

## Newlands Valley Round 9Km

25th July 2007

Pos	Time	Name	Club	Cat.	Num.
1	0:30:00	DOUGLAS, James	Border Harriers	Senior Male	232
2	0:30:24	LIGHTFOOT, Ricky	Ellenborough R.C.	Senior Male	182
3	0:30:45	SCOTT, Mike	Border Harriers	Male 40 to 44	203
4	0:31:06	TAYLOR, Brian	Ellenborough R.C.	Senior Male	223
5	0:31:33	PARRINGTON, Russell	Lancaster & Morecambe A.C	Senior Male	148
6	0:32:02	AMOR, Lee	Cumberland Fell Runners	Junior Male	202
7	0:32:08	AMOR, Martin	Cumberland Fell Runners	Senior Male	201
8	0:32:16	KNOWLES, Chris	Cumberland Fell Runners	Male 40 to 44	251
9	0:32:57	CURTIS, Paul	Blengdale Runners	Senior Male	271
10	0:33:47	THOMPSON, Brian	Cumberland Fell Runners	Male 40 to 44	166
11	0:34:03	WINN, Jackie	Ellenborough R.C.	Male 55 to 59	219
12	0:34:42	BENNETT, Steve	Eden Runners	Male 40 to 44	249
13	0:34:55	DEAN, Gary	penistone footpath Runners	Senior Male	181
14	0:35:25	BOIT, Ian	Keswick A.C.	Male 40 to 44	257
15	0:35:31	OVERTON, Duncan	Keswick A.C.	Male 55 to 59	170
16	0:36:00	RUTHERFORD, Mark	Keswick A.C.	Senior Male	216
17	0:36:17	SCOTT, Martin	Keswick A.C.	Male 45 to 49	205
18	0:36:27	ATKINSON, David	Blengdale Runners	Male 40 to 44	269
19	0:36:46	LAUD, Pete		Senior Male	264
20	0:36:56	MOSSOP, Ronald	Ellenborough R.C.	Male 40 to 44	217
21	0:37:02	BEETHAM, John	Keswick A.C.	Senior Male	265
22	0:37:08	MARSHALL, Alan	Eden Runners	Male 50 to 54	244
23	0:37:11	DAVIES, Gavin	Centurion R.C.	Male 40 to 44	224
24	0:37:20	RAY, Nick	Ellenborough R.C.	Senior Male	190
25	0:37:22	DAVIS, Tony	Derwent A.C.	Male 45 to 49	168
26	0:37:29	BLAZA, Alec		Junior Male	199
27	0:37:41	MYATT, John	Hongkong Vets	Male 45 to 49	245
28	0:37:43	WHISTON, Stephen	mid Argyll Tri Club	Male 40 to 44	221
29	0:37:51	LOAN, Keith	Keswick A.C.	Male 50 to 54	256
30	0:38:02	SEMPLE, Colin	Tri-Lakeland	Male 40 to 44	243
