

Swinside Six**Wed 26 July 2006.****Overall Results****Ladies separate, below**

Place	Time	Name	Club	Category	Number
1	0:31:09	WARDLE, David	London & Irish	Senior Male	138
2	0:32:37	SIMPSON, Eddie	Salford	Senior Male	134
3	0:33:49	SCOTT, Mike	Border Harriers	Male 40 to 44	152
4	0:34:07	TAYLOR, Brian	Ellenborough R.C.	Senior Male	166
5	0:34:23	ROCKLIFFE, Paul	Trafford A.C.	Senior Male	146
6	0:34:40	EDGAR, Raymond	Salford	Senior Male	130
7	0:34:57	MORRIS, Des	Cumberland Fell Runners	Male 40 to 44	174
8	0:35:23	ROBINSON, Rebecca	Kendal A.C.	Senior Female	228
9	0:35:40	ROWE, Alex	Wesham R.R.	Male 45 to 49	120
10	0:36:02	KIRKHAM, Kevin	Blengdale Runners	Junior Male	216
11	0:36:24	WOOD, Gareth	Cumberland A.C.	Senior Male	139
12	0:36:29	FRAMPTON, Dunc	Borrowdale Fell Runners	Male 45 to 49	234
13	0:36:36	CUNNINGHAM, Michael	Borrowdale Fell Runners	Senior Male	192
14	0:37:00	ANGUS, Steve	Border Harriers	Senior Male	148
15	0:37:03	MASON, John	Newcastle AC	Senior Male	239
16	0:37:04	KNOWLES, Chris	Cumberland Fell Runners	Male 40 to 44	178
17	0:37:47	MOFFATT, Stephen	Howgill Harriers	Male 45 to 49	224
18	0:37:55	WINN, Jackie	Ellenborough R.C.	Male 55 to 59	165
19	0:38:00	DENHAM-SMITH, Mark	Keswick A.C.	Senior Male	121
20	0:38:05	BIRTLES, Alex	Howgill Harriers	Senior Male	223
21	0:38:21	WALKER, James	Keswick A.C.	Junior Male	183
22	0:38:37	MOSSOP, Ronald	Ellenborough R.C.	Senior Male	167
23	0:38:46	HILL, Les	Dumfries Running Club	Male 45 to 49	233
24	0:38:49	BENNETT, Steve	Eden Runners	Male 40 to 44	230
25	0:39:04	HILL, Keith	Keswick A.C.	Senior Male	106
26	0:39:16	ATKINSON, David	Blengdale Runners	Male 40 to 44	220
27	0:39:28	ROYSTON, Ian		Male 40 to 44	177
28	0:39:50	MARSHALL, Alan	Eden Runners	Male 45 to 49	185
29	0:40:02	MYATT, John	Keswick A.C.	Male 45 to 49	213
30	0:40:03	MULGREW, Gerard	Ellenborough R.C.	Senior Male	201
31	0:40:19	ABEL, Larry	Blengdale Runners	Male 40 to 44	214
32	0:40:26	HEBBLETHWAITE, Steve		Senior Male	203
33	0:40:27	HAGAN, Bobby	Cumberland Fell Runners	Junior Male	180
34	0:40:43	MURDOCH, Kirsty	Derwent A.C.	Senior Female	195
35	0:40:49	RUTHERFORD, Mark		Senior Male	238
36	0:41:05	ALCOCK, Paul		Male 40 to 44	145
37	0:41:09	STRACHAN, Stephen	Keswick A.C.	Male 40 to 44	197
38	0:41:09	PATTISON, Gavin	Cumberland A.C.	Senior Male	116
39	0:41:47	SMITH, Neil		Senior Male	136
40	0:41:52	SCOTT, Richard	Keswick A.C.	Male 40 to 44	179
41	0:41:58	WISE, John	Wigton Road Runners	Male 45 to 49	186
42	0:42:10	CULSHAW, Jim		Senior Male	196
43	0:42:12	HEAVISIDE, Karen	Eden Runners	Female 35 to 39	151
44	0:42:16	PEARSON, Michael	Keswick A.C.	Male 60 to 64	232
45	0:42:23	HORNE, Ian	Eden Runners	Male 40 to 44	188
46	0:42:24	STODDART, Stuart		Senior Male	128
47	0:42:25	THOMPSON, Keith	Derwent A.C.	Male 55 to 59	194
48	0:42:30	PERCIVAL-SMITH, Paul	Kendal A.C.	Male 50 to 54	111
49	0:42:44	MADINE, Sean	Ellenborough R.C.	Junior Male	163
50	0:42:53	BROWN, Stan		Senior Male	173
51	0:43:00	WILSON, Paul		Senior Male	143
52	0:43:00	CRIPPS, Chris	Blengdale Runners	Senior Male	211
53	0:43:08	BRAND-BARKER, Angela	Keswick A.C.	Female 40 to 44	184
54	0:43:15	JENNINGS, John		Male 55 to 59	205
55	0:43:21	CONWAY, Claire	Bristol	Junior Female	129
56	0:43:21	KIRKPATRICK, Mark		Senior Male	236
57	0:43:23	BATES, Martin	Wesham R.R.	Male 45 to 49	114
58	0:43:28	COOPER, Rick	Keswick A.C.	Male 40 to 44	181
59	0:43:47	MELROSE, Graham	Gravesend R R & A C	Male 45 to 49	137

