 | 281 | F | 25 | F50 | UNATT |
| 401 | MARTIN | CROWTHER | 1118 | 02:12:05 | 1091 | 02:08:16 | 837 | M | 272 | M40 | UNATT |
| 1368 | J | PAGIN | 1119 | 02:12:13 | 1124 | 02:09:55 | | X | 442 | MSNR | UNATT |
| 1305 | LEE | TAYLOR | 1120 | 02:12:14 | 1125 | 02:09:55 | 838 | M | 443 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 369 | JOE | JOHNSTON | 1121 | 02:12:14 | 1160 | 02:11:25 | 839 | M | 444 | MSNR | UNATT |
| 1297 | NICOLA | CHANDLER | 1122 | 02:12:15 | 1096 | 02:08:34 | 282 | F | 183 | FSNR | UNATT |
| 1020 | HARRIET | CHAPPELL | 1123 | 02:12:15 | 1098 | 02:08:38 | 283 | F | 184 | FSNR | UNATT |
| 1104 | LAURA | MURDY | 1124 | 02:12:23 | 1100 | 02:08:43 | 284 | F | 185 | FSNR | UNATT |
| 685 | PHILLIP | MOORE | 1125 | 02:12:31 | 1172 | 02:11:53 | 840 | M | 445 | MSNR | UNATT |
| 1258 | ROSEMARY | TYSON | 1126 | 02:12:32 | 1097 | 02:08:37 | 285 | F | 186 | FSNR | UNATT |
| 622 | ELIZABETH | ATKINSON | 1127 | 02:12:34 | 1127 | 02:10:01 | 286 | F | 187 | FSNR | UNATT |
| 478 | HELEN | SMITH | 1128 | 02:12:37 | 1166 | 02:11:40 | 287 | F | 188 | FSNR | KESWICK AC |
| 95 | PETRINA | SIDEBOTTOM | 1129 | 02:12:39 | 1121 | 02:09:46 | 288 | F | 189 | FSNR | UNATT |
| 1093 | SEAN | WILLS | 1130 | 02:12:40 | 1178 | 02:12:00 | 841 | M | 446 | MSNR | UNATT |
| 1411 | ELSIE | MUMFORD | 1131 | 02:12:41 | 1145 | 02:10:49 | 289 | F | 74 | F40 | UNATT |
| 1306 | L | MITCHELL | 1132 | 02:12:44 | 1180 | 02:12:04 | 290 | F | 190 | FSNR | UNATT |
| 1319 | ROBIN | FRANCIS | 1133 | 02:12:44 | 1164 | 02:11:34 | 842 | M | 447 | MSNR | UNATT |
| 1652 | CHRISTINE | ALCOCK | 1134 | 02:12:46 | 1165 | 02:11:38 | 291 | F | 75 | F40 | CARLISLE TRI CLUB |
| 372 | ANTONY | REAY | 1135 | 02:12:46 | 1117 | 02:09:32 | 843 | M | 448 | MSNR | UNATT |
| 1647 | PAUL | TAYLOR | 1136 | 02:12:46 | 1133 | 02:10:24 | 844 | M | 273 | M40 | UNATT |
| 673 | PAULA | CLARKE | 1137 | 02:12:50 | 1138 | 02:10:29 | 292 | F | 76 | F40 | SOUTH RIBBLE RUNNERS |
| 1008 | GEOFF | HARRINGTON | 1138 | 02:12:57 | 1151 | 02:11:02 | 845 | M | 33 | M60 | CUMBERLAND AC |
| 412 | ROSE | TODHUNTER | 1139 | 02:12:58 | 1144 | 02:10:47 | 293 | F | 26 | F50 | ALLEN VALLEY STRIDERS |
| 801 | CHRISTOPHER | LUND | 1140 | 02:12:59 | 1154 | 02:11:14 | 846 | M | 449 | MSNR | UNATT |
| 529 | MARGARET | MASTERTON | 1141 | 02:13:07 | 1119 | 02:09:42 | 294 | F | 77 | F40 | UNATT |
| 1261 | JOHN | CHILTON | 1142 | 02:13:15 | 1120 | 02:09:43 | 847 | M | 450 | MSNR | UNATT |
| 391 | JANE | MILLER | 1143 | 02:13:19 | 1202 | 02:12:43 | 295 | F | 191 | FSNR | UNATT |
| 390 | JANE | MILLER | 1144 | 02:13:20 | 1203 | 02:12:43 | 296 | F | 192 | FSNR | UNATT |
| 343 | MIM | PORTER | 1145 | 02:13:25 | 1107 | 02:08:53 | 297 | F | 78 | F40 | UNATT |
| 201 | PETER | CREMINS | 1146 | 02:13:26 | 1123 | 02:09:51 | 848 | M | 274 | M40 | UNATT |
| 1300 | ANDREW | SEFTON | 1147 | 02:13:30 | 1176 | 02:11:59 | 849 | M | 451 | MSNR | UNATT |
| 1636 | MARC | ARMSTRONG | 1148 | 02:13:41 | 1139 | 02:10:29 | 850 | M | 452 | MSNR | UNATT |
| 1637 | IAN | ARMSTRONG | 1149 | 02:13:41 | 1140 | 02:10:29 | 851 | M | 91 | M50 | UNATT |
| 1129 | NIGEL | DEVLIN | 1150 | 02:13:42 | 1110 | 02:08:54 | 852 | M | 92 | M50 | UNATT |
| 600 | ALISON | LITTLE | 1151 | 02:13:44 | 1187 | 02:12:21 | 298 | F | 193 | FSNR | UNATT |
| 597 | JUDITH | HERON | 1152 | 02:13:44 | 1188 | 02:12:22 | 299 | F | 79 | F40 | UNATT |
| 1000 | FIONA | LITTLE | 1153 | 02:13:46 | 1108 | 02:08:53 | 300 | F | 194 | FSNR | UNATT |
| 447 | PETER | MARKEY | 1154 | 02:13:54 | 1209 | 02:13:02 | 853 | M | 34 | M60 | UNATT |
| 638 | ALASTAIR | LUNN | 1155 | 02:13:54 | 1131 | 02:10:23 | 854 | M | 93 | M50 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 1448 | ROBERT | BELLI | 1156 | 02:13:56 | 1113 | 02:09:16 | 855 | M | 453 | MSNR | UNATT |
| 1140 | SAM | MURRAY | 1157 | 02:13:58 | 1198 | 02:12:27 | 856 | M | 454 | MSNR | UNATT |
| 696 | DAVID | HIBBERT | 1158 | 02:13:59 | 1159 | 02:11:20 | 857 | M | 455 | MSNR | UNATT |
| 1351 | ALLY | FRANKLAND | 1159 | 02:14:04 | 1114 | 02:09:27 | 301 | F | 195 | FSNR | UNATT |
| 1350 | SHARON | JONES | 1160 | 02:14:05 | 1115 | 02:09:27 | 302 | F | 196 | FSNR | UNATT |
| 822 | ESTELLE | HODGES | 1161 | 02:14:06 | 1222 | 02:13:45 | 303 | F | 197 | FSNR | UNATT |
| 823 | CHRISTIAN | HODGES | 1162 | 02:14:07 | 1223 | 02:13:45 | 858 | M | 456 | MSNR | UNATT |
| 373 | SUSAN | JOHNSTON | 1163 | 02:14:07 | 1147 | 02:10:53 | 304 | F | 198 | FSNR | UNATT |
| 889 | JAMES | BLACKLOCK | 1164 | 02:14:08 | 1191 | 02:12:24 | 859 | M | 275 | M40 | UNATT |
| 109 | GLENN | ROTHERY | 1165 | 02:14:09 | 1193 | 02:12:25 | 860 | M | 457 | MSNR | UNATT |