31	0:38:03	MCDOUGALL, Ian	Cumberland A.C.	Male 40 to 44	149
32	0:38:05	TURNER, Anthony	Border Harriers	Male 45 to 49	197
33	0:38:07	STRACHAN, Stephen	Keswick A.C.	Male 40 to 44	237
34	0:38:39	DALEY, Peter	Derwent A.C.	Male 50 to 54	180
35	0:38:44	ABEL, Larry	Blengdale Runners	Male 40 to 44	268
36	0:38:53	VARIAN, Desmond	Border Harriers	Male 55 to 59	158
37	0:38:57	THOMPSON, Keith	Derwent A.C.	Male 55 to 59	176
38	0:39:01	WILSON, Paul	Keswick A.C.	Senior Male	200
39	0:39:02	CARTER, Julie	Cumberland Fell Runners	Female 40 to 44	188
40	0:39:11	MURDOCH, Kirsty	Derwent A.C.	Senior Female	174
41	0:39:35	MORLAND, Bob	Cumberland A.C.	Male 40 to 44	211
42	0:39:41	GRAHAM, Kevin		Senior Male	247
43	0:39:43	WHITE, Samuel		Senior Male	261
44	0:40:21	SMITH, Allan	alcheater R.C.	Male 45 to 49	167
45	0:40:36	STEELS, Robin		Senior Male	274
46	0:40:41	CUETO, Philip	Derwent A.C.	Senior Male	172
47	0:40:43	BINGHAM, Peter	Keswick A.C.	Male 40 to 44	153
48	0:40:48	KERSHAW, Craig	Cumberland A.C.	Male 60 to 64	230
49	0:40:51	MACKENZIE, Sandy	newport & District	Senior Male	235
50	0:40:53	RICHARDS, Pete	Keswick A.C.	Male 50 to 54	196
51	0:40:57	DOUGLAS, Charlotte	Border Harriers	Senior Female	225
52	0:41:16	JOHNSTON, Paul	Ellenborough R.C.	Senior Male	184
53	0:41:22	STEVENSON, John	Keswick A.C.	Male 40 to 44	204
54	0:41:34	HODGSON, Hayley	Keswick A.C.	Female 35 to 39	246
55	0:41:36	HADWIN, Gary	Keswick A.C.	Senior Male	198
56	0:41:56	SMITH, Trudy	Keswick A.C.	Senior Female	266
57	0:41:57	PENRICE, David		Male 40 to 44	231
58	0:41:58	HORNE, Ian	Eden Runners	Male 40 to 44	169
59	0:41:59	WAITE, John	Keswick A.C.	Senior Male	189
60	0:42:04	WHITEHEAD, David	F.R.A.	Male 45 to 49	154
61	0:42:11	DENHAM-SMITH, Mark & Son	Keswick A.C.	Male 40 to 44	178
62	0:42:11	HILL, Keith	Keswick A.C.	Senior Male	177
63	0:42:35	JONES, Nick		Senior Male	275