60	0:43:52	PARK, Steven	Ellenborough R.C.	Male 40 to 44	144
61	0:44:02	HARWOOD, Steve	Keswick A.C.	Male 55 to 59	122
62	0:44:08	HARDY, Linda	Border Harriers	Senior Female	150
63	0:44:12	PORTER, Brian	Wesham R.R.	Male 40 to 44	115
64	0:44:13	HALLIBURTON, Sharon	Keswick A.C.	Female 35 to 39	172
65	0:44:17	DIXON, Gary		Senior Male	141
66	0:44:34	WYLIE, Neil	Tri Lakeland	Male 50 to 54	162
67	0:44:45	VICKERS, Graham	Wesham R.R.	Male 45 to 49	118
68	0:44:52	STRICKLAND, Vanessa		Female 35 to 39	153
69	0:45:08	WEBSTER, Jon	Kendal A.C.	Male 40 to 44	135
70	0:45:22	GRINDLEY, Jenny	Cumberland Fell Runners	Senior Female	133
71	0:45:33	FIRMAGE, Paul	Ryston Runners AC	Male 50 to 54	108
72	0:45:40	ROOMS, Howard	Ellenborough R.C.	Male 45 to 49	221
73	0:45:48	JONES, Nick		Senior Male	227
74	0:45:53	HILL, Alex	Cumberland A.C.	Senior Male	117
75	0:45:57	FAULKNER, Joe	Eden Runners	Male 40 to 44	123
76	0:45:58	LAWLER, Nick	Keswick A.C.	Senior Male	182
77	0:46:02	GITTINS, Rosanne	Keswick A.C.	Female 35 to 39	131
78	0:46:16	JOHNSON, Andrew	Keswick A.C.	Male 45 to 49	193
79	0:46:21	WARREN, Pete	Ranelagh Harriers	Male 65 to 69	105
80	0:46:36	VARIAN, Desmond	Border Harriers	Male 50 to 54	110
81	0:46:44	MOFFETT, David	Kendal A.C.	Male 45 to 49	170
82	0:46:51	LOFTAS, Darren	Eden Runners	Senior Male	125
83	0:46:54	WHITEHEAD, David	Kendal A.C.	Male 45 to 49	168
84	0:47:10	WILLIAMS, Josh			112
85	0:47:16	WALKER, Joseph	Cumberland A.C.	Male 55 to 59	176
86	0:47:22	DOUGLAS, Albert	Eden Runners	Male 50 to 54	204
87	0:47:25	HORNE, John	Keswick A.C.	Male 45 to 49	206
88	0:47:27	MANNING, Peter	Blengdale Runners	Male 50 to 54	175
89	0:47:55	FERGUSON, Jim		Male 50 to 54	190
90	0:48:03	REED, Anne	Eden Runners	Senior Female	208
91	0:48:16	HADWIN, Gary	Keswick A.C.	Senior Male	142
92	0:48:21	KIRKHAM, Richard	Blengdale Runners	Male 40 to 44	215
93	0:48:26	WESTON, Rebecca	Cumberland Fell Runners	Senior Female	140
94	0:48:26	HORNER, Des		Male 40 to 44	147
95	0:48:42	WALKER, Andrew	Eden Runners	Male 45 to 49	169
96	0:48:43	FAULDER, Bev	Seaton A.C.	Senior Female	226
97	0:48:50	BUNNER, Chris		Senior Male	127
98	0:49:01	POWE, Lisa		Senior Female	164
99	0:49:03	BAMFORTH, John		Male 40 to 44	212
100	0:49:15	COLAM, Cathy	Keswick A.C.	Female 55 to 59	235
101	0:49:20	ROWLEY, Sue		Female 40 to 44	200
102	0:49:42	CARTWRIGHT, David		Male 40 to 44	113
103	0:50:01	WHARTON, Wendy		Female 40 to 44	219
104	0:50:04	PAGE, Mike		Male 60 to 64	217
105	0:50:27	ADDISON, Ian	Keswick A.C.	Male over 70	119
106	0:50:36	WINDER, Linda		Female 40 to 44	161
107	0:51:04	KAY, Allan	100 Marathon Club	Male 55 to 59	103
108	0:51:21	HOLLOWAY, Dave		Male 50 to 54	207
109	0:51:48	EASTOE, Gay	Blengdale Runners	Female 50 to 54	101
110	0:51:56	BENT, Catherine		Senior Female	124
111	0:52:15	RAINE, Austen	Wigton Road Runners	Male 55 to 59	209
112	0:52:26	TURNER, Angela	Keswick A.C.	Female 45 to 49	187
113	0:52:39	LATIMER, Nicola	Wigton Road Runners	Female 35 to 39	210
114	0:52:48	LLOYD, Christine	Border Harriers	Female 40 to 44	149
115	0:52:57	HOLMES, Annable		Female 35 to 39	202
116	0:52:58	BRADLEY, Sandra	Keswick A.C.	Female 50 to 54	189
117	0:53:11	THOMPSON, Nicola		Senior Female	218
118	0:53:58	COWPERTHWAITTE, Ann-Marie		Female 35 to 39	229
119	0:54:15	BUCK, Lindsay	Blengdale Runners	Female 45 to 49	107
120	0:54:26	PYE, Jonathen		Junior Male	198
121	0:55:20	MOFFAT, Cheryl	Howgill Harriers	Senior Female	225
122	0:55:42	CROSSFIELD, Leon	Keswick A.C.	Senior Male	132