| 78 | MICHAEL | MCALEAVEY | 1166 | 02:14:09 | 1192 | 02:12:24 | 861 | M | 276 | M40 | UNATT |
| 1196 | CRAIG | HATCH | 1167 | 02:14:10 | 1146 | 02:10:50 | 862 | M | 277 | M40 | UNATT |
| 504 | DAWN | HUNTER | 1168 | 02:14:14 | 1129 | 02:10:15 | 305 | F | 80 | F40 | UNATT |
| 1166 | ODESSA | MOSTACCI | 1169 | 02:14:14 | 1213 | 02:13:35 | 306 | F | 199 | FSNR | UNATT |
| 1165 | RANDA | ASSI | 1170 | 02:14:15 | 1215 | 02:13:36 | 307 | F | 200 | FSNR | UNATT |
| 1507 | JASON | HUDSON | 1171 | 02:14:17 | 1118 | 02:09:36 | 863 | M | 278 | M40 | UNATT |
| 645 | JUSTIN | HILL | 1172 | 02:14:20 | 1174 | 02:11:56 | 864 | M | 458 | MSNR | UNATT |
| 1558 | CLAIRE | CHANDLER | 1173 | 02:14:22 | 1143 | 02:10:41 | 308 | F | 201 | FSNR | UNATT |
| 1486 | GAYLE | SIMMET | 1174 | 02:14:23 | 1141 | 02:10:36 | 309 | F | 202 | FSNR | UNATT |
| 91 | SASKIA | ELIAS | 1175 | 02:14:27 | 1163 | 02:11:30 | 310 | F | 203 | FSNR | UNATT |
| 262 | CHRISTINE | BAKER | 1176 | 02:14:32 | 1128 | 02:10:07 | 311 | F | 81 | F40 | TYNEDALE HARRIERS |
| 1327 | SHAUN | MANCRIEF | 1177 | 02:14:32 | 1171 | 02:11:52 | 865 | M | 279 | M40 | UNATT |
| 907 | GILLIAN | DONALDSON | 1178 | 02:14:37 | 1155 | 02:11:16 | 312 | F | 82 | F40 | UNATT |
| 174 | ALICE | WORT | 1179 | 02:14:39 | 1224 | 02:13:46 | 313 | F | 204 | FSNR | UNATT |
| 1796 | GWYNETH | TAYLOR | 1180 | 02:14:41 | 1182 | 02:12:13 | 314 | F | 83 | F40 | UNATT |
| 602 | MARTIN | JOHNSON | 1181 | 02:14:47 | 1170 | 02:11:50 | 866 | M | 459 | MSNR | UNATT |
| 992 | LIAM | ONEIL | 1182 | 02:14:49 | 1153 | 02:11:04 | 867 | M | 460 | MSNR | UNATT |
| 1629 | STEVE | TONKIN | 1183 | 02:14:51 | 1167 | 02:11:41 | 868 | M | 280 | M40 | UNATT |
| 153 | KERRY | CLIFTON | 1184 | 02:14:52 | 1206 | 02:12:59 | 315 | F | 205 | FSNR | SOUTH RIBBLE RUNNERS |
| 35 | JASON | KNOWLES | 1185 | 02:15:00 | 1184 | 02:12:19 | 869 | M | 461 | MSNR | UNATT |
| 1614 | RICHARD | TURNER | 1186 | 02:15:02 | 1219 | 02:13:40 | 870 | M | 94 | M50 | UNATT |
| 1254 | GEOFFREY | WILSON | 1187 | 02:15:05 | 1161 | 02:11:27 | 871 | M | 35 | M60 | SPECTRUM STRIDERS |
| 1269 | IAN | GOODE | 1188 | 02:15:06 | 1242 | 02:14:43 | 872 | M | 462 | MSNR | UNATT |
| 1787 | NATALIE | KIDD | 1189 | 02:15:09 | 1204 | 02:12:55 | 316 | F | 206 | FSNR | UNATT |
| 124 | EWAN | MCCUTCHEON | 1190 | 02:15:12 | 1168 | 02:11:44 | 873 | M | 281 | M40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------------|
| 1854 | N | PARTINGTON | 1191 | 02:15:20 | 1230 | 02:14:07 | 874 | M | 282 | M40 | UNATT |
| 626 | ALAN | SOWERBY | 1192 | 02:15:24 | 1189 | 02:12:22 | 875 | M | 283 | M40 | UNATT |
| 94 | STEVE | TEASDALE | 1193 | 02:15:25 | 1244 | 02:14:53 | 876 | M | 463 | MSNR | UNATT |
| 1697 | RIA | LOWRIE | 1194 | 02:15:26 | 1234 | 02:14:17 | 317 | F | 207 | FSNR | UNATT |
| 743 | PAUL | TAYLOR | 1195 | 02:15:29 | 1190 | 02:12:22 | 877 | M | 464 | MSNR | UNATT |
| 380 | HELEN | MARNEY | 1196 | 02:15:30 | 1216 | 02:13:37 | 318 | F | 84 | F40 | UNATT |
| 240 | BRIAN | SCULLY | 1197 | 02:15:31 | 1207 | 02:12:59 | 878 | M | 3 | M70 | ACC RD RUNNERS |
| 433 | DENISE | RICHARDSON | 1198 | 02:15:32 | 1218 | 02:13:39 | 319 | F | 85 | F40 | UNATT |
| 1713 | FIONA | TODD | 1199 | 02:15:38 | 1196 | 02:12:26 | 320 | F | 208 | FSNR | UNATT |
| 915 | PAMELA | MORRIS | 1200 | 02:15:40 | 1245 | 02:14:53 | 321 | F | 209 | FSNR | HARE AND HOUNDS EDINBURGH |
| 1833 | KAREN | DUNBAR | 1201 | 02:15:42 | 1237 | 02:14:27 | 322 | F | 86 | F40 | UNATT |
| 1004 | RACHEL | JOHNSTON | 1202 | 02:15:44 | 1162 | 02:11:29 | 323 | F | 210 | FSNR | UNATT |
| 24 | DEBBIE | YOUNG | 1203 | 02:15:50 | 1246 | 02:15:13 | 324 | F | 87 | F40 | UNATT |
| 1776 | ANDREW | WILKINSON | 1204 | 02:15:51 | 1149 | 02:10:58 | 879 | M | 465 | MSNR | UNATT |
| 18 | RACHEL | BROADBENT | 1205 | 02:15:51 | 1148 | 02:10:58 | 325 | F | 211 | FSNR | UNATT |
| 506 | DAWN | WICKS | 1206 | 02:15:53 | 1217 | 02:13:38 | 326 | F | 212 | FSNR | UNATT |
| 1005 | PAUL | HERRON | 1207 | 02:15:54 | 1152 | 02:11:03 | 880 | M | 466 | MSNR | UNATT |
| 1830 | TOM | SALMON | 1208 | 02:15:57 | 1199 | 02:12:27 | 881 | M | 467 | MSNR | UNATT |
| 922 | JENNIFER | RUDDICK | 1209 | 02:15:59 | 1208 | 02:12:59 | 327 | F | 213 | FSNR | UNATT |
| 856 | ELAINE | WATSON | 1210 | 02:16:02 | 1183 | 02:12:16 | 328 | F | 214 | FSNR | UNATT |
| 1051 | EDDIE | CUNNINGHAM | 1211 | 02:16:02 | 1158 | 02:11:19 | 882 | M | 468 | MSNR | UNATT |
| 618 | GEMMA | FOLEY | 1212 | 02:16:11 | 1232 | 02:14:13 | 329 | F | 215 | FSNR | UNATT |
| 512 | MARJORIE | HELME | 1213 | 02:16:11 | 1229 | 02:13:56 | 330 | F | 2 | F60 | UNATT |