64	0:42:39	BAMFORTH, John		Male 40 to 44	163
65	0:42:51	HANNAH, Errick	Cumberland A.C.	Male 50 to 54	259
66	0:42:54	WARD, Diane	Cumberland A.C.	Female 40 to 44	209
67	0:43:00	SPENCE, Neil		Senior Male	218
68	0:43:02	DIXON, Gary		Senior Male	210
69	0:43:22	WILKINSON, Sue	Keswick A.C.	Female 40 to 44	175
70	0:43:24	TAYLOR, Wayne	Hinckley Running club	Senior Male	152
71	0:43:29	FERGUSON, Jim		Male 50 to 54	213
72	0:43:45	WALKER, Andrew	Eden Runners	Male 45 to 49	206
73	0:43:49	GREAVES, Mark	Cumberland A.C.	Male 45 to 49	242
74	0:43:52	EASTOE, Richard	Blengdale Runners	Male 50 to 54	253
75	0:43:54	WILSON, Graham		Male 40 to 44	220
76	0:43:59	LOWERY, Tony	Eden Runners	Senior Male	207
77	0:44:01	FAULDER, Bev	Seaton A.C.	Senior Female	250
78	0:44:05	LEAH, Joanne	Keswick A.C.	Senior Female	263
79	0:44:13	DOUGLAS, Albert	Eden Runners	Male 55 to 59	229
80	0:44:14	OLDACRE, Ian	Andover A.C.	Male 55 to 59	212
81	0:44:22	READ, Anne	Eden Runners	Senior Female	215
82	0:44:24	DOUGLAS, Teresa	Eden Runners	Female 50 to 54	228
83	0:44:28	TAYLOR, Peter	Northern Vets	Male 65 to 69	151
84	0:44:32	MANDALE, Christian	Keswick A.C.	Senior Male	173
85	0:44:41	BLAND, Christine	Keswick A.C.	Female 50 to 54	255
86	0:44:42	LAMBERT, Francis		Male 45 to 49	248
87	0:45:00	RUSSELL, Claire		Senior Female	194
88	0:45:03	MANNING, Peter	Blengdale Runners	Male 55 to 59	227
89	0:45:14	BANKS, Graham	Cumberland A.C.	Male 50 to 54	187
90	0:45:27	CHAUDHRI, Yaz	Border Harriers	Junior Female	238
91	0:45:28	KIDD, Gillian		Female 45 to 49	241
92	0:45:29	HORNER, Des		Male 40 to 44	186
93	0:45:43	RAWLINSON, Yvette		Female 40 to 44	254
94	0:46:05	DAVISON, Nicola	Keswick A.C.	Senior Female	262
95	0:46:22	PATTINSON, Sandra	newport & District	Female 40 to 44	234
96	0:46:24	SPENCE, Sally	Eden Runners	Female 45 to 49	233
97	0:46:31	GRANT, Maggie	Cumberland A.C.	Female 55 to 59	193
98	0:46:36	RICHARDS, Patricia	Keswick A.C.	Female 55 to 59	195
99	0:46:53	BONES, Carmel		Female 35 to 39	171
100	0:47:08	ADDISON, Ian	Keswick A.C.	Male over 70	147
101	0:47:18	GOACHER, Simon		Senior Male	222
102	0:47:18	WATSON, Stephen	Cumberland A.C.	Male 65 to 69	150
103	0:47:41	ANDREW, Alison	Cumberland A.C.	Female 40 to 44	191
104	0:47:52	RAMSAY, Anne Marie	Eden Runners	Female 35 to 39	208
105	0:47:58	JOHNSON, Brian	Cumberland A.C.	Male 50 to 54	157
106	0:48:02	DOUGLAS, Gill	Eden Runners	Female 45 to 49	214
107	0:48:56	CHAUDHRI, Sarah	Cumberland A.C.	Female 40 to 44	240
108	0:48:58	KENWRIGHT, Mike	Blengdale Runners	Male 40 to 44	267
109	0:49:00	WILLIAMS, Peter	Kendal A.C.	Male 65 to 69	273
110	0:50:05	GRANT, Stewart	Cumberland A.C.	Male 60 to 64	192
111	0:50:19	EASTOE, Gay	Blengdale Runners	Female 50 to 54	252
112	0:50:42	REDMOND, Deborah	Cumberland A.C.	Female 45 to 49	236
113	0:51:03	SNELL, Duncan		Male 60 to 64	146
114	0:51:34	OWEN, Garry	Keswick A.C.	Senior Male	162
115	0:52:15	BUTLER, Nicky	Keswick A.C.	Female 45 to 49	155
116	0:52:27	TURNER, Angela	Keswick A.C.	Female 45 to 49	270
117	0:53:04	OWEN, Keith	Keswick A.C.	Male 45 to 49	183
118	0:53:20	SANDERSON, David		Male 45 to 49	258
119	0:53:33	STUART, Keith	Tri Lakeland	Senior Male	272
120	0:53:53	WALKER, Patricia	Horsforth Harriers	Female over 60	165
121	0:53:54	VARIAN, Sara		Female 45 to 49	159
122	0:54:55	HARRINGTON, Geoff	Cumberland A.C.	Male 60 to 64	156
123	0:59:54	DUERDEN, Simon	Border Harriers	Male 45 to 49	226
124	1:00:45	BROWN, Becky		Senior Female	160
125	1:00:46	ABDELNOOR, Ben	Ambleside A.C.	Senior Male	161
126	1:01:25	STRACHAN, Robert	Keswick A.C.	Male over 70	239
127	1:03:28	HARBERD, Chris	Great Yarmouth	Male 60 to 64	260
128	1:04:19	DAWSON, Graham	Horsforth Harriers	Male 65 to 69	164
129	1:05:55	DENHAM-SMITH, Susan	Keswick A.C.	Female 35 to 39	179

