

## GOSFORTH 10 K ROAD RACE, SEPTEMBER 6th 2011 RESULTS

POSITION	NUMBER	TIME	NAME	CLUB	AGE CATEGORY
1	2	33.38	IAIN QUINN	BARROW & FURNESS STRIDERS	M
2	35	35.56	IAN DAVIES	KESWICK AC	M
3	33	36.02	STEVEN GARNER	WEST CUMBRIA TRI	M
4	25	36.52	MARC PENN	BLENGDALE RUNNERS	M
5	66	37.41	MATT WILSON	KENDAL AC	M
6	138	38.41	PAUL JACKSON	CUMBERLAND AC	M
7	41	38.50	ALAN JENNISON	EAST HULL HARRIERS	MV40
8	42	39.11	ROB WYNNE	KESWICK AC	MV45
9	72	39.14	DAVID BLACKSHAW	AMBLESIDE AC	M
10	146	39.21	ADAM NICHOL	ST BEES TRIERS	M
11	68	40.02	TONY DAVIS	DERWENT AC	MV50
12	7	40.14	STEPHEN HACKLEY	DERWENT AC	M
13	12	40.19	TREVOR TAYLOR	SEATON AC	MV50
14	43	40.25	IAN MCDUGALL	CUMBERLAND AC	MV45
15	106	40.50	CHRIS GUY	HALLAMSHIRE HARRIERS	M
16	20	40.58	DAVID BURTON	STROUD & DISTRICT AC	MV50
17	160	41.29	CHRIS FLYNN	U/A	M
18	122	41.30	DAVID ATKINSON	BLENGDALE RUNNERS	MV45
19	153	41.30	ROBERT MORRIS	DERWENT AC	M
20	52	41.51	DAVID BLAMIRE	U/A	MV40
21	125	41.59	LARRY ABEL	BLENGDALE RUNNERS	MV45
22	62	42.08	PATRICK MALKINSON	U/A	M
23	63	42.17	DAVID HEADLEY	U/A	MV45
24	21	42.23	GARY LYNCH	ELLENBOROUGH AC	MV40
25	158	42.31	MARTIN SCOTT ADAM	U/A	M
26	145	42.32	PAUL CULLEN	U/A	MV50
27	67	42.35	SIMON BYRNE	QUAKER RC	M
28	148	42.38	IAN FOSTER	TRI LAKELAND	M
29	124	43.06	ALLARD NEWELL	U/A	M
30	8	43.24	M TEMPLE	U/A	M
31	147	43.28	MARK FUSSELL	U/A	M

32	129	43.41	BEN GREENE	U/A	M
33	38	43.45	MARIN VAREY	TRI LAKELAND	M
34	32	43.54	KATE APPS	CUMBERLAND FELL RUNNERS	FV35
35	74	43.57	PETER BROATCH	ST BEES TRIERS	M
36	128	43.59	HOWARD KIRKBRIDE	U/A	MV45
37	71	44.00	PAUL MANN	AMBLESIDE AC	M
38	104	44.05	COL RHODES	U/A	MV40
39	164	44.09	DARLEY SIMPSON	ST BEES TRIERS	M
40	108	44.16	GEORGE ROYSTON- BISHOP	U/A	M
41	58	44.38	ANDREA FLYNN	U/A	F
42	116	44.40	CHRIS WEIR	U/A	M
43	163	44.49	SAM HOLDING	U/A	M
44	127	44.54	EDDY GRAHAM	U/A	FV40
45	64	45.16	RICHARD HARRISON	WASDALE MOUNTAIN RESCUE TEAM	MV55
46	134	45.24	DAVID GOODALL	CUMBERLAND AC	MV40
47	131	45.52	IAN BLACK	U/A	MV40
48	149	46.16	ANDY BUCHANAN	U/A	MV50
49	22	46.29	THOMAS WILKINSON	U/A	MV60
50	65	46.30	NEIL ATKINSON	U/A	MV40
51	150	46.31	DOUGLAS R TICKNER	NEWCASTLE UNIVERSITY AC	M
52	55	46.32	JANE GREEN	ST BEES TRIERS	FV40
53	28	46.38	CHRIS BONE	U/A	M
54	61	46.56	ERRICK HANNAH	CUMBERLAND AC	MV50
55	3	47.07	CARL NEEN	U/A	M
56	60	47.15	PAUL SAUNDERS	U/A	MV40
57	59	47.16	STEVE BLACKWELL	U/A	M
58	73	47.17	JOHN SHEVELAN	U/A	M
59	9	47.40	REBECCA WESTON	TRI LAKELAND	FV35
60	136	47.46	NEAL PEET	U/A	MV45
61	6	47.50	JOHN BAMFORTHY	U/A	MV45
62	5	48.00	CARYS MCGOWAN	TRI LAKELAND	F
63	159	48.00	MATHEW	U/A	M