| 985 | DEBS | GARDNER | 1214 | 02:16:13 | 1205 | 02:12:55 | 331 | F | 88 | F40 | UNATT |
| 407 | SUSAN | SOWERBY | 1215 | 02:16:14 | 1240 | 02:14:34 | 332 | F | 216 | FSNR | UNATT |
| 1815 | CHRISTOPHER | WALKER | 1216 | 02:16:19 | 1250 | 02:15:41 | 883 | M | 469 | MSNR | UNATT |
| 1068 | STEVEN | GOLDING | 1217 | 02:16:21 | 1194 | 02:12:25 | 884 | M | 470 | MSNR | UNATT |
| 272 | DOT | AUTON | 1218 | 02:16:24 | 1197 | 02:12:26 | 333 | F | 89 | F40 | UNATT |
| 1641 | JOHN-PAUL | MCCANN | 1219 | 02:16:24 | 1175 | 02:11:58 | 885 | M | 471 | MSNR | UNATT |
| 493 | SARAH | ELSY | 1220 | 02:16:27 | 1251 | 02:15:42 | 334 | F | 217 | FSNR | UNATT |
| 629 | STEPHEN | REID | 1221 | 02:16:34 | 1212 | 02:13:33 | 886 | M | 284 | M40 | UNATT |
| 1728 | JULIE | CULLEN | 1222 | 02:16:38 | 1220 | 02:13:42 | 335 | F | 90 | F40 | UNATT |
| 1659 | RACHEL | JOHNSON | 1223 | 02:16:39 | 1221 | 02:13:43 | 336 | F | 218 | FSNR | UNATT |
| 106 | REBECCA | NOBLET | 1224 | 02:16:39 | 1185 | 02:12:19 | 337 | F | 219 | FSNR | RED ROSE RUNNERS |
| 1549 | STEPHEN | KELLEY | 1225 | 02:16:39 | 1186 | 02:12:19 | 887 | M | 36 | M60 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-----------------------|
| 691 | JANE | AMAKU | 1226 | 02:16:39 | 1169 | 02:11:48 | 338 | F | 91 | F40 | UNATT |
| 196 | CARMEL | WELCH | 1227 | 02:16:42 | 1173 | 02:11:53 | 339 | F | 92 | F40 | UNATT |
| 1171 | JAMES | TURNBULL | 1228 | 02:16:44 | 1177 | 02:11:59 | 888 | M | 472 | MSNR | UNATT |
| 341 | KEITH | WILKINSON | 1229 | 02:16:45 | 1181 | 02:12:07 | 889 | M | 473 | MSNR | UNATT |
| 1027 | WAYNE | DIXON | 1230 | 02:16:46 | 1201 | 02:12:40 | 890 | M | 474 | MSNR | UNATT |
| 570 | CRAIG | REAY | 1231 | 02:16:46 | 1179 | 02:12:01 | 891 | M | 475 | MSNR | UNATT |
| 1264 | PETER | HINCHCLIFFE | 1232 | 02:16:49 | 1233 | 02:14:16 | 892 | M | 95 | M50 | UNATT |
| 448 | CRAIG | MCDOUGALL | 1233 | 02:16:55 | 1195 | 02:12:25 | 893 | M | 476 | MSNR | UNATT |
| 239 | NICOLA | BELL | 1234 | 02:16:58 | 1200 | 02:12:36 | 340 | F | 220 | FSNR | TYNEDALE HARRIERS |
| 1126 | SUSAN | RAINE | 1235 | 02:17:13 | 1261 | 02:16:42 | 341 | F | 27 | F50 | WIGTON ROAD RUNNERS |
| 320 | LYNN | PEARSON | 1236 | 02:17:19 | 1231 | 02:14:08 | 342 | F | 221 | FSNR | UNATT |
| 563 | JULIE | GRAHAM | 1237 | 02:17:22 | 1256 | 02:16:04 | 343 | F | 93 | F40 | ALLEN VALLEY STRIDERS |
| 489 | ANTHONY | DOHERTY | 1238 | 02:17:23 | 1228 | 02:13:55 | 894 | M | 285 | M40 | UNATT |
| 322 | JULIE | ALLEN | 1239 | 02:17:36 | 1253 | 02:16:02 | 344 | F | 94 | F40 | UNATT |
| 291 | SUZANNE | KERR | 1240 | 02:17:37 | 1252 | 02:16:00 | 345 | F | 222 | FSNR | UNATT |
| 353 | CLAIRE | TITTERINGTON | 1241 | 02:17:38 | 1210 | 02:13:03 | 346 | F | 223 | FSNR | UNATT |
| 323 | PAUL | TITTERINGTON | 1242 | 02:17:39 | 1211 | 02:13:03 | 895 | M | 96 | M50 | UNATT |
| 443 | DOUG | HOWIESON | 1243 | 02:17:43 | 1273 | 02:17:11 | 896 | M | 286 | M40 | UNATT |
| 1142 | PAUL | MARTIN | 1244 | 02:17:44 | 1239 | 02:14:32 | 897 | M | 477 | MSNR | UNATT |
| 1138 | JOANNA | STANLEY | 1245 | 02:17:48 | 1214 | 02:13:35 | 347 | F | 224 | FSNR | UNATT |
| 971 | RICHARD | MORRIS | 1246 | 02:17:51 | 1238 | 02:14:27 | 898 | M | 287 | M40 | UNATT |
| 1170 | GARY | TEBBUTT | 1247 | 02:18:12 | 1225 | 02:13:46 | 899 | M | 97 | M50 | POCKLINGTON RUNNERS |
| 1847 | PAUL | TEBBUTT | 1248 | 02:18:12 | 1226 | 02:13:46 | 900 | M | 478 | MSNR | UNATT |
| 742 | GEMMA | DOREE | 1249 | 02:18:17 | 1235 | 02:14:26 | 348 | F | 225 | FSNR | UNATT |
| 1095 | PAUL | DOILEE | 1250 | 02:18:18 | 1236 | 02:14:26 | 901 | M | 98 | M50 | UNATT |
| 1762 | STEPHEN | BLACKWELL | 1251 | 02:18:21 | 1271 | 02:17:09 | 902 | M | 479 | MSNR | UNATT |
| 849 | JANNAYNE | MANUEL | 1252 | 02:18:22 | 1241 | 02:14:42 | 349 | F | 95 | F40 | UNATT |
| 42 | JOHN | STANKEVICIUS | 1253 | 02:18:25 | 1227 | 02:13:52 | 903 | M | 480 | MSNR | UNATT |
| 932 | GILLIAN | BUTTERFIELD | 1254 | 02:18:30 | 1247 | 02:15:20 | 350 | F | 96 | F40 | UNATT |
| 864 | KELLY | GULLEN | 1255 | 02:18:42 | 1259 | 02:16:14 | 351 | F | 226 | FSNR | UNATT |
| 1355 | LINDA | KELLY | 1256 | 02:18:44 | 1243 | 02:14:45 | 352 | F | 227 | FSNR | UNATT |
| 105 | MICHAEL | GRICE | 1257 | 02:18:46 | 1285 | 02:17:41 | 904 | M | 481 | MSNR | UNATT |
| 1770 | LENA | CURRY | 1258 | 02:18:56 | 1296 | 02:18:40 | 353 | F | 28 | F50 | CUMBERLAND AC |
| 1611 | LINDSEY | CLARK | 1259 | 02:18:57 | 1257 | 02:16:06 | 354 | F | 97 | F40 | UNATT |
| 722 | STUART | DAVID | 1260 | 02:18:57 | 1258 | 02:16:11 | 905 | M | 482 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------|
| 1396 | LISA | FRANCIS | 1261 | 02:19:01 | 1272 | 02:17:10 | 355 | F | 228 | FSNR | UNATT |
