

**“New Balance” Newlands Valley Round. 9K 23rd July 2008**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>No.</b>
1	0:30:23	LITTLE, Steve	Wesham R.R.	Senior Male	529
2	0:31:14	SCOTT, Mike	Border Harriers	Male 40 to 44	563
3	0:32:09	TAYLOR, Brian	Ellenborough R.C.	Male 40 to 44	573
4	0:32:20	BULMAN, James	N.Yorks Moors A.C.	Senior Male	623
5	0:32:28	BULLEN, Richard	Les Croupiers Running Club	Male 45 to 49	537
6	0:33:36	WOOD, Gareth	Cumberland A.C.	Senior Male	549
7	0:33:48	FRAMPTON, Duncan	Borrowdale Fell Runners	Male 50 to 54	592
8	0:34:12	FRASER, Mathew	Keswick A.C.	Senior Male	539
9	0:34:19	WRIGHTT SMITH, Amanda	Birchfield Harriers	Female 40 to 44	516
10	0:34:22	HEBBLETHWAITE, Steve	Keswick A.C.	Senior Male	582
11	0:34:52	ABDELNOOR, Ben	Ambleside A.C.	Senior Male	550
12	0:35:02	HENDERSON, Andrew	Tri-Lakeland	Senior Male	590
13	0:35:32	WYNNE, Rob	Keswick A.C.	Male 45 to 49	621
14	0:35:48	KNOWLES, Paul	Ambleside A.C.	Senior Male	553
15	0:35:54	HILL, Keith	Keswick A.C.	Senior Male	570
16	0:36:30	HILL, Les	Dumfries Running Club	Male 50 to 54	528
17	0:36:36	KIRKHAM, Kevin	Blengdale Runners	Junior Male	618
18	0:36:53	HEWETT, Graham	Keswick A.C.	Senior Male	561
19	0:37:00	OWENS, David	Keswick A.C.	Male 50 to 54	543
20	0:37:03	HAGAN, Bobby	Cumberland Fell Runners	Junior Male	598
21	0:37:28	SHEDWICK, John		Senior Male	583
22	0:37:37	WAITE, John	Keswick A.C.	Senior Male	602
23	0:37:40	HARRISON, Peter	Border Harriers	Junior Male	514
24	0:37:48	ROYSTON, Ian	Blengdale Runners	Male 40 to 44	589
25	0:37:49	BEETHAM, John	Keswick A.C.	Senior Male	519
26	0:37:49	STODDART, Stuart	Eden Runners	Senior Male	533
27	0:37:59	LOAN, Keith	Keswick A.C.	Male 50 to 54	597
28	0:38:03	JACKSON, Philippa	Keswick A.C.	Senior Female	614
29	0:38:12	GARNETT, Peter	Border Harriers	Male 50 to 54	535
30	0:38:33	ABEL, Larry	Blengdale Runners	Male 40 to 44	615
31	0:38:39	GREY, Roger	Cumberland A.C.	Male 50 to 54	524
32	0:38:58	REDMAN, Daniel		Senior Male	503
33	0:39:14	BARNES, Ian	Ambleside A.C.	Senior Male	584
34	0:39:34	CUETO, Philip	Derwent A.C.	Senior Male	557
35	0:39:51	RITSON, Joseph	Derwent A.C.	Male 50 to 54	530
36	0:39:55	HARRISON, Mike	Cumberland Fell Runners	Senior Male	588
37	0:40:13	DACEY, Peter	Derwent A.C.	Male 50 to 54	571
38	0:40:20	JONES, Nick		Senior Male	611
39	0:40:41	STEELS, Robin		Senior Male	613
40	0:41:03	HADWIN, Gary	Keswick A.C.	Senior Male	527
41	0:41:03	BINGHAM, Peter	Keswick A.C.	Male 45 to 49	513
42	0:41:04	HODGSON, Bary	Ellenborough R.C.	Male 50 to 54	610
43	0:41:08	DAWSON, John	Keswick A.C.	Male 40 to 44	551
44	0:41:15	RANKIN, Richard	Low Fell R C	Senior Male	593
45	0:41:22	THOMPSON, Keith	Derwent A.C.	Male 55 to 59	572
46	0:41:47	VARIAN, Des	Keswick A.C.	Male 55 to 59	562
47	0:42:01	BEETHAM, Trudy	Keswick A.C.	Senior Female	518
48	0:42:27	EASTOE, Richard	Blengdale Runners	Male 50 to 54	548
49	0:42:31	DAVIS, Anthony	Derwent A.C.	Male 45 to 49	558
50	0:42:36	WEBSTER, Jon	Kendal A.C.	Male 40 to 44	517
51	0:42:39	LUSCOMBE, John	Hillingdon A.C.	Senior Male	603
52	0:42:51	HARWOOD, Steve	Keswick A.C.	Male 60 to 69	525
53	0:43:03	CARTER, Geoffrey		Senior Male	585
54	0:43:08	HORNE, Ian	Eden Runners	Male 40 to 44	581
55	0:43:25	WHITE, Samuel		Senior Male	617
56	0:43:26	MERRITT, Quentin	Keswick A.C.	Male 45 to 49	541
57	0:43:27	KERSHAW, Craig	Cumberland A.C.	Male 60 to 69	559
58	0:43:29	WALKER, Debbie	Cumberland Fell Runners	Senior Female	555
59	0:43:38	HUNT, Chris		Senior Male	507
60	0:43:38	BEECHEY, Mike	Keswick A.C.	Male 40 to 44	566
61	0:43:49	BENNETT, Joan		Senior Female	578
62	0:44:00	HODGSON, Hayley	Keswick A.C.	Female 40 to 44	600