			CLEGHORN		
64	143	48.11	JOHN STANKEVICIUS	BLENGDALE RUNNERS	M
65	51	48.19	PETER GRAYSON	BLACK COMBE RUNNERS	MV55
66	10	48.25	RACHARD FIELD	U/A	MV40
67	126	48.30	JULIAN GRAHAM	BLENGDALE RUNNERS	M
68	69	48.47	ANNA BLACKBURN	DERWENT AC	FV50
69	161	48.59	RACHEL WORTH	U/A	F
70	30	49.02	JOHN BIRD	U/A	M
71	105	49.09	ARTHUR POTTER	SOUTH SHIELDS AC	MV65
72	133	49.11	R MOTLEY	U/A	M
73	156	49.11	TRACY PARKER	U/A	FV40
74	137	49.39	SIOBHAN BREWER	KESWICK AC	FV35
75	101	49.41	MIKE MCKIE	U/A	M
76	130	49.43	STUART COLVIN	U/A	M
77	29	50.04	JULIAN DORAN	U/A	MV65
78	40	50.08	STEPHEN BERESFORD	U/A	MV45
79	56	50.18	KEITH STUART	FETCH EVERYONE RC	M
80	36	50.19	LOUISE EDEN	U/A	F
81	54	50.27	ANDREW LAKER	ST BEES TRIERS	MV40
82	45	50.29	MATTHEW HALL	U/A	MV50
83	165	50.33	PETE BAINES	WASDALE MOUNTAIN RESCUE TEAM	MV55
84	123	50.35	FAITH NEWELL	BLENGDALE RUNNERS	FV50
85	141	51.14	COLIN MCEWAN	U/A	MV40
86	19	51.22	PAUL KNOTT	U/A	M
87	39	51.31	JONATHAN HAYWARD	U/A	MV40
88	111	51.34	CHRISTOPHER WEAR	U/A	M
89	23	51.37	PETER BARLOW	U/A	M
90	142	52.06	GRAEME MORTON	U/A	M
91	31	52.07	CHRISTINE SIMCOCK	BLENGDALE RUNNERS	F
92	34	52.11	BILLY LAWRIE	ST BEES TRIERS	MV40
93	26	52.19	MARINA PENN	U/A	F
94	154	52.32	STEPHEN WALTER	U/A	M
95	155	52.34	MARGARET HAWLEY	U/A	FV50

96	97	52.55	GILLIAN MACKAY	U/A	F
97	117	53.21	ANTONY LOMAS	U/A	MV40
98	16	53.37	JEN TEMPLE	U/A	FV45
99	17	53.37	WENDY FIGES	CUMBERLAND AC	FV35
100	135	53.45	MAGGIE GRANT	CUMBERLAND AC	FV60
101	24	53.48	HARRY BERGER	U/A	MV40
102	162	53.57	LYNN JONES	U/A	FV35
103	102	53.58	JULIET GRIEVES	U/A	FV45
104	49	54.12	ALISON ANDREWS	CUMBERLAND AC	FV45
105	152	54.16	PAUL TICKNER	WEST CUMBRIA ORIENTEERS	MV55
106	118	54.23	DUNCAN JACKSON	U/A	MV50
107	99	54.33	LAURA CLEMENTS	U/A	F
108	109	54.35	JOHN SHIELDS	U/A	MV50
109	107	55.18	SHARON COWMAN	ST BEES TRIERS	FV35
110	115	55.22	JIM WELSH	CUMBERLAND AC	MV45
111	11	55.44	VICKY WILSON	U/A	F
112	70	55.48	PHIL HALL	U/A	M
113	114	56.03	HANNAH HILL	ST BEES TRIERS	FV35
114	113	56.04	ALEX HILL	ST BEES TRIERS	M
115	144	56.26	MIKE NIBLETT	U/A	MV40
116	50	56.56	KARL FURSEY	BLACK COMBE RUNNERS	M
117	18	58.13	GEORGE ROUTLEDGE	HEATON HARRIERS	MV60
118	112	58.15	ARABELLA WEAR	U/A	FV35
119	57	58.18	CHARM ROBSON	ST BEES TRIERS	FV70
120	44	58.34	BRIAN DOBSON	POCKLINGTON RUNNERS	MV50
121	27	58.38	YOLANDE HARTLEY	U/A	FV40
122	53	59.13	STEVEN BELL	U/A	M
123	103	59.57	JULIE PICKERING	U/A	FV45
124	48	60.34	JOE RAYMOND	U/A	M
125	47	60.37	JON RAYMOND	ST BEES TRIERS	MV45
126	14	60.48	SAMANTHA JACKSON	U/A	FV35
127	119	60.49	KATE MATTHEWS	U/A	FV40
128	139	60.50	GILL BRINDEN	U/A	FV35

129	13	61.08	JOANNE DIXON	U/A	FV40
130	37	61.56	NANCY LAWTON	ST BEES TRIERS	FV40
131	132	63.05	DAVID KEENAN	U/A	MV55
132	46	63.57	PENNY MORETON	HOAD HILL HARRIERS	FV50
133	15	66.27	JENNIFER HOGG	U/A	F
134	140	66.36	LIZ POLKEY	U/A	FV45
135	1	67.08	SHEENA GRAY	U/A	F
136	157	67.11	LOUISE SMITH	U/A	F
137	151	68.23	RACHEL TICKNER	U/A	FV55
138	4	68.26	HILARY PORTER	U/A	F
139	100	72.03	BARBARA DAVIES	U/A	FV45
140	200	94.00	ALWYN STOCKDALE	CUMBERLAND AC	MV70

*Special thanks this year to all of you for taking part, and especial thanks to all those members of Blengdale Runners and their wives, families and work colleagues who gave their time and worked so hard to help. Thanks also to Roger Lomas for the Lead Car, Mountain Rescue for the back-up car and drinks station on the route, Barbara, Kathryn, and Chris Dowling, and to Ian Simpson for being there just in case..... We all look forward to seeing you again next year.*

*Dates for your diaries - Gosforth 10 2012 is on Wednesday 13 June; Gosforth 10K 2012 is on Tuesday 4 September*

*Happy Running, Mel*

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