| 986 | BURJOR | LANGDANA | 1262 | 02:19:02 | 1262 | 02:16:43 | 906 | M | 288 | M40 | UNATT |
| 772 | CHRISTINE ANNI | FARNSWORTH | 1263 | 02:19:05 | 1263 | 02:16:48 | 356 | F | 29 | F50 | ELVERT STRIDERS |
| 1719 | ROBERT | DENBY | 1264 | 02:19:09 | 1249 | 02:15:27 | 907 | M | 483 | MSNR | UNATT |
| 606 | SARAH LOUISE | MILNE | 1265 | 02:19:13 | 1282 | 02:17:37 | 357 | F | 229 | FSNR | UNATT |
| 605 | IAN | MILNE | 1266 | 02:19:14 | 1281 | 02:17:36 | 908 | M | 289 | M40 | KESWICK AC |
| 1520 | LEANNE | DONALD | 1267 | 02:19:26 | 1292 | 02:18:28 | 358 | F | 230 | FSNR | UNATT |
| 747 | DOROTHY | THOMPSON | 1268 | 02:19:33 | 1269 | 02:17:05 | 359 | F | 30 | F50 | UNATT |
| 1846 | ALLAN | LACEY | 1269 | 02:19:33 | 1286 | 02:17:49 | 909 | M | 99 | M50 | UNATT |
| 1438 | DAVID | BALDIE | 1270 | 02:19:47 | 1287 | 02:18:11 | 910 | M | 484 | MSNR | UNATT |
| 1446 | PAUL | BRUMBY | 1271 | 02:19:49 | 1278 | 02:17:20 | 911 | M | 485 | MSNR | UNATT |
| 318 | HANNAH | KOZICH | 1272 | 02:19:54 | 1266 | 02:17:00 | 360 | F | 98 | F40 | UNATT |
| 456 | DARREN | KNOWLES | 1273 | 02:19:54 | 1265 | 02:17:00 | 912 | M | 290 | M40 | UNATT |
| 1401 | GAIL | OLIVER | 1274 | 02:20:02 | 1248 | 02:15:24 | 361 | F | 99 | F40 | UNATT |
| 1064 | CRAIG | HENDERSON | 1275 | 02:20:19 | 1298 | 02:19:11 | 913 | M | 291 | M40 | UNATT |
| 228 | ALAN | MAUN | 1276 | 02:20:20 | 1306 | 02:19:54 | 914 | M | 486 | MSNR | UNATT |
| 1045 | KEVIN | STANCIL | 1277 | 02:20:25 | 1277 | 02:17:18 | 915 | M | 487 | MSNR | UNATT |
| 980 | CLARE | WARD | 1278 | 02:20:31 | 1291 | 02:18:24 | 362 | F | 231 | FSNR | UNATT |
| 632 | JACQUELINE | WRIGHT | 1279 | 02:20:34 | 1254 | 02:16:02 | 363 | F | 232 | FSNR | UNATT |
| 631 | BARRY | WRIGTH | 1280 | 02:20:35 | 1255 | 02:16:02 | 916 | M | 488 | MSNR | UNATT |
| 11 | CHRIS | FORRESTER | 1281 | 02:20:39 | 1305 | 02:19:49 | 917 | M | 489 | MSNR | UNATT |
| 292 | NICOLA | KUKUC | 1282 | 02:20:40 | 1267 | 02:17:00 | 364 | F | 233 | FSNR | UNATT |
| 293 | CLAIRE | PATTERSON | 1283 | 02:20:40 | 1268 | 02:17:01 | 365 | F | 100 | F40 | CARLISLE TRI CLUB |
| 1193 | DAVID | TROUGHTON | 1284 | 02:20:42 | 1290 | 02:18:22 | 918 | M | 100 | M50 | UNATT |
| 636 | DAVID | BELL | 1285 | 02:20:45 | 1264 | 02:16:51 | 919 | M | 292 | M40 | UNATT |
| 635 | IZ | TAYLOR | 1286 | 02:21:02 | 1297 | 02:19:05 | 366 | F | 31 | F50 | UNATT |
| 1620 | RACHEL | LLOYD | 1287 | 02:21:04 | 1270 | 02:17:08 | 367 | F | 234 | FSNR | UNATT |
| 181 | JENINE | HARRISON | 1288 | 02:21:09 | 1279 | 02:17:23 | 368 | F | 235 | FSNR | UNATT |
| 979 | TRACEY | KENNEDY | 1289 | 02:21:11 | 1260 | 02:16:38 | 369 | F | 236 | FSNR | UNATT |
| 494 | SIMON | MCCALL | 1290 | 02:21:16 | 1312 | 02:20:18 | 920 | M | 490 | MSNR | UNATT |
| 750 | PETER | SHIELDS | 1291 | 02:21:34 | 1274 | 02:17:13 | 921 | M | 491 | MSNR | UNATT |
| 179 | DARREN | MOUNSEY | 1292 | 02:21:47 | 1280 | 02:17:33 | 922 | M | 492 | MSNR | UNATT |
| 9 | ANDREA | MCNAMEE | 1293 | 02:21:56 | 1275 | 02:17:17 | 370 | F | 237 | FSNR | UNATT |
| 444 | GILL | BREWER | 1294 | 02:21:56 | 1276 | 02:17:17 | 371 | F | 101 | F40 | UNATT |
| 278 | NIALL | KIERAN | 1295 | 02:21:57 | 1293 | 02:18:28 | 923 | M | 493 | MSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|-----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|---------------------|
| 526 | TONY | HELME | 1296 | 02:21:59 | 1301 | 02:19:43 | 924 | M | 37 | M60 | UNATT |
| 139 | ADAM | PENKETH | 1297 | 02:22:02 | 1302 | 02:19:46 | 925 | M | 293 | M40 | UNATT |
| 1146 | LEE | WILKINSON-BROWN | 1298 | 02:22:05 | 1307 | 02:19:56 | 926 | M | 494 | MSNR | HEATON HARRIERS |
| 1168 | DAVID | WILLIS | 1299 | 02:22:06 | 1308 | 02:19:57 | 927 | M | 101 | M50 | UNATT |
| 1167 | MICHELLE | MORE | 1300 | 02:22:06 | 1309 | 02:19:58 | 372 | F | 238 | FSNR | UNATT |
| 1178 | KAREN | FOSTER | 1301 | 02:22:17 | 1319 | 02:20:50 | 373 | F | 102 | F40 | UNATT |
| 839 | RUTH | LANCASTER | 1302 | 02:22:17 | 1314 | 02:20:22 | 374 | F | 103 | F40 | UNATT |
| 1836 | LISA | RITCHIE | 1303 | 02:22:25 | 1294 | 02:18:29 | 375 | F | 239 | FSNR | UNATT |
| 1025 | DAVID | NICHOLSON | 1304 | 02:22:27 | 1283 | 02:17:37 | 928 | M | 495 | MSNR | UNATT |
| 562 | SELINA | CROSS | 1305 | 02:22:28 | 1322 | 02:20:59 | 376 | F | 240 | FSNR | UNATT |
| 371 | CLAIRE | GRINT | 1306 | 02:22:28 | 1321 | 02:20:59 | 377 | F | 241 | FSNR | UNATT |
| 347 | KEVIN | NEEN | 1307 | 02:22:29 | 1284 | 02:17:39 | 929 | M | 294 | M40 | UNATT |
| 429 | CHRISTINE | ACKLAM | 1308 | 02:22:30 | 1295 | 02:18:36 | 378 | F | 242 | FSNR | WRN |
| 1386 | ADAM | COLLERTON | 1309 | 02:22:43 | 1304 | 02:19:48 | 930 | M | 295 | M40 | UNATT |