63	0:44:01	WILKINSON, Sue	Keswick A.C.	Female 40 to 44	564
64	0:44:08	DIXON, Gary		Senior Male	522
65	0:44:09	LEAH, Joanne	Keswick A.C.	Senior Female	568
66	0:44:12	CAVANAGH, Shaun	Cumberland A.C.	Male 40 to 44	569
67	0:44:19	SIMPSON, Arron		Senior Male	512
68	0:44:30	WHARTON, Wendy		Female 45 to 49	506
69	0:44:32	REDMAN, Rosalyn		Senior Female	502
70	0:44:37	BULLEN, Yvonne	Les Croupiers Running Club	Female 40 to 44	536
71	0:45:01	HOLMES, Annable		Female 35 to 39	560
72	0:45:03	HALEY, Peter		Senior Male	612
73	0:45:20	MAGEE, Andrew		Senior Male	509
74	0:45:21	JACKSON, Angela	Cumberland Fell Runners	Senior Female	587
75	0:45:24	GREAVES, Mark	Cumberland A.C.	Male 45 to 49	594
76	0:45:26	MANDALE, Christian	Keswick A.C.	Senior Male	532
77	0:45:28	LETHEREN, Andy	Trial Runners Ass	Male 40 to 44	546
78	0:45:30	WILLIAMS, Huw	Hart Road Runners	Male 45 to 49	580
79	0:45:31	WYLIE, Neil	Tri-Lakeland	Male 50 to 54	591
80	0:45:43	PUDDEFOOT, Ian	Cumberland A.C.	Male 50 to 54	605
81	0:46:10	POULTON, Zac		Senior Male	599
82	0:46:14	DAVISON, Nicola	Keswick A.C.	Senior Female	567
83	0:46:30	MANNING, Peter	Blengdale Runners	Male 60 to 69	542
84	0:46:54	EADIE, Robert		Senior Male	620
85	0:46:59	BROOKS, Paul	Luton A C	Male 40 to 44	531
86	0:47:02	HAWKINS, Suzi	Cumberland Fell Runners	Senior Female	586
87	0:47:19	WILSON, Paul	Ellenborough R.C.	Male 40 to 44	609
88	0:47:24	COLAM, Cathy	Keswick A.C.	Female over 60	607
89	0:47:45	BANKS, Graham	Cumberland A.C.	Male 50 to 54	622
90	0:48:35	GOLDSWORTHY, Anita	Cumberland Fell Runners	Female 40 to 44	556
91	0:48:39	ADDISON, Ian	Keswick A.C.	Male over 70	508
92	0:49:03	CROOK, Alice	Keswick A.C.	Female 35 to 39	601
93	0:49:21	STOKES, Richard	F.R.A.	Male 50 to 54	575
94	0:49:40	KNOWLES, Eleanor		Female 35 to 39	554
95	0:49:52	CHAUDHRI, Sarah	Cumberland A.C.	Female 45 to 49	596
96	0:50:12	STUART, Keith	Trail Running As.	Senior Male	606
97	0:50:15	EASTOE, Gay	Blengdale Runners	Female 50 to 59	547
98	0:50:16	FOX, Andrea		Female 35 to 39	504
99	0:50:36	HOLLOWAY, Dave	100 KM	Male 50 to 54	526
100	0:50:37	KIRKHAM, Richard	Blengdale Runners	Male 40 to 44	616
101	0:51:13	HARRISON, Niell		Male 40 to 44	515
102	0:51:17	GAMBLE, Phillip	Truro Running Club	Male 40 to 44	511
103	0:51:27	WATSON, Stephen	Cumberland A.C.	Male 60 to 69	523
104	0:51:39	COWMAN, Sharon		Senior Female	521
105	0:52:19	SMITH, Claire	Keswick A.C.	Senior Female	540
106	0:53:02	WELSH, Jim	Cumberland A.C.	Male 45 to 49	534
107	0:53:07	GAMBLE, Deborah	Truro Running Club	Female 40 to 44	510
108	0:53:14	BEECHEY, Jen	Keswick A.C.	Senior Female	565
109	0:53:42	WILSON, Judith	Ellenborough R.C.	Female 45 to 49	608
110	0:55:09	CUTTS, Alison	Keswick A.C.	Female 45 to 49	552
111	0:55:48	TURNER, Angela	Keswick A.C.	Female 45 to 49	544
112	0:57:18	HARRINGTON, Geoff	Cumberland A.C.	Male 60 to 69	520
113	0:57:20	PORTHOUSE, Victoria	Ellenborough R.C.	Senior Female	604
114	0:57:25	HILL, Peter		Male over 70	577
115	0:57:37	BROWN, Gillian	Keswick A.C.	Female 50 to 59	538
116	0:57:56	BELL, Robin	Cumberland A.C.	Male 40 to 44	579
117	0:57:56	CHAUDHRI, Fayyaz	Cumberland A.C.	Male 45 to 49	595
118	0:58:30	NEWRICK, Lorna		Female 45 to 49	505
119	1:05:46	HARPER, Tim		Junior Male	576
120	1:05:48	HARPER, Debbe		Female 40 to 44	574
121	1:07:22	GRIFFIN, Louise	Tynedale Harriers	Female 40 to 44	619