123	0:59:24	ROBSON, Charmain		Female over 60	191
124	0:59:25	PUERDES, Simon	Border Harriers	Male 45 to 49	231
125	0:59:29	VARIAN, Francis		Senior Female	109
126	0:59:29	BUTLER, Nicky		Female 40 to 44	104
127	0:59:40	ARNOLD, Beth		Senior Female	237
128	0:59:44	HARRINGTON, Geoff	Cumberland A.C.	Male 60 to 64	126
129	1:00:04	PORTHOUSE, Victoria		Senior Female	102
130	1:05:25	STRACHAN, Robert	Keswick A.C.	Male over 70	199
131	1:09:17	KING, Janet	Wigton Road Runners	Female 45 to 49	222

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12	0:48:26	WESTON, Rebecca	Cumberland Fell Runners	Senior Female	140
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15	0:49:15	COLAM, Cathy	Keswick A.C.	Female 55 to 59	235
16	0:49:20	ROWLEY, Sue		Female 40 to 44	200
17	0:50:01	WHARTON, Wendy		Female 40 to 44	219
18	0:50:36	WINDER, Linda		Female 40 to 44	161
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21	0:52:26	TURNER, Angela	Keswick A.C.	Female 45 to 49	187
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24	0:52:57	HOLMES, Annable		Female 35 to 39	202
25	0:52:58	BRADLEY, Sandra	Keswick A.C.	Female 50 to 54	189
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28	0:54:15	BUCK, Lindsay	Blengdale Runners	Female 45 to 49	107
29	0:55:20	MOFFAT, Cheryl	Howgill Harriers	Senior Female	225
30	0:59:24	ROBSON, Charmain		Female over 60	191
31	0:59:29	VARIAN, Francis		Senior Female	109
32	0:59:29	BUTLER, Nicky		Female 40 to 44	104
33	0:59:40	ARNOLD, Beth		Senior Female	237
34	1:00:04	PORTHOUSE, Victoria		Senior Female	102
35	1:09:17	KING, Janet	Wigton Road Runners	Female 45 to 49	222

Mens Teams

1		: Ellenborough R.C.		
	4	0:34:07	TAYLOR, Brian	Senior Male
	17	0:37:55	WINN, Jackie	Male 55 to 59
	21	0:38:37	MOSSOP, Ronald	Senior Male
2		: Cumberland Fell Runners		
	7	0:34:57	MORRIS, Des	Male 40 to 44
	15	0:37:04	KNOWLES, Chris	Male 40 to 44
	32	0:40:27	HAGAN, Bobby	Junior Male
3		: Keswick A.C.		
	18	0:38:00	DENHAM-SMITH, Mark	Senior Male
	20	0:38:21	WALKER, James	Junior Male
	24	0:39:04	HILL, Keith	Senior Male
4		: Blengdale Runners		
	9	0:36:02	KIRKHAM, Kevin	Junior Male
	25	0:39:16	ATKINSON, David	Male 40 to 44
	30	0:40:19	ABEL, Larry	Male 40 to 44
5		: Border Harriers		
	3	0:33:49	SCOTT, Mike	Male 40 to 44
	13	0:37:00	ANGUS, Steve	Senior Male
	70	0:46:36	VARIAN, Desmond	Male 50 to 54

Ladies Teams

1		: Keswick A.C.		
	4	0:43:08	BRAND-BARKER, Angela	Female 40 to 44
	7	0:44:13	HALLIBURTON, Sharon	Female 35 to 39
	10	0:46:02	GITTINS, Rosanne	Female 35 to 39
2		: Keswick A.C.		
	15	0:49:15	COLAM, Cathy	Female 55 to 59
	21	0:52:26	TURNER, Angela	Female 45 to 49
	25	0:52:58	BRADLEY, Sandra	Female 50 to 54