| 694 | JANE | GIBSON | 1310 | 02:22:47 | 1288 | 02:18:21 | 379 | F | 32 | F50 | TYNEDALE HARRIERS |
| 1377 | RICHARD | BULLIVANT | 1311 | 02:22:47 | 1325 | 02:21:17 | 931 | M | 496 | MSNR | UNATT |
| 1738 | MARIA | DIXON | 1312 | 02:22:52 | 1329 | 02:21:44 | 380 | F | 243 | FSNR | UNATT |
| 1424 | VICTORIA | TODHUNTER | 1313 | 02:22:52 | 1330 | 02:21:45 | 381 | F | 244 | FSNR | UNATT |
| 468 | ROGER | LOWANS | 1314 | 02:22:53 | 1289 | 02:18:21 | 932 | M | 38 | M60 | UNATT |
| 832 | KAREN | EVANS | 1315 | 02:22:55 | 1339 | 02:22:25 | 382 | F | 104 | F40 | UNATT |
| 1290 | SHARON | WRIGHT | 1316 | 02:22:59 | 1335 | 02:22:02 | 383 | F | 245 | FSNR | UNATT |
| 1 | ROBBIE | DEE | 1317 | 02:23:06 | 1299 | 02:19:14 | 933 | M | 497 | MSNR | UNATT |
| 1569 | PAMELA | MCGOWAN | 1318 | 02:23:32 | 1341 | 02:22:27 | 384 | F | 246 | FSNR | UNATT |
| 83 | HELEN | WOOD | 1319 | 02:23:34 | 1315 | 02:20:27 | 385 | F | 247 | FSNR | NORTHERN SOLE |
| 740 | LORNA | JENKINS | 1320 | 02:23:39 | 1352 | 02:23:12 | 386 | F | 248 | FSNR | UNATT |
| 761 | MANDY | SANDERSON | 1321 | 02:23:40 | 1353 | 02:23:13 | 387 | F | 249 | FSNR | UNATT |
| 1795 | GILL | HARVEY | 1322 | 02:23:44 | 1326 | 02:21:17 | 388 | F | 105 | F40 | UNATT |
| 422 | SHANE | KNOTT | 1323 | 02:23:53 | 1310 | 02:20:03 | 934 | M | 498 | MSNR | PENNY LANE STRIDERS |
| 346 | VERONICA | EILBECK | 1324 | 02:23:54 | 1364 | 02:23:52 | 389 | F | 106 | F40 | UNATT |
| 1471 | KATHRYN | FOWLES | 1325 | 02:24:01 | 1328 | 02:21:35 | 390 | F | 250 | FSNR | UNATT |
| 974 | NICOLA | ENGLISH | 1326 | 02:24:03 | 1316 | 02:20:29 | 391 | F | 251 | FSNR | UNATT |
| 474 | PHILIP JAMES | MCMANUS | 1327 | 02:24:07 | 1331 | 02:21:45 | 935 | M | 499 | MSNR | UNATT |
| 862 | DAVID | IRVING | 1328 | 02:24:10 | 1332 | 02:21:48 | 936 | M | 500 | MSNR | UNATT |
| 1786 | OMER | RADOF | 1329 | 02:24:10 | 1317 | 02:20:34 | 937 | M | 501 | MSNR | UNATT |
| 66 | TRACEY | CONNOLLY | 1330 | 02:24:10 | 1333 | 02:21:48 | 392 | F | 252 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------|
| 966 | MALCOLM | OXLEY | 1331 | 02:24:14 | 1300 | 02:19:38 | 938 | M | 502 | MSNR | UNATT |
| 152 | KATH | SALMONS | 1332 | 02:24:14 | 1338 | 02:22:08 | 393 | F | 253 | FSNR | UNATT |
| 1012 | HELENA | MCCRUDDEN | 1333 | 02:24:22 | 1303 | 02:19:47 | 394 | F | 254 | FSNR | UNATT |
| 588 | KEVIN | RAMSHAW | 1334 | 02:24:26 | 1359 | 02:23:42 | 939 | M | 503 | MSNR | UNATT |
| 1335 | KENNETH | LOWE | 1335 | 02:24:27 | 1342 | 02:22:29 | 940 | M | 102 | M50 | UNATT |
| 1086 | ALISON | WESTWORTH | 1336 | 02:24:28 | 1313 | 02:20:19 | 395 | F | 255 | FSNR | UNATT |
| 99 | JACKIE | MILLS | 1337 | 02:24:33 | 1362 | 02:23:51 | 396 | F | 107 | F40 | UNATT |
| 1330 | TIM | COLLINS | 1338 | 02:24:38 | 1334 | 02:21:54 | 941 | M | 296 | M40 | UNATT |
| 1375 | LIZ | BEST | 1339 | 02:24:45 | 1357 | 02:23:31 | 397 | F | 256 | FSNR | UNATT |
| 1602 | ANDREW | BERRAGAN | 1340 | 02:24:50 | 1311 | 02:20:05 | 942 | M | 504 | MSNR | UNATT |
| 1210 | NICOLA | HEWITT | 1341 | 02:24:52 | 1323 | 02:20:59 | 398 | F | 257 | FSNR | UNATT |
| 1437 | ALISON | NORDON | 1342 | 02:24:52 | 1363 | 02:23:51 | 399 | F | 258 | FSNR | UNATT |
| 1683 | GARETH | GRAHAM | 1343 | 02:24:58 | 1318 | 02:20:41 | 943 | M | 505 | MSNR | UNATT |
| 1209 | DOROTHY | HEWITT | 1344 | 02:25:03 | 1324 | 02:21:09 | 400 | F | 33 | F50 | UNATT |
| 713 | JILL | HANDS | 1345 | 02:25:08 | 1355 | 02:23:17 | 401 | F | 259 | FSNR | UNATT |
| 678 | JANE | BLUNDELL | 1346 | 02:25:08 | 1354 | 02:23:17 | 402 | F | 34 | F50 | UNATT |
| 1585 | TONY | PEARS | 1347 | 02:25:13 | 1373 | 02:24:40 | 944 | M | 506 | MSNR | UNATT |
| 1088 | CLAIRE | MCAVOY | 1348 | 02:25:20 | 1374 | 02:24:42 | 403 | F | 260 | FSNR | UNATT |
| 560 | JO | HUTCHINSON | 1349 | 02:25:21 | 1367 | 02:24:08 | 404 | F | 3 | F60 | TRIATHLON CLUB |
| 1775 | YVONNE | CLEMENT | 1350 | 02:25:25 | 1372 | 02:24:32 | 405 | F | 108 | F40 | UNATT |
| 1321 | DAVID | STAINTON | 1351 | 02:25:26 | 1349 | 02:23:01 | 945 | M | 507 | MSNR | UNATT |
| 28 | ANDREW | SPROAT | 1352 | 02:25:33 | 1345 | 02:22:53 | 946 | M | 508 | MSNR | UNATT |
| 757 | RAYMENT | NEALE | 1353 | 02:25:45 | 1376 | 02:24:51 | 947 | M | 103 | M50 | UNATT |
| 183 | KIRSTY | PEARSON | 1354 | 02:25:48 | 1378 | 02:24:56 | 406 | F | 261 | FSNR | UNATT |
| 182 | ADAM | PEARSON | 1355 | 02:25:48 | 1377 | 02:24:55 | 948 | M | 509 | MSNR | UNATT |
| 507 | PHILIP | ALLISON | 1356 | 02:25:49 | 1320 | 02:20:55 | 949 | M | 510 | MSNR | UNATT |
| 1811 | ANTHONY | HOCKEY | 1357 | 02:25:50 | 1356 | 02:23:26 | 950 | M | 511 | MSNR | UNATT |