### Male Teams

1	:	Keswick A.C.				
			8	0:34:12	FRASER, Mathew	Senior Male
			9	0:34:22	HEBBLETHWAITE, Steve	Senior Male
			12	0:35:32	WYNNE, Rob	Male 45 to 49
2	:	Keswick A.C.				
			14	0:35:54	HILL, Keith	Senior Male
			17	0:36:53	HEWETT, Graham	Senior Male
			18	0:37:00	OWENS, David	Male 50 to 54
3	:	Border Harriers				
			2	0:31:14	SCOTT, Mike	Male 40 to 44
			22	0:37:40	HARRISON, Peter	Junior Male
			27	0:38:12	GARNETT, Peter	Male 50 to 54
4	:	Ambleside A.C.				
			10	0:34:52	ABDELNOOR, Ben	Senior Male
			13	0:35:48	KNOWLES, Paul	Senior Male
			31	0:39:14	BARNES, Ian	Senior Male

### Female Teams

1	:	Keswick A.C.				
			2	0:38:03	JACKSON, Philippa	Senior Female
			3	0:42:01	BEETHAM, Trudy	Senior Female
			6	0:44:00	HODGSON, Hayley	Female 40 to 44
2	:	Keswick A.C.				
			7	0:44:01	WILKINSON, Sue	Female 40 to 44
			8	0:44:09	LEAH, Joanne	Senior Female
			14	0:46:14	DAVISON, Nicola	Senior Female
3	:	Cumberland F.R.				
			4	0:43:29	WALKER, Debbie	Senior Female
			13	0:45:21	JACKSON, Angela	Senior Female
			15	0:47:02	HAWKINS, Suzi	Senior Female

The race was supported by “New Balance” Sports equipment. Venue and hospitality by “Newlands Adventure Centre”