

## Isel Cross 2009 Results

Position	Time	Number	Name	Club	Category
1	0:31:05	93	David Miller	Woodbridge Shufflers	M
2	0:32:20	94	Brian Taylor	Ellenborough AC	MV40-50
3	0:35:25	230	Matt Wilson	Kendal AC	M
4	0:36:01	91	William Richardson	Elbra	M
5	0:36:14	86	Paul McKendrey	Cumberland AC	MV40-50
6	0:36:59	74	Philip Cueto	Derwent AC	M
7	0:38:14	231	Andrew Reid	Ellenborough AC	MV?
8	0:38:21	76	Larry Abel	Blengdale AC	MV40-50
9	0:38:40	75	Stephen Hackley	Derwent AC	M
10	0:38:58	88	Tony Davis	Derwent AC	MV40-50
11	0:39:01	71	Peter Bingham	Keswick AC	MV40-50
12	0:39:55	84	Shaun Cavanaugh	Cumberland AC	MV40-50
13	0:40:22	98	Barry Hodgson	Ellenborough AC	MV50-60
14	0:41:16	87	Frank Moger	Cumberland AC	M
15	0:41:20	83	Jeff Thorp	Tri Lakeland	M
16	0:42:01	81	James Naylor	Little Eaton Hornets	MV50-60
17	0:44:39	97	Paul Wilson	Ellenborough AC	MV40-50
18	0:46:41	92	Sian Beaty	Blengdale Runners	FV35-45
19	0:46:44	78	Karen Bradley	Unattached	F
20	0:46:47	82	Allan Kay	100 Marathon Club	MV60-70
21	0:46:53	72	Paul Brooks	Luton AC	MV40-50
22	0:47:15	100	Andrew Eland	Tri Lakeland	M
23	0:47:23	77	Christine Simcock	Blengdale Runners	F
24	0:48:03	99	Dannie Goodfellow	Unattached	MV40-50
25	0:48:30	73	Peter Manning	Blengdale Runners	MV60-70
26	0:50:09	85	Andrew Adams	Derwent AC	MV50-60
27	0:50:26	80	Tracy Taylor	Ellenborough AC	FV35-45
28	0:51:25	90	Gay Eastoe	Blengdale AC	FV55-65
29	0:51:26	89	Richard Eastoe	Blengdale AC	MV50-60
30	0:51:55	79	Karen Lloyd	Ellenborough AC	F
31	0:52:53	96	Keith Stuart	Trail Runners	M
32	01:01:22	95	Geoff Harrington	Cumberland AC	MV60-70

All Entrants Finished