| 978 | YVONNE | GENTLES | 1358 | 02:26:05 | 1327 | 02:21:31 | 407 | F | 262 | FSNR | UNATT |
| 65 | ELIZABETH | MORGAN | 1359 | 02:26:07 | 1343 | 02:22:49 | 408 | F | 263 | FSNR | UNATT |
| 462 | LISA | ATKINSON | 1360 | 02:26:10 | 1365 | 02:24:07 | 409 | F | 264 | FSNR | UNATT |
| 461 | KEITH | ATKINSON | 1361 | 02:26:11 | 1366 | 02:24:07 | 951 | M | 512 | MSNR | UNATT |
| 68 | ALEXANDRA | BATTERSBY | 1362 | 02:26:25 | 1358 | 02:23:37 | 410 | F | 265 | FSNR | UNATT |
| 1187 | DAVID | LITTLE | 1363 | 02:26:36 | 1340 | 02:22:25 | 952 | M | 297 | M40 | UNATT |
| 1222 | BRENDA | MAGNAY | 1364 | 02:26:38 | 1336 | 02:22:02 | 411 | F | 109 | F40 | UNATT |
| 1707 | NICOLA | MCPHEE | 1365 | 02:26:39 | 1337 | 02:22:02 | 412 | F | 266 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 1703 | CLAIRE | MCKENZIE | 1366 | 02:26:47 | 1348 | 02:22:59 | 413 | F | 267 | FSNR | UNATT |
| 264 | R | WILKINSON | 1367 | 02:27:03 | 1344 | 02:22:51 | 953 | M | 39 | M60 | UNATT |
| 470 | JOANNE | BENN | 1368 | 02:27:30 | 1361 | 02:23:50 | 414 | F | 268 | FSNR | UNATT |
| 1224 | ANNA | DOUGLAS | 1369 | 02:27:41 | 1360 | 02:23:47 | 415 | F | 269 | FSNR | UNATT |
| 71 | PENELOPE | LOVEGROVE | 1370 | 02:27:42 | 1350 | 02:23:02 | 416 | F | 4 | F60 | UNATT |
| 1123 | JOHN | TAYLOR | 1371 | 02:27:44 | 1346 | 02:22:58 | 954 | M | 298 | M40 | UNATT |
| 1124 | CLAIRE | GLOVER | 1372 | 02:27:44 | 1347 | 02:22:58 | 417 | F | 270 | FSNR | UNATT |
| 870 | ANDREA | HETHERINGTON | 1373 | 02:27:52 | 1392 | 02:26:41 | 418 | F | 110 | F40 | UNATT |
| 1820 | DEAN | LIGHTFOOT | 1374 | 02:27:53 | 1351 | 02:23:10 | 955 | M | 513 | MSNR | UNATT |
| 1750 | PHILIP | PRATT | 1375 | 02:27:53 | 1393 | 02:26:54 | 956 | M | 299 | M40 | UNATT |
| 641 | JULIE | ULLYART | 1376 | 02:28:21 | 1384 | 02:25:55 | 419 | F | 271 | FSNR | UNATT |
| 1488 | ANNE | SEATON | 1377 | 02:28:33 | 1382 | 02:25:20 | 420 | F | 111 | F40 | UNATT |
| 257 | AMY | SESSFORD | 1378 | 02:28:34 | 1368 | 02:24:08 | 421 | F | 272 | FSNR | UNATT |
| 434 | DIANNE | BROWNRIGG | 1379 | 02:28:35 | 1369 | 02:24:08 | 422 | F | 35 | F50 | UNATT |
| 1389 | PAUL | WATSON | 1380 | 02:28:38 | 1388 | 02:26:28 | 957 | M | 514 | MSNR | UNATT |
| 199 | JULIA | CLAYDON | 1381 | 02:28:52 | 1375 | 02:24:50 | 423 | F | 112 | F40 | UNATT |
| 40 | JOANNE | PERCIVAL | 1382 | 02:29:06 | 1370 | 02:24:16 | 424 | F | 273 | FSNR | UNATT |
| 1416 | FRANCES | MELLING | 1383 | 02:29:07 | 1371 | 02:24:18 | 425 | F | 113 | F40 | UNATT |
| 129 | CAROLE | BURNIE | 1384 | 02:29:21 | 1398 | 02:27:57 | 426 | F | 36 | F50 | UNATT |
| 1028 | GORDON | DIXON | 1385 | 02:29:22 | 1381 | 02:25:17 | 958 | M | 104 | M50 | UNATT |
| 1412 | MARTIN | BELL | 1386 | 02:29:24 | 1383 | 02:25:27 | 959 | M | 300 | M40 | UNATT |
| 1237 | JENNIE | HAYTON | 1387 | 02:29:26 | 1379 | 02:24:56 | 427 | F | 274 | FSNR | UNATT |
| 1238 | JAVIER | VALVERDE | 1388 | 02:29:27 | 1380 | 02:24:57 | 960 | M | 515 | MSNR | UNATT |
| 76 | LORRAINE | KYLE | 1389 | 02:29:30 | 1385 | 02:26:01 | 428 | F | 275 | FSNR | UNATT |
| 236 | ALAN | HERRING | 1390 | 02:29:53 | 1386 | 02:26:19 | 961 | M | 516 | MSNR | UNATT |
| 708 | ANNE | SHEPHERD | 1391 | 02:29:53 | 1402 | 02:28:59 | 429 | F | 276 | FSNR | UNATT |
| 1091 | JENNIE | FORSTER | 1392 | 02:30:13 | 1394 | 02:27:02 | 430 | F | 277 | FSNR | UNATT |
| 1079 | JON | TAYLOR | 1393 | 02:30:18 | 1401 | 02:28:50 | 962 | M | 301 | M40 | UNATT |
| 156 | BARBARA | MONK | 1394 | 02:30:22 | 1399 | 02:28:16 | 431 | F | 278 | FSNR | SOUTH RIBBLE RUNNERS |
| 556 | VICTORIA | WATSON | 1395 | 02:30:24 | 1407 | 02:30:12 | 432 | F | 114 | F40 | UNATT |
| 84 | TANYA | BROWN | 1396 | 02:30:31 | 1387 | 02:26:25 | 433 | F | 115 | F40 | UNATT |
| 82 | JOHN | SHORTER | 1397 | 02:30:46 | 1406 | 02:29:55 | 963 | M | 40 | M60 | UNATT |
| 1480 | NINA | ALBERTELLI | 1398 | 02:30:49 | 1396 | 02:27:18 | 434 | F | 279 | FSNR | UNATT |
| 977 | CLAIRE | BORRADAILE | 1399 | 02:30:49 | 1395 | 02:27:04 | 435 | F | 280 | FSNR | UNATT |
| 460 | CLAIRE | MCMURDO | 1400 | 02:31:16 | 1389 | 02:26:32 | 436 | F | 281 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|-------------------------|
| 492 | JAMIE | MCARTHY | 1401 | 02:31:16 | 1390 | 02:26:32 | 437 | F | 282 | FSNR | UNATT |
| 550 | CAROLINA | MCCLUSKEY | 1402 | 02:31:16 | 1391 | 02:26:32 | 438 | F | 283 | FSNR | UNATT |
| 299 | NORMAN | STEEL | 1403 | 02:31:42 | 1403 | 02:29:00 | 964 | M | 41 | M60 | UNATT |
| 232 | MOIRA | LEE | 1404 | 02:31:46 | 1397 | 02:27:26 | 439 | F | 37 | F50 | UNATT |
| 472 | MIKE | ATKINSON | 1405 | 02:32:13 | 1418 | 02:31:34 | 965 | M | 105 | M50 | UNATT |
| 1564 | JOHN JAMES | GRAHAM | 1406 | 02:32:29 | 1422 | 02:32:14 | 966 | M | 517 | MSNR | UNATT |