### Ladies Results

							<b>Pos.</b>	
1	0:39:02	CARTER, Julie	Cumberland Fell Runners	Female 40 to 44	188	39		
2	0:39:11	MURDOCH, Kirsty	Derwent A.C.	Senior Female	174	40		
3	0:40:57	DOUGLAS, Charlotte	Border Harriers	Senior Female	225	51		
4	0:41:34	HODGSON, Hayley	Keswick A.C.	Female 35 to 39	246	54		
5	0:41:56	SMITH, Trudy	Keswick A.C.	Senior Female	266	56		
6	0:42:54	WARD, Diane	Cumberland A.C.	Female 40 to 44	209	66		
7	0:43:22	WILKINSON, Sue	Keswick A.C.	Female 40 to 44	175	69		
8	0:44:01	FAULDER, Bev	Seaton A.C.	Senior Female	250	77		
9	0:44:05	LEAH, Joanne	Keswick A.C.	Senior Female	263	78		
10	0:44:22	READ, Anne	Eden Runners	Senior Female	215	81		
11	0:44:24	DOUGLAS, Teresa	Eden Runners	Female 50 to 54	228	82		
12	0:44:41	BLAND, Christine	Keswick A.C.	Female 50 to 54	255	85		
13	0:45:00	RUSSELL, Claire		Senior Female	194	87		
14	0:45:27	CHAUDHRI, Yaz	Border Harriers	Junior Female	238	90		
15	0:45:28	KIDD, Gillian		Female 45 to 49	241	91		
16	0:45:43	RAWLINSON, Yvette		Female 40 to 44	254	93		
17	0:46:05	DAVISON, Nicola	Keswick A.C.	Senior Female	262	94		
18	0:46:22	PATTINSON, Sandra	newport & District	Female 40 to 44	234	95		
19	0:46:24	SPENCE, Sally	Eden Runners	Female 45 to 49	233	96		
20	0:46:31	GRANT, Maggie	Cumberland A.C.	Female 55 to 59	193	97		
21	0:46:36	RICHARDS, Patricia	Keswick A.C.	Female 55 to 59	195	98		
22	0:46:53	BONES, Carmel		Female 35 to 39	171	99		
23	0:47:41	ANDREW, Alison	Cumberland A.C.	Female 40 to 44	191	103		
24	0:47:52	RAMSAY, Anne Marie	Eden Runners	Female 35 to 39	208	104		
25	0:48:02	DOUGLAS, Gill	Eden Runners	Female 45 to 49	214	106		
26	0:48:56	CHAUDHRI, Sarah	Cumberland A.C.	Female 40 to 44	240	107		
27	0:50:19	EASTOE, Gay	Blengdale Runners	Female 50 to 54	252	111		
28	0:50:42	REDMOND, Deborah	Cumberland A.C.	Female 45 to 49	236	112		
29	0:52:15	BUTLER, Nicky	Keswick A.C.	Female 45 to 49	155	115		
30	0:52:27	TURNER, Angela	Keswick A.C.	Female 45 to 49	270	116		
31	0:53:53	WALKER, Patricia	Horsforth Harriers	Female over 60	165	120		
32	0:53:54	VARIAN, Sara		Female 45 to 49	159	121		
33	1:00:45	BROWN, Becky		Senior Female	160	124		
34	1:05:55	DENHAM-SMITH, Susan	Keswick A.C.	Female 35 to 39	179	129		

### Mens Teams

1 : Ellenborough R.C.				
2	0:30:24	LIGHTFOOT, Ricky	Senior Male	182
4	0:31:06	TAYLOR, Brian	Senior Male	223
11	0:34:03	WINN, Jackie	Male 55 to 59	219
2 : Cumberland Fell Runners				
6	0:32:02	AMOR, Lee	Junior Male	202
7	0:32:08	AMOR, Martin	Senior Male	201
8	0:32:16	KNOWLES, Chris	Male 40 to 44	251
3 : Border Harriers				
1	0:30:00	DOUGLAS, James	Senior Male	232
3	0:30:45	SCOTT, Mike	Male 40 to 44	203
32	0:38:05	TURNER, Anthony	Male 45 to 49	197

### Ladies Team

1 : Keswick A.C.				
4	0:41:34	HODGSON, Hayley	Female 35 to 39	246
5	0:41:56	SMITH, Trudy	Senior Female	266
7	0:43:22	WILKINSON, Sue	Female 40 to 44	175
2 : Keswick A.C.				
9	0:44:05	LEAH, Joanne	Senior Female	263
12	0:44:41	BLAND, Christine	Female 50 to 54	255
17	0:46:05	DAVISON, Nicola	Senior Female	262
3 : Eden Runners				
10	0:44:22	READ, Anne	Senior Female	215
11	0:44:24	DOUGLAS, Teresa	Female 50 to 54	228
19	0:46:24	SPENCE, Sally	Female 45 to 49	233