| 193 | RON | MCCORMACK | 1407 | 02:32:58 | 1405 | 02:29:41 | 967 | M | 106 | M50 | UNATT |
| 1730 | CAROLINE | HOGARTH | 1408 | 02:33:07 | 1400 | 02:28:33 | 440 | F | 284 | FSNR | UNATT |
| 1536 | IVAN | DOUGLAS | 1409 | 02:33:10 | 1425 | 02:33:08 | 968 | M | 107 | M50 | NORTHUMBERLAND HARRIERS |
| 1328 | MATTHEW | STEWART | 1410 | 02:33:41 | 1412 | 02:31:02 | 969 | M | 518 | MSNR | UNATT |
| 642 | ALISON | LAMB | 1411 | 02:33:58 | 1424 | 02:33:01 | 441 | F | 285 | FSNR | UNATT |
| 404 | NAOMI | MORTIMER | 1412 | 02:34:00 | 1408 | 02:30:17 | 442 | F | 286 | FSNR | UNATT |
| 403 | HAZEL | MCNEILLIE | 1413 | 02:34:00 | 1410 | 02:30:18 | 443 | F | 287 | FSNR | UNATT |
| 1686 | ALISTAIR | MOORE | 1414 | 02:34:09 | 1404 | 02:29:24 | 970 | M | 519 | MSNR | BORDER HARRIERS |
| 241 | MEL | WARWICK | 1415 | 02:34:20 | 1411 | 02:30:47 | 444 | F | 288 | FSNR | UNATT |
| 423 | DAWN | WATERHOUSE | 1416 | 02:34:49 | 1409 | 02:30:17 | 445 | F | 289 | FSNR | UNATT |
| 896 | CLIVE | FORSTER | 1417 | 02:34:53 | 1415 | 02:31:28 | 971 | M | 520 | MSNR | UNATT |
| 897 | STUART | FORSTER | 1418 | 02:34:53 | 1416 | 02:31:28 | 972 | M | 521 | MSNR | UNATT |
| 958 | HANNAH | HILL | 1419 | 02:35:08 | 1413 | 02:31:02 | 446 | F | 290 | FSNR | UNATT |
| 126 | SUSAN | STEEL | 1420 | 02:35:08 | 1423 | 02:32:34 | 447 | F | 291 | FSNR | UNATT |
| 1584 | KAREN | STONE | 1421 | 02:35:32 | 1414 | 02:31:25 | 448 | F | 292 | FSNR | UNATT |
| 751 | CARLA | STAEASCHEK | 1422 | 02:35:32 | 1417 | 02:31:33 | 449 | F | 293 | FSNR | UNATT |
| 357 | ANDREW | LIGHTFOOT | 1423 | 02:35:53 | 1419 | 02:31:36 | 973 | M | 522 | MSNR | UNATT |
| 358 | SARAH | BROOKES | 1424 | 02:35:53 | 1420 | 02:31:36 | 450 | F | 294 | FSNR | UNATT |
| 1493 | CHRISTINA | HARVEY | 1425 | 02:36:10 | 1434 | 02:34:20 | 451 | F | 38 | F50 | UNATT |
| 1349 | JENNY | KURZYK | 1426 | 02:36:10 | 1421 | 02:31:50 | 452 | F | 295 | FSNR | UNATT |
| 151 | LIZ | WILLIAMS | 1427 | 02:36:11 | 1433 | 02:34:04 | 453 | F | 296 | FSNR | UNATT |
| 334 | HEIDI | MARTIN | 1428 | 02:36:11 | 1432 | 02:33:39 | 454 | F | 297 | FSNR | UNATT |
| 498 | MALCOLM | ROBERTS | 1429 | 02:36:27 | 1440 | 02:35:29 | 974 | M | 523 | MSNR | UNATT |
| 760 | DONNA | MAITLAND | 1430 | 02:36:39 | 1426 | 02:33:09 | 455 | F | 298 | FSNR | UNATT |
| 1720 | FRASER | BROWN | 1431 | 02:36:41 | 1443 | 02:36:03 | 975 | M | 524 | MSNR | UNATT |
| 959 | ROBERT | NORDON | 1432 | 02:36:45 | 1441 | 02:35:45 | 976 | M | 525 | MSNR | UNATT |
| 1556 | PAUL | TEBBUTT | 1433 | 02:37:06 | 1429 | 02:33:30 | 977 | M | 526 | MSNR | UNATT |
| 1592 | RUTH | STANIROUGH | 1434 | 02:37:06 | 1427 | 02:33:20 | 456 | F | 299 | FSNR | UNATT |
| 1567 | IAN | CLARK | 1435 | 02:37:07 | 1430 | 02:33:30 | 978 | M | 302 | M40 | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------------|
| 847 | LEE | MARTIN | 1436 | 02:37:10 | 1428 | 02:33:22 | 979 | M | 527 | MSNR | UNATT |
| 1746 | ALAN | STEEL | 1437 | 02:37:11 | 1436 | 02:34:29 | 980 | M | 108 | M50 | UNATT |
| 77 | SHIRLEY | WILSON | 1438 | 02:37:29 | 1431 | 02:33:34 | 457 | F | 300 | FSNR | UNATT |
| 1208 | CHERE | HANLON | 1439 | 02:37:55 | 1442 | 02:35:50 | 458 | F | 116 | F40 | UNATT |
| 808 | KATE | CHRISTMAS | 1440 | 02:38:33 | 1435 | 02:34:25 | 459 | F | 301 | FSNR | UNATT |
| 399 | SARE | HEMSLEY-ROSE | 1441 | 02:38:55 | 1437 | 02:34:41 | 460 | F | 117 | F40 | UNATT |
| 1101 | DOREEN | HUSSEIN | 1442 | 02:39:24 | 1439 | 02:34:50 | 461 | F | 5 | F60 | GLAXO HOAD HILL HARRIERS |
| 1100 | IBRAHIM | HUSSEIN | 1443 | 02:39:25 | 1438 | 02:34:47 | 981 | M | 109 | M50 | GLAXO HOAD HILL HARRIERS |
| 1757 | KAREN | AUSTIN | 1444 | 02:39:29 | 1445 | 02:37:33 | 462 | F | 302 | FSNR | UNATT |
| 1756 | WENDY | CAVENEY | 1445 | 02:39:30 | 1446 | 02:37:33 | 463 | F | 118 | F40 | UNATT |
| 479 | RUTH | FAIRGRIEVE | 1446 | 02:40:54 | 1444 | 02:36:43 | 464 | F | 119 | F40 | UNATT |
| 455 | SHARON | HODGSON | 1447 | 02:40:57 | 1449 | 02:38:04 | 465 | F | 303 | FSNR | UNATT |
| 720 | LYDIA | PLACKETT | 1448 | 02:41:04 | 1452 | 02:38:47 | 466 | F | 39 | F50 | SOUTH RIBBLE RUNNERS |
| 660 | MANDY | KEENAN | 1449 | 02:41:04 | 1451 | 02:38:44 | 467 | F | 120 | F40 | SOUTH RIBBLE RUNNERS |
| 658 | SARA | STEWART | 1450 | 02:41:06 | 1447 | 02:37:33 | 468 | F | 121 | F40 | ALLEN VALLEY STRIDERS |
| 1215 | SARAH | NEEDHAM | 1451 | 02:41:47 | 1457 | 02:39:48 | 469 | F | 304 | FSNR | UNATT |
| 1092 | IRENE | KNOX | 1452 | 02:42:05 | 1453 | 02:38:52 | 470 | F | 122 | F40 | UNATT |
| 1691 | STEPH | MORTON | 1453 | 02:42:16 | 1450 | 02:38:07 | 471 | F | 305 | FSNR | UNATT |
| 1400 | ANDREW | BUTLER | 1454 | 02:42:24 | 1458 | 02:40:13 | 982 | M | 528 | MSNR | UNATT |
| 1247 | GEORGE | LOGAN | 1455 | 02:42:25 | 1448 | 02:37:42 | 983 | M | 529 | MSNR | UNATT |
| 1074 | J | GEORGE | 1456 | 02:42:43 | 1464 | 02:42:19 | 984 | M | 110 | M50 | UNATT |
| 226 | VIVIEN | HAMNETT | 1457 | 02:43:05 | 1459 | 02:40:15 | 472 | F | 6 | F60 | UNATT |
| 218 | PAUL | MADDOCK | 1458 | 02:43:28 | 1462 | 02:40:26 | 985 | M | 303 | M40 | UNATT |
| 1709 | KIM | WALKER | 1459 | 02:43:32 | 1469 | 02:42:57 | 473 | F | 306 | FSNR | UNATT |
| 1708 | LYNN | DOBINSON | 1460 | 02:43:33 | 1470 | 02:42:58 | 474 | F | 307 | FSNR | UNATT |
| 598 | J | ELDER | 1461 | 02:43:36 | 1465 | 02:42:31 | 475 | F | 7 | F60 | UNATT |
| 599 | F | MITCHELL | 1462 | 02:43:37 | 1466 | 02:42:32 | 986 | M | 304 | M40 | UNATT |
| 927 | ELISHA | FOX | 1463 | 02:43:43 | 1455 | 02:39:36 | 476 | F | 308 | FSNR | UNATT |
| 1022 | TONIA | NICHOLSON | 1464 | 02:44:00 | 1454 | 02:39:10 | 477 | F | 309 | FSNR | UNATT |
| 1310 | LOUISE | GILCHRIST | 1465 | 02:44:21 | 1460 | 02:40:17 | 478 | F | 310 | FSNR | UNATT |
| 1309 | GEORGE | GILCHRIST | 1466 | 02:44:21 | 1461 | 02:40:17 | 987 | M | 111 | M50 | UNATT |
| 1780 | JANE | WATSON | 1467 | 02:44:22 | 1456 | 02:39:46 | 479 | F | 311 | FSNR | UNATT |
| 609 | SHEELAGH | DELANEY | 1468 | 02:44:38 | 1473 | 02:44:14 | 480 | F | 40 | F50 | HESKET CENTIPEDES |
| 150 | PAMELA | EVANS | 1469 | 02:44:39 | 1467 | 02:42:37 | 481 | F | 123 | F40 | SOUTH RIBBLE RUNNERS |
| 1251 | LUCY | OGILVIE | 1470 | 02:44:47 | 1471 | 02:43:07 | 482 | F | 312 | FSNR | UNATT |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|----------------------|
| 1250 | JULIE | ELLIOT | 1471 | 02:44:47 | 1472 | 02:43:07 | 483 | F | 313 | FSNR | UNATT |
| 480 | LAURENCE | FORRESTER | 1472 | 02:45:09 | 1474 | 02:44:15 | 988 | M | 42 | M60 | UNATT |
| 395 | CAROLE | MILLER | 1473 | 02:45:14 | 1463 | 02:40:54 | 484 | F | 124 | F40 | UNATT |
| 75 | ALISON | ROGERSON | 1474 | 02:47:02 | 1468 | 02:42:51 | 485 | F | 125 | F40 | UNATT |
| 589 | NICHOLAS | ONG | 1475 | 02:47:45 | 1484 | 02:47:01 | 989 | M | 530 | MSNR | UNATT |
| 140 | DEBORAH | DONE | 1476 | 02:48:58 | 1475 | 02:44:40 | 486 | F | 314 | FSNR | UNATT |
| 1371 | LISA | MURPHY | 1477 | 02:49:24 | 1476 | 02:45:01 | 487 | F | 315 | FSNR | UNATT |
| 831 | KIRSTY | CRAIG | 1478 | 02:49:27 | 1477 | 02:45:03 | 488 | F | 316 | FSNR | UNATT |
| 867 | LINDA | TANNER | 1479 | 02:49:47 | 1480 | 02:46:48 | 489 | F | 8 | F60 | UNATT |
| 868 | DENNIS | GEORG TANNER | 1480 | 02:49:47 | 1481 | 02:46:48 | 990 | M | 43 | M60 | UNATT |
| 490 | KATHRYN | LOUIS MCROY | 1481 | 02:49:57 | 1483 | 02:46:57 | 490 | F | 317 | FSNR | UNATT |
| 1509 | GLEN | SPEEDING | 1482 | 02:50:08 | 1478 | 02:46:25 | 991 | M | 531 | MSNR | UNATT |
| 848 | STEPHANIE | SKELLY | 1483 | 02:50:15 | 1479 | 02:46:44 | 491 | F | 318 | FSNR | UNATT |
| 828 | BRIAN | TWIGG | 1484 | 02:51:20 | 1482 | 02:46:53 | 992 | M | 532 | MSNR | UNATT |
| 1329 | STEVE | MURRAY | 1485 | 02:52:32 | 1489 | 02:49:50 | 993 | M | 533 | MSNR | UNATT |
| 98 | JOHN | NEWSHAM | 1486 | 02:52:43 | 1486 | 02:48:13 | 994 | M | 44 | M60 | NORTHERN VETS |
| 623 | GARETH | THOMSEN | 1487 | 02:52:51 | 1488 | 02:49:42 | 995 | M | 534 | MSNR | UNATT |
| 780 | CHARLES | CHAPMAN | 1488 | 02:53:09 | 1485 | 02:48:12 | 996 | M | 4 | M70 | UNATT |
| 916 | ANN | WINNARD | 1489 | 02:53:11 | 1491 | 02:50:35 | 492 | F | 41 | F50 | UNATT |
| 528 | GRACE | SHIELDS | 1490 | 02:53:11 | 1487 | 02:48:49 | 493 | F | 319 | FSNR | UNATT |
| 1431 | JOHN | BAILEY | 1491 | 02:53:15 | 1490 | 02:50:09 | 997 | M | 45 | M60 | UNATT |
| 1212 | GERALDINE | IVISON | 1492 | 02:53:40 | 1494 | 02:51:40 | 494 | F | 42 | F50 | UNATT |
| 197 | JANET | WILSON | 1493 | 02:53:45 | 1492 | 02:51:12 | 495 | F | 43 | F50 | UNATT |
| 1630 | LAURA | THURLBECK | 1494 | 02:54:12 | 1493 | 02:51:12 | 496 | F | 320 | FSNR | UNATT |
| 154 | SARAH | WILDING | 1495 | 02:54:47 | 1497 | 02:52:58 | 497 | F | 321 | FSNR | SOUTH RIBBLE RUNNERS |



New Balance Great Cumbrian Run 2009

Sheepmount Stadium, Carlisle

Sunday 25th October, 2009

| <i>BIB</i> | <i>FORENAME</i> | <i>SURNAME</i> | <i>RANK</i> | <i>GUN TIME</i> | <i>CHIP RANK</i> | <i>CHIP TIME</i> | <i>GEN POS</i> | <i>GENDER</i> | <i>CAT POS</i> | <i>CATEGORY</i> | <i>CLUB</i> |
|------------|-----------------|----------------|-------------|-----------------|------------------|------------------|----------------|---------------|----------------|-----------------|--------------------|
| 778 | ALISTAIR | CORPS-BELL | 1 | 00:56:20 | 1 | 00:56:20 | 1 | M | 1 | M40 | HANDCYCLING ASS